

2014 - 2015 Old Dominion University Catalog
Bachelor of Science in Physical Education
Exercise Science Concentration
(Preventive/Rehabilitative Exercise Option)

This is a sample four year curriculum with a suggested ordering of courses. Students have the flexibility of re-ordering as needed.

YEAR 1 - FRESHMAN (31 CREDITS)

FALL SEMESTER (12 credits)		SPRING SEMESTER (15 credits)		SUMMER SEMESTER (4 credits)
<u>General Education Courses:</u>	<u>Credit Hours:</u>	<u>General Education Courses:</u>	<u>Credit Hours:</u>	<u>Major Course:</u>
ENGL 110C	3	Literature	3	BIOL 250
MATH 102M, 103M or 162M	3	Human Creativity	3	
Oral Communication	3	Interpreting the Past	3	
PSYC 201	3	Information Literacy & Research	3	
		<u>Major Course:</u>		
		EXSC 225	3	

YEAR 2 - SOPHOMORE (36 CREDITS)

FALL SEMESTER (16 credits)		SPRING SEMESTER (16 credits)		SUMMER SEMESTER (4 credits)
<u>General Education Courses:</u>	<u>Credit Hours:</u>	<u>General Education Courses:</u>	<u>Credit Hours:</u>	<u>Major Course:</u>
BIOL 121N & 122N	4	BIOL 123N & 124N	4	BIOL 251
ENGL 211C, 221C or 231C	3	Philosophy & Ethics	3	
Language & Culture I (may be waived)	3	Language & Culture II (may be waived)	3	
<u>Major Courses:</u>		<u>Major Courses:</u>		
EXSC 250	3	EXSC 240	3	
Minor or Upper Division General Education	3	Minor or Upper Division General Education	3	

YEAR 3 - JUNIOR (32 CREDITS)

FALL SEMESTER (14 credits)		SPRING SEMESTER (14 credits)		SUMMER SEMESTER (4 credits)
<u>Major Courses:</u>	<u>Credit Hours:</u>	<u>Major Courses:</u>	<u>Credit Hours:</u>	<u>Major Course:</u>
CHEM 121N/122N	4	CHEM 123N/124N	4	PHYS 111N
<u>Major Courses:</u>		<u>Major Courses:</u>		
EXSC 322	3	EXSC 327	3	
EXSC 326	3	EXSC 415	4	
EXSC 366	1	Minor or Upper Division General Education	3	
Minor or Upper Division General Education	3			

YEAR 4 - SENIOR (25 CREDITS)

FALL SEMESTER (13 credits)		SPRING SEMESTER (12 credits)	
<u>Major Courses:</u>	<u>Credit Hours:</u>	<u>Major Course:</u>	<u>Credit Hours:</u>
EXSC 428	3	EXSC 368 (Internship)	12
EXSC 431	3		
EXSC 417W	4		
EXSC 408	3		

* Consult with Chief Departmental Advisor

Requirements for graduation include a minimum cumulative grade point average of 2.00 overall and in the major, a grade of C or better in all courses required for the major, including prerequisite courses, 120 credit hours, which must include both a minimum of 30 credit hours overall and 12 credit hours in upper-level courses in the major program from Old Dominion University, completion of ENGL 110C, ENGL 211C or 221C or 231C, and a writing intensive (W) course in the major with a grade of C or better, and completion of Senior Assessment.