

2015-2016 Old Dominion University Catalog
Bachelor of Science in Exercise Science - Option B
Preventive/Rehabilitative w/ VCCS Equivalencies

*This is a sample four year curriculum with a suggested ordering of courses. Students have the flexibility of re-ordering as needed.
 * Indicates not automatically waived with transferrable associate's degree. C or better required for transfer.*

YEAR 1 - FRESHMAN (31 CREDITS)

FALL SEMESTER (12 credits)		SPRING SEMESTER (15 credits)		SUMMER SEMESTER
<u>General Education Courses:</u>	<u>VCCS Equivalencies:</u>	<u>General Education Courses:</u>	<u>VCCS Equivalencies:</u>	
ENGL 110C	ENG 111*	Literature	Transfer Guide	BIOL 250 (4 credits)
MATH 102M, 103M or 162M	Transfer Guide*	Human Creativity	Transfer Guide	BIOL 140, 141 or 231*
Oral Communication	Transfer Guide	Interpreting the Past	Transfer Guide	
Human Behavior: PSYC 201	PSY 200, 201 or 202*	Information Literacy & Research	Transfer Guide	
		<u>Major Course:</u>		
		EXSC 225		

YEAR 2 - SOPHOMORE (33 CREDITS)

FALL SEMESTER (13 credits)		SPRING SEMESTER (16 credits)		SUMMER SEMESTER
<u>General Education Courses:</u>	<u>VCCS Equivalencies:</u>	<u>General Education Courses:</u>	<u>VCCS Equivalencies:</u>	
Nature of Science: Biol 121N/122N (4 credits)	BIO 101*	Nature of Science: Biol 123N/124N (4 credits)	BIO 102*	BIOL 251 (4 credits)
ENGL 211C, 221C or 231C	ENG 112, 210, 115, or 131*	Philosophy & Ethics	Transfer Guide	BIOL 142 or 232*
Language & Culture (may be waived, see catalog)	Transfer Guide	Language & Culture (may be waived)	Transfer Guide	
<u>Major Courses:</u>		<u>Major Courses:</u>		
EXSC 250		Minor/Elective**		
		EXSC 240		

YEAR 3 - JUNIOR (35 CREDITS)

FALL SEMESTER (16 credits)		SPRING SEMESTER (15 credits)		SUMMER SEMESTER
<u>Major Courses:</u>	<u>VCCS Equivalencies:</u>	<u>Major Courses:</u>	<u>VCCS Equivalencies:</u>	
CHEM 121N/122N (4 credits)	CHM 111*	CHEM 123N/124N (4 credits)	CHM 112*	PHYS 111N (4 credits)
EXSC 322		<u>Major Courses:</u>		PHY 111, 121 or 201*
EXSC 326		EXSC 327 (4 credits)		
Minor or Upper Division General Education**		Minor or Upper Division General Education**		
Minor/Elective*		EXSC 415		
		EXSC 366 (1 credit)		

YEAR 4 - SENIOR (28 CREDITS)

FALL SEMESTER (16 credits)		SPRING SEMESTER (12 credits)		SUMMER SEMESTER
<u>Major Courses:</u>	<u>VCCS Equivalencies:</u>	<u>Major Courses:</u>	<u>VCCS Equivalencies:</u>	
EXSC 428		EXSC 368 (12 credits)		
EXSC 431W				
EXSC 420				
EXSC 408				
EXSC 417W (4 credits)				

***Consult with Chief Departmental Advisor*

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, a grade of C or better in all courses required for the major, including prerequisite courses, 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or 221C or 231C, and a writing intensive (W) course in the major with a grade of C or better, and completion of Senior Assessment.