#### VIRGINIA INTERNSHIP SITES

# Abington, Virginia

## **Highlands Community Services**

610 Campus Drive Abingdon, VA 24210 (276)525-1550 http://highlandscsb.org

#### Mission Statement:

Highlands Community Services, Center for Behavioral Health is committed to providing the highest quality continuum of behavioral health care, promoting a "center of excellence" for all individuals seeking mental health, substance abuse, or intellectual disability services.

Dedicated to empowering each individual "consumer" to lead a healthy, independent lifestyle, Highlands shall advance a professional environment that has dignity, respect, hope, and genuine empathy as basic cornerstones.

Highlands will continue to provide services in an efficient and financially viable manner to ensure the continuation of developing new programs based on community need.

#### Our various program fall within four major areas:

- Mental Health Services
- Substance Abuse Services
- Intellectual Disability Services
- Children's Services

## Probation and Parole, District #17

252 W Main St Abingdon, VA 24210 (276) 676-547 http://www.vadoc.state.va.us/

#### Mission:

The mission of probation and parole programs is to enhance public safety by positively impacting offenders so they will lead pro-social and crime-free lives. The Community Corrections Division administers these programs and is committed to "A Balanced Approach" to offender supervision. In practice, this is accomplished through:

- Investigation and assessment of risk and need
- Careful and focused plans of supervision
- Use of a wide variety of resources and treatment services

 Purposeful and proportionate application of sanctions for delinquency and noncompliance

Community Corrections includes statewide regional offices and stand-alone special facilities.

# Probation and Parole Eligibility:

Convicted felon offenders whose sentence to incarceration is suspended and conditioned upon successful community supervision. Or who have served at least one-quarter of their sentence to incarceration and are released conditioned upon successful community supervision.

## **Community Corrections:**

Community Corrections' primary goal is public safety. In Virginia, public safety is defined as the quality of life that allows our citizens to feel secure in their everyday lives by being free from danger, injury and damage caused by those who choose not to obey the law. Our approach to this goal through professional supervision of offenders under our purview is "A Balanced Approach." This practice emphasizes the dual role of providing supervision and services for probationers and parolees.

Parole was abolished in Virginia for felonies committed on or after January 1, 1995. The parole decision function and supervision is provided to offenders who committed felonies before that date. Probation supervision and post release probation supervision for sentenced offenders who the judge feels needs 6 months to 3 years of probation supervision upon release are still available for offenders who fall under the new parole abolishment law.

In addition, Virginia provides a wide range of residential and non-residential sanction and sentencing options.

#### Alberta, Virginia

Southside Virginia Community College 109 Campus Drive Alberta, VA 23821 (434) 949-1000 http://www.southside.edu

#### Mission:

Southside Virginia Community College is dedicated to the belief that all citizens should be given an opportunity to acquire an educational foundation that develops and extends their skills and knowledge. The college's goal is to provide diverse instructional programs ranging from developmental studies to associate degree curricula in academic, technical / vocational, lifelong education, and workforce development. Through various activities, to include distance learning, students will also have the opportunity to develop their roles and responsibilities as participants in a changing society.

#### Alexandria, Virginia

#### **Domestic Violence**

421 King St # 400 Alexandria, VA 22314-3121 (703) 838-491

http://alexandriava.gov/DomesticViolence

http://alexandriava.gov/Women

Community & Human Services: Center for Children and Family

Domestic Violence Intervention Project (DVIP) A Coordinated Community Response

#### Mission:

The Domestic Violence Intervention Project (DVIP) is dedicated to promoting safe and healthy relationships through community coordination.

#### Purpose:

All residents of Alexandria are affected by domestic violence. Because domestic violence occurs in all areas of our community, there is a need for a coordinated community response. DVIP addresses arrest, prosecution, victim advocacy, treatment, education, and training.

#### Goals:

The goals of DVIP are to coordinate and monitor the response of the legal system and the community to family violence incidents in Alexandria, Virginia. Specifically, our goals are:

- to ensure that victims are provided with effective protection and services
- to see that assailants are held accountable for illegal behavior; and
- to increase community awareness of family violence

The Alexandria Office on Women is dedicated to empowering women and their families by promoting equality, safety, and access to opportunities and services through advocacy and education. The Office on Women is dedicated to the fair, compassionate and respectful treatment of ALL people regardless of race, gender, ethnicity, national origin, age, disability, religion, sexual orientation, or gender identity or expression.

# Amelia, Virginia

**Crossroads Community Services Board** 

9101 Washington St Amelia Court House, VA 23002 (804) 561-5057 http://www.crossroadscsb.org The Crossroads Community Services Board provides mental health, intellectual disability, and substance abuse services for Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Nottoway, and Prince Edward Counties.

## Blacksburg, Virginia

New River Valley Community Services Montgomery Center & Board Administration 700 University City Boulevard Blacksburg, VA 24060 (540) 961-8300 http://www.nrvcs.org

#### Mission Statement:

New River Valley Community Services provides community-based behavioral health services that promote independence and improved quality of life for our citizens

New River Valley Community Services (NRVCS) is a public provider of behavioral health services to residents of the New River Valley.

The agency serves children, adults and families by providing community-based programs for mental health, intellectual disabilities, substance use disorders, and related prevention services. Established in 1969, NRVCS serves the counties of Floyd, Giles, Montgomery and Pulaski, and the City of Radford.

New River Valley Community Services is part of a state-wide system of Community Services Boards, which serves residents throughout the Commonwealth of Virginia. NRVCS is also a proud member of the Virginia Association of Community Services Boards.

# Boydton, Virginia

**Open Door Mission** 90 Ghee Williams Drive Boydton, VA 23917 (434) 738-6149 No website

A Nonprofit organization church offering community service work. They also offer private daycare service, and work with children with disabilities.

#### Bristol, VA

Children's Advocacy Center of Bristol & Washington County 21451 Sugar Hollow Drive

Bristol, VA 24209 (276) 645- 5867 http://www.cacbwev.org/

#### Mission Statement:

To guide and support child victims of neglect, sexual and severe physical abuse and their families by coordinating investigative intervention, prosecutorial services and treatment

#### What does the CAC do?

- Provides a safe child-friendly facility for child victims of abuse to meet with social
  workers, law enforcement officers, prosecutors, victim advocates, and counselors- all
  under one roof.
- Provides specialized counseling services designed to meet the needs of child victims of abuse, their siblings, and non-offending caregivers.
- Assists law enforcement and social services staff by providing a child friendly place for forensic interviews to take place and be recorded.
- Provides court preparation and education for children and families
- Provides child abuse prevention programs for children ages 3 through adults...

# **Washington County Department of Social Service**

15068 Lee Hwy # 100 Bristol, VA 24202 (276) 645-5058 http://www.dss.virginia.gov/

The Virginia Department of Social Services (VDSS) provides assistance to citizens of Virginia to help them live their best lives. One child, one senior citizen, one person at a time, VDSS programs and services help people triumph over poverty, abuse and neglect, achieve self-sufficiency and shape strong futures for themselves, their families and their communities.

## **VDSS Mission:**

People helping people triumph over poverty, abuse and neglect to shape strong futures for themselves, their families and communities

#### **VDSS** Vision:

A Commonwealth in which individuals and families have access to adequate, affordable, high-quality human/social services that enable them to be the best they can

## Cedar Bluff, Virginia

**Family Preservation Services** 220 Clay Dr. Pounding Mills, VA 24637

## Family Preservation Service's (FPS) Mission:

To ensure the provision of accessible, effective, high quality community-based counseling and social services as an alternative to traditional institutional care.

FPS is dedicated to ensuring that all clients have access to professional community-based care, proven treatment methods and comprehensive service planning. FPS offers a wide variety of programs across the country, and all share a primary commitment to provide care that builds upon clients' strengths and responds to their concerns.

Our primary services are varied, and we are continually creating new programs in response to identified needs in a particular area. The common thread is that we provide counseling and support services in home- and community-based settings and we emphasize the strengths and uniqueness of each youth and family. We do not own or operate any hospitals, residential treatment centers or group homes. All services are offered by trained therapists and paraprofessionals under the direct supervision of licensed clinicians.

"Human Services Without Walls" simply means that we provide our services in the client's own environment. We don't own a hospital, institution, or correctional facility and prefer to serve our clients in their own home, school, neighborhood or work place. We typically supervise clients involved in government programs such as welfare, probation or parole, Medicaid, or Medicare.

#### Charlottesville, Virginia

The Salvation Army
Charlottesville VA Corps
207 Ridge Street
Charlottesville, VA 22902
(434) 295-4058
http://www.uss.salvationarmy.org

## The Salvation Army Mission Statement:

The Salvation Army, an international movement, is an evangelical part of the universal Christian church. Its message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

#### Chesapeake, Virginia

Adoptions from the Heart 1407 Stephanie Way, Suite H Chesapeake, VA 23320 Phone: (757) 361-0008

## http://www.afth.org/

Adoptions from the Heart is a licensed, nonprofit, nonsectarian adoption agency offering services for pregnant women and families interested in domestic & international adoption and the field of assisted reproduction. Adoptions from the Heart is also very active in continuing to help draft and propose legislation in various states that will positively impact the adoption and child welfare system.

## Chesapeake Department of Human Services/Social Services

100 Outlaw Street Chesapeake, VA 23320 (757) 382-2000

http://www.cityofchesapeake.net/services/depart/humanser/index.shtml

The Department of Human Services serves almost 36,000 residents each year. The people we serve are those who suffer hardship or who have been unable to participate fully in the social and economic life of the community

## Chesapeake Health Investment Program (CHIP)/ Healthy Families/ First Steps Program

1302 Jefferson Street Chesapeake, VA 23324

Phone: (757) 543-9100 Ext. 212

http://www.volunteermatch.org/search/org77304.jsp

## **Mission Statement:**

The mission of CHIP/Healthy Families is to promote the health, education and well-being of Chesapeake children, ages 0 through 6, by connecting them to medical and community services and providing parenting support through intensive home visitations. Our goals to improve the health of children, reduce child abuse and neglect, and prepare children for school readiness are critical to the development of children and the strength of our community.

## Description:

Chesapeake Health Investment Program (CHIP/Healthy Families) is a not-for-profit organization serving our community's at risk children and their families.

Our services include:

- Home Visitation and Case Management
- Parenting Education
- Screenings and Assessments of First-time mothers
- Children's Assessments and Health Education
- Transportation

First Steps is a program that helps parents and their infants get to know each other. Trained volunteers are ready to give support, education and referrals to services that will assist in those early months of parenting. First Steps volunteers can share tips on some or all of the following:

- Taking care of personal needs after delivery
- Involving Dad in everyday loving care
- Effectively using suggestions from families and friends
- Getting to know your baby
- Finding help when needed
- Helping other children adjust
- Managing the "baby blues"

#### Just People, Inc.

1728 Hearthside Court Chesapeake, VA 23325 (757) 578-7240 http://www.jpi-online.org/

#### Our History:

Some of the greatest inventions and the best ideas were conceived while sharing a meal. In 1999, after a church worship service and the usual Sunday family gathering, a "brainstorming" session erupted and the concept for JPI was born. JPI, an acronym for Just People, Inc. has a sentimental undertone, yet speaks volumes to those with disabilities who just want to be "normal" like everyone else.

JPI has become one of the fastest growing, exemplary Residential Services in the Hampton Roads area (Chesapeake), with an emphasis on improving the lives of those they serve. The true measure of success is how the client has progressed. It's been 10 years, yet it seems like it was only yesterday that we sat down at that Sunday dinner... we are forever grateful for impacting the lives of others.

#### **Our House Families**

P.O. Box 7475 Chesapeake, VA 23324 (757) 543-3324 http://ourhousefamilies.org/

#### Mission:

Our House Families provides a continuum of services for families in crisis, preventing homelessness and restoring the homeless.

#### About Us:

Through financial assistance and financial literacy, Our House Families helps prevent homelessness. By providing tangible resources to families in crisis, we help families avoid homelessness, eviction or essential utility cutoff.

## Additionally, we provide:

- Emergency shelter
- Transitional housing
- Counseling,
- Education
- Other comprehensive programs to help our homeless families make the very challenging transition from homelessness to home.

We provide them a safe place to live and help them work through the often-complex and difficult circumstances that caused them to become homeless.

Our House Families is committed to assisting families regain and permanently secure self-sufficiency and independence with a steady stream of help and hope. Our goal is to see families restored and renewed.

## Christiansburg, Virginia

**Montgomery County Department of Social Services** 

210 Pepper St S # B Christiansburg, VA 24073-3572 (540) 382-6990 http://www.montva.com/departments/dss/

http://www.montva.com/departments/dss

#### Mission:

To assist families and individuals to achieve social and economic security and self-determination. The Department encourages and provides for participation in our programs, not as an end, but as a means to empower families and individuals to attain self-sufficiency and independence. In cases where client or community limitations preclude independence, the Department's goal is to focus on those services which families and individuals cannot better provide for themselves, and to do so in the least intrusive manner.

The Department of Social Services assists families and individuals in becoming socially and economically self-sufficient and independent. Benefits programs include temporary assistance for needy families, food stamps, Medicaid, energy assistance, general relief, fraud prevention, children's medical security insurance. Social work programs include adoption, adult services/adult protective services, child protective services, day care services for children, foster care, court services; and employment services for welfare recipients.

## Covington, Virginia

**Alleghany Highlands Community Services (Mental Health)** 

313 South Monroe Avenue Covington, VA 24426

# **Administrative Office**

(540)965-2135

## **Human Resources Manager**

(540)965-1180 Ext. 101 http://www.ahcsb.org/

#### Our Mission:

To provide treatment and support with compassion, understanding, and professionalism to the residents of the Alleghany Highlands with mental health, intellectual disabilities, and substance use disorders. Alleghany Highlands Community Services (AHCS) will work in cooperation with the other providers to enhance the quality of life for all individuals.

#### Who we are:

The local governments of Virginia's Alleghany Highlands formed the AHCS in 1982 to address the mental health, mental retardation and substance abuse services needs of area residents. A volunteer board of local government appointees, one of 40 Community Services Boards (CSBs) in the Commonwealth, governs the agency's policies.

AHCS is the "umbrella" agency for the area's publicly funded mental health, mental retardation, early intervention, prevention, and substance abuse services. It receives public support from the Commonwealth of Virginia, Federal funding through the Department of Mental Health Mental Retardation and Substance Abuse Services (DHMRSAS) and financial support from Alleghany County and Covington City.

# Culpepper, Virginia

# **Counseling Interventions**

15145 Brandy Rd Culpeper, VA 22701 540-825-8125

## Physical Address/administrative offices:

23248 Lignum Road Lignum, VA 22726

#### **Mailing Address:**

PO Box 89 Lignum, VA 22726

#### **Email:**

General Information: <u>ContactUs@counselinginterventions.com</u>

Career Opportunities: <u>Careers@counselinginterventions.com</u>
Main site page: <a href="http://counselinginterventions.com">http://counselinginterventions.com</a>

Counseling Interventions, Inc. is a private provider of home, school and community based behavioral health services. We are licensed by the Commonwealth of Virginia's Department of Mental Health, Mental Retardation and Substance Abuse Services and we are affiliated with the state and local Human Rights Committee. We strive to provide services that meet the highest standards of best practice, ethics and confidentiality.

#### Our Mission:

Counseling Interventions, Inc. works in partnership with families and communities to support an individual's journey by:

- Promoting safety and dignity of individuals and families
- Designing realistic interventions
- Teaching desired behaviors in natural environments

## **Company Profile:**

Counseling Interventions, Inc. was founded in July of 2001 to address the need for practical and effective community-based therapeutic services for children and families in our region. Owners Deborah Moore, LCSW and Sally Twentey, M.Ed. are joined by a dedicated staff of professionals that have varied expertise and skills, offering a wide range of quality services to individuals and families in our community. Counselors, Therapeutic Coaches, and Behavioral Coaches provide highly creative and resourceful services to support individualized intervention goals.

#### Service Area:

We serve individuals and families in the Commonwealth of Virginia counties of Fauquier, Culpeper, Orange, Madison, Greene, Rappahannock, Stafford, Prince William, Louisa and Albemarle.

## Rappahannock-Rapidan Community Services Board

Mailing Address: PO Box 1568 Culpeper, VA 22701 Phone: (540) 825-3100

TTY: (540) 825-7391 rrcsb@rrcsb.org

11050 @ 11050.01g

Physical address: 15361 Bradford Road Culpeper, VA 22701

## The Mission of the RRCSB-AAA:

To improve the quality of life of the citizens of Planning District 9 by providing comprehensive behavioral health, intellectual disability, substance use disorder, and aging services. The RRCSB-AAA strives to accomplish this mission through offering a comprehensive array of services in local communities.

#### Services:

- Aging Services
- Child and Family
- Residential & Housing
- Behavioral Health
- Intellectual Disability
- Protective Money Management
- Substance Use Disorder
- Medication Assistance Program

# Fredericksburg, Virginia

## **Fredericksburg Circuit Court**

815 Princess Anne Street Fredericksburg, VA 22401 (540) 372-1066 http://www.courts.state.va.us

## Circuit Court:

Serving the Commonwealth through 31 judicial circuits, the circuit court is the general jurisdiction trial court with authority to try all types of civil and criminal cases.

## **Snowden at Fredericksburg**

1200 Sam Perry Boulevard Fredericksburg, VA 22401 Telephone: (540) 741-3900 Toll Free: (800) 362-5005

## **Snowden Academy**

1200 Sam Perry Boulevard Fredericksburg, VA 22401 Telephone: (540) 741-3908

#### http://www.snowdenmentalhealth.com

Snowden at Fredericksburg is a safe, private forty-bed behavioral health center. Located on the medical campus of Mary Washington Hospital, Snowden is a department of Mary Washington Hospital and a part of the MediCorp Health System located in Fredericksburg, Virginia.

Snowden offers inpatient hospitalization for adults, adolescents and children as well day treatment behavioral health programs for adults and adolescents. Adult chemical dependency issues are addressed in its intensive outpatient program.

The professional staff at the Academy works with students to establish and succeed at educational and behavioral goals while improving problem solving, interpersonal, and communication skills. Every student comes to us as a unique individual and that's why our instruction is tailored for each student while also meeting the student's Individual Education Program (IEP) and standards set by the Commonwealth of Virginia.

# **Disability Resource Center**

409 Progress Street Fredericksburg, VA 22401 (540) 373-2559 http://www.cildrc.org/

## disAbility Resource Center's Mission:

"To assist people with disabilities, those who support them, and the community, through information, education, and resources, to achieve the highest potential and benefit of independent living."

## The dRC is one of 16 Centers for Independent Living in Virginia providing four core services:

- Independent Living Skills Training
- Information and Referral

- Peer Counseling
- Advocacy

## Additional services include:

- Deaf and Hard of Hearing
- TAPLoan program
- Work Incentive assistance for Social Security beneficiaries who want to work
- Children and Youth Services
- Community Action Specialists
- Personal Assistance Service Facilitation

- Benefits Assistance
- Seminars
- No Cost recycled durable medical equipment
- Support Groups
- Workshops
- Nursing Home transition assistance

## Galax, Virginia

## **Galax Department of Social Services**

105 E Center St Galax, VA 24333-2901 Phone: (276) 236-8111

slc640@western.dss.state.va.us www.ingalax.net

The Virginia Department of Social Services (VDSS) provides assistance to citizens of Virginia to help them live their best lives. One child, one senior citizen, one person at a time, VDSS programs and services help people triumph over poverty, abuse and neglect, achieve self-sufficiency and shape strong futures for themselves, their families and their communities.

## **Galax Mental Health Support Program**

6999 Carrollton Pike, Suite C Galax, VA 24333 276-238-5600 ext. 5632

Treva.Sparks@mrcsb.state.va.us

http://www.mtrogerscsb.com

Mental Health Supports provides a combination of intensive 1:1 training and support services to adults with serious mental illness and also to adults with co-occurring mental illness and substance use disorders. These specialized services are provided to individuals in their own home and community settings and are designed to promote stability and independence while also avoiding psychiatric hospitalization. Some services provided include: training in functional skills and appropriate behaviors related to the individual's health and safety, activities of daily living, medication management, financial management, and monitoring of health, nutrition, physical, and psychiatric condition.

# Glouster, Virginia

#### **Probation & Parole District 5**

6270 Professional Drive Gloucester, VA 23061 (804) 695-1693

http://www.vadoc.state.va.us

Serving the Counties of Gloucester, King & Queen, King William, Mathews and Middlesex and the Town of West Point

#### Offenders:

The Virginia Department of Corrections enhances public safety by controlling and supervising sentenced offenders in a humane, cost-efficient manner, consistent with sound correctional principles and constitutional standards.

## **Community Corrections:**

Community Corrections consists of a central office staff to support the field, three regional offices statewide supervising Probation and Parole Districts and Day Reporting Programs and Community Facilities which consists of Detention Centers and Diversion Centers. Community Corrections' primary goal is public safety. In Virginia, public safety is defined as the quality of life that allows our citizens to feel secure in their everyday lives by being free from danger, injury and damage caused by those who choose not to obey the law. Our approach to this goal through professional supervision of offenders under our purview is "A Balanced Approach." This practice emphasizes the dual role of providing supervision and services for probationers and parolees.

In addition, Virginia provides a wide range of residential and non-residential sanction and sentencing options.

## Halifax, Virginia

Joel C. Cunningham, Jr. P.C. P.O. Box 459 Halifax, VA 24558 P.O. Box 459

120 Edmunds Blvd.
Halifax, VA 24558
Phone: (434) 476-6446
(800) 544-4262
jc@joelcunninghamlaw.com
paula@joelcunninghamlaw.com
gloria@joelcunninghamlaw.com

www.joelcunninghamlaw.com

#### Areas of Practice:

- Personal Injury -- Plaintiff
- Social Security Disability & Supplemental Security Income

#### Hampton, Virginia

Center for Child and Family Services (CCFS) 2021 Cunningham Dr. # 400 Hampton, VA 23666-3371 (757) 838-1960 http://www.kidsandfamilies.com

## Our Mission:

The Mission of the Center for Child & Family Services is to deliver quality counseling programs & support services that empower individuals and families to improve their lives.

The Center for Child & Family Services has been helping those in need in our community since 1943. The Center offers innovated and successful programs and support services to support the need of the individuals, families and the community. From infancy to seniors, the Center serves over 10,000 people each year from all over Hampton Roads.

The Center has three program departments which offer these programs and services:

## Behavioral Health Services:

- Mental Health Therapy for Children, Families and Adults
- Adult Anger Management Prevention Services (Peaceful Choices)
- Youth Anger Management Prevention Services (Youth Empowerment Services)
- Youth and Adult Job Readiness (Vision Point and Fresh Start Services)
- Supervised Visitation (Safe Harbor for Kids)
- Latino Outreach Program

## **Child & Family Connection:**

- Child Care Resource & Referral
- Child Care Provider Training & Consultation Services
- Child Care Subsidy

## Consumer Credit Counseling Services of Hampton Roads:

- Financial Education
- Housing Counseling (Foreclosure Prevention & Pre Purchase Counseling)
- Bankruptcy Educational Classes (approved by US Department of Justice)

# **Community Services Board, Partial Hospital**

300 Medical Drive Hampton, VA 23666

Phone: (757) 788-0300

http://www.hnncsb.org/about us.htm

The Hampton-Newport News Community Services Board provides comprehensive mental health, mental retardation and substance abuse services for people of all ages who live in Hampton and Newport News.

## Vision:

The Hampton-Newport News Community Services Board is the premier provider of behavioral health care and services for individuals and families affected by intellectual and developmental disabilities. We are recognized throughout Virginia for our leadership, excellence and commitment to service. We earn this distinction by creating a community where people can find their own strength and become self-determining.

## The Foodbank of the Virginia Peninsula

2401 Aluminum Ave. Hampton, VA 23661 (757) 596-7188 http://hrfoodbank.org/

#### Mission:

The mission of The Foodbank of the Virginia Peninsula is to distribute food effectively through collaborative efforts that minimize hunger, promote nutrition and self-reliance through education.

#### Goals:

- Ensure future capability to acquire, store and distribute food for those in need within our community.
- Secure sufficient funding to sustain operations.
- Recruit, develop and maintain the most qualified and committed people as personnel and board members.
- Collaborate with agencies and other organizations to provide food for those in need.
- Educate the community about the problem of hunger, basic nutrition, safe food handling and self-reliance.

## 26 Years of Service:

The Foodbank is a charitable organization that solicits, receives, inventories, store, and distributes purchased and donated food and grocery products to charitable agencies that directly help the needy.

Since our inception in 1986, the Foodbank of the Virginia Peninsula has distributed over 111,436,209 pounds of food to our neighbors in the community. For the fiscal year ending June 30, 2011, the Foodbank distributed 9,243,449 pounds of food.

# **Hampton Healthy Families Partnership**

100 Old Hampton Lane Hampton, VA 23669 (757) 727-2610

http://www.hampton.gov

## Mission:

To ensure that all children are born healthy and enter school ready to learn.

#### Goals:

- Promoting optimal child development and preventive care during early childhood.
- Enhancing parenting skills and parent-child bonding and interaction.
- Improving family functioning by teaching problem-solving skills, building trusting relationships and improving family support systems.
- Reducing undesirable health outcomes such as poor immunization rates, child abuse and neglect and repeat teenage pregnancies.

## **History**:

Healthy Families Partnership and the City of Hampton made a commitment in 1992 to support Hampton families through a variety of parenting programs and educational resources. Since then, we have grown from providing services to a few hundred families to thousands of families every year.

# **Hampton-Newport News Community Services Board**

300 Medical Drive Hampton, VA 23666 Phone: (757) 788-0300

http://www.hnncsb.org/about\_us.htm

The Hampton-Newport News Community Services Board provides comprehensive mental health, mental retardation and substance abuse services for people of all ages who live in Hampton and Newport News.

#### Vision:

The Hampton-Newport News Community Services Board is the premier provider of behavioral health care and services for individuals and families affected by intellectual and developmental disabilities. We are recognized throughout Virginia for our leadership, excellence and commitment to service. We earn this distinction by creating a community where people can find their own strength and become self-determining.

## **Hampton Victim-Witness Services**

236 N. King Street Hampton, VA 23669 http://www.hampton.va.us/oca/victimwitness.html

## The Mission:

To bring to justice those who commit crimes in Hampton. Victims and witnesses play a vital role in the criminal justice system and we are committed to helping you through the process.

We care about the losses and the suffering that victims experience. We understand that the court process is often stressful, confusing, and inconvenient. We recognize that victims and witnesses have special needs, and our Victim-Witness Program is designed to meet those needs with a wide range of services.

This program is designated to assist you with your involvement through the Criminal Justice System. It is our goal to ensure that the rights of victims and witnesses are not overlooked. The Hampton Victim-Witness Program has been in existence since 1984 and strives to provide you with quality service. Understanding the Criminal Justice Process can often be very confusing. We want to help minimize the many frustrations that are associated with coming to court by providing you with as much information as possible.

## Planned Parenthood of Southeastern Virginia

Hampton Health Center 403 Yale Dr. Hampton, VA 23666 757-826-2079 http://www.ppsev.org

Planned Parenthood of Southeastern Virginia is a non-profit organization that recognizes the importance of maintaining reproductive health and family planning, and their impact on our future. Therefore, we provide high-quality, low-cost reproductive health and family planning services to the women, men and teens of Hampton Roads. We also provide comprehensive sex education programs to area community organizations, faith based organizations, colleges and universities, after-school programs and many others.

#### Mission and Vision:

#### Knowledge is Power!

As an organization that believes that all people have the right to make informed and responsible choices about their reproductive lives, we provide comprehensive, age appropriate sex education to schools and organizations around Hampton Roads.

# Access to Affordable Care!

We provide high-quality, affordable reproductive health and family planning services at our two health centers, located on the Virginia Beach/Norfolk line and in Hampton.

Advocating for Responsible Public Policy!

We advocate for the rights of all women and men to make their own choices about their reproductive health, have access to comprehensive sex education and access to affordable reproductive health services.

## Our Vision:

To live in a society where all adults and teens have the ability to make informed and responsible choices about their reproductive lives.

## Harrisonburg, Virginia

#### **Probation and Parole District 39**

30-AWest Water Street Harrisonburg, VA 22801 (540) 433-2404

Serving the Counties of Page and Rockingham, the City of Harrisonburg, and the Town of Luray. http://vadoc.state.va.us/about/directory/western.shtm

## Offenders:

The Virginia Department of Corrections enhances public safety by controlling and supervising sentenced offenders in a humane, cost-efficient manner, consistent with sound correctional principles and constitutional standards.

## **Community Corrections:**

Community Corrections consists of a central office staff to support the field, three regional offices statewide supervising Probation and Parole Districts and Day Reporting Programs and Community Facilities which consists of Detention Centers and Diversion Centers. Community Corrections' primary goal is public safety. In Virginia, public safety is defined as the quality of life that allows our citizens to feel secure in their everyday lives by being free from danger, injury and damage caused by those who choose not to obey the law. Our approach to this goal through professional supervision of offenders under our purview is "A Balanced Approach." This practice emphasizes the dual role of providing supervision and services for probationers and parolees.

In addition, Virginia provides a wide range of residential and non-residential sanction and sentencing options.

Lebanon, Virginia

**MSHA Home Care & Hospice** 

116 Flannagan Ave. Suite C Lebanon, VA 24266 (276) 883-8484; (276) 525- 1227 http://www.msha.com/

# Mission:

Mountain States Health Alliance is committed to Bringing Loving Care to Health Care. We exist to identify and respond to the health care needs of individuals and communities in our region and to assist them in attaining their highest possible level of health.

## Vision:

We passionately pursue healing of the mind, body and spirit as we create a world-class healthcare system.

#### Values:

- Integrity... honesty in everything we do
- Service... with caring and compassion
- Leadership... with creativity and innovation
- Excellence... always pursuing a higher standard

## Mountain States' Philosophy:

Mountain States Health Alliance team members as caregivers create relationships, environments and service delivery centered on the patient through a holistic approach to healing that ministers to the mind, body and spirit. Mountain States caregivers believe that healing can exist without curing, but healing cannot exist without caring.

#### Occupational Enterprises, Inc.

961 E Main St Lebanon, VA 24266 (276) 889-5089 http://oe-inc.org/default.aspx

#### Mission:

To provide a wraparound of comprehensive services for VIEW and to develop, maintain and deliver a continuum of collaborative community-based services, focusing on self-sufficiency and preservation of the family.

#### Vision Statement:

The vision of OEI is to provide comprehensive supportive services to equip low income Southwest Virginians to become self-sufficient and to effectively carry out their roles as workers, family members, and citizens.

# Southwest Virginia Regional Substance Abuse Coalition:

In Southwest Virginia, substance abuse is part of the cycle of family violence. The number of drug-exposed infants has tripled in the past 3 years. Child Protective Services (CPS) complaints involving substance abuse have increased by 800 in the past 3 years, therefore, resulting foster care cases have dramatically increased. Substance abuse involvement makes family reunification much more difficult to achieve. CSA expenditures have risen more than \$1 million in the past two years.

## Lynchburg, Virginia

Central Virginia Area Agency on Aging (CVAAA) 501 12<sup>th</sup> Street Lynchburg, VA 24504 (434) 385-9070

http://www.cvaaa.com

## **Mission Statement:**

The mission of Central Virginia Area Agency on Aging, Inc. is to enable senior citizens to remain in their homes by providing quality supportive services. CVAAA serves Amherst, Appomattox, Bedford and Campbell Counties and the Cities of Lynchburg and Bedford.

The Central Virginia Area Agency on Aging, Inc. (CVAAA) is a private, non-profit (501 C3) organization that develops, administers and/or provides essential services such as transportation, nutritious meals, care coordination, and homemaker assistance so that our community's seniors can remain in their homes for as long as possible.

CVAAA is committed to providing affordable and individualized assistance in obtaining and coordinating services. Programs are offered without regard to sex, race, disability, religious belief or national origin. Most are provided to clients free of charge, and no person is refused service because of inability to pay.

**Central Virginia Community Services Administrative Services office** 

2241 Langhorne Road Lynchburg, VA 24501 (434) 847-8050

Contact number: (434) 455-3500

http://www.cvcsb.org

The Adult and Family Services Department serves adults age 18 and older. Services are provided in the following localities: City of Lynchburg, City of Bedford County, Campbell County, Amherst County, and Appomattox County.

Review the services listed below to find the right program to meet your needs:

- Case Management
- Outpatient
- Recovery and Supports
- Housing
- Intensive Services
- Psychiatric Services

The Child and Family Department serves children, adolescents, and some young adults through the age of 21. Medicare, grants, and insurance often cover these services which include mental health, mental retardation, and substance abuse.

#### Review the services listed:

- Case Management Mental Retardation
- Respite Care In Home
- Early Intervention
- Respite Care -Out of Home
- Prevention
- Home Based Services
- Emergency Services
- Parent Center
- Outpatient Mental Health
- Diagnostic Evaluation & Assessment Services
- Outpatient Substance Abuse
- Day Treatment
- Kindred Homes

## Marion, Virginia

#### **Blue Ridge Job Corps**

245 West Main St. Marion, VA 24354 (276) 889-5089

http://www.blueridge.jobcorps.gov/home.aspx

Job Corps is a no-cost education and career technical training program administered by the U.S. Department of Labor that helps young people ages 16 through 24 improve the quality of their lives through career technical and academic training. The Job Corps program is authorized by Title I-C of the Workforce Investment Act of 1998. For more information about the Job Corps program at a national level, please visit our Official Public Web Site.

At Blue Ridge Job Corps Center, we support the Job Corps program's mission of teaching eligible young people the skills they need to become employable and independent and placing them in meaningful jobs or further education.

Blue Ridge Job Corps is a predominantly female center. We are capable of housing 160 female students on our campus. We also have the capacity to train 30 non-residential young women and 10 non-residential young men.

# **Mountain Community Action Program Head Start**

P. O. Drawer 1008 Marion, VA, 24354 (276) 783-3622 Serving: Smyth, Wythe, Bland http://www.headstartva.org

Head Start is a national child development program for children from birth to age 5, which provides services to promote academic, social and emotional development for income-eligible families.

Created in 1965, Head Start is the most successful, longest-running, national school readiness program in the United States. Head Start is a child-centered, family focused, comprehensive and community-based program. Head Start provides comprehensive education, health, nutrition, dental, mental health, social services and parent involvement opportunities to low-income children and their families. More than 21 million pre-school aged children have benefited from Head Start.

The Virginia Head Start Association exists to promote school readiness for pre-school aged children (0-5) through parent involvement, comprehensive services, fundamental educational initiatives, and volunteer utilization with One Voice for Virginia's low-income children and their families.

## **Southwestern Virginia Mental Health Institute**

340 Bagley Circle Marion, VA 24354 276-783-1200 TDD 276-783-1365 www.swvmhi.dmhmrsas.virginia.gov

Southwestern Virginia Mental Health Institute (SWVMHI) is a 156-bed state psychiatric institute operated by the Department of Behavioral Health and Developmental Services (DBHDS). The Institute serves adult and geriatric individuals. SWVMHI's campus, located in rural Smyth County consists of over 40 maintained acres of land (approximately 100 acres total) with 24 buildings including its heating plant.

Southwestern Virginia Mental Health Institute is accredited by The Joint Commission and is eligible to receive third-party payments, including Medicare, Medicaid, and Champus.

As part of Virginia's public mental health system, SWVMHI serves adult and geriatric persons from a number of cities and counties in southwestern Virginia. The SWVMHI catchment area is primarily rural in nature and has a total population of 564,464 people (1999 census figures). The

primarily rural nature of the catchment area affects a number and variety of issues that impact the Institute. For example, this region generally has the highest unemployment rate in the state. In addition, outside the larger towns there is no public transportation, and it is difficult for the individuals to come to community clinics for treatment or rehabilitation. Also of note is the relative scarcity of private providers or private psychiatric hospital beds.

#### Mission:

We promote mental health in Southwestern Virginia by assisting people in their recovery.

#### Vision:

Southwestern Virginia Mental Health Institute, in collaboration with Community Service Boards, will always be the region's center of excellence in the treatment of serious mental illness.

#### Values:

SWVMHI is a values-driven organization. Values are widely disseminated and drive the organization. Value-based discussions are an integral part of SWVMHI.

The importance of values-based decision-making can be seen in the following areas:

- Proposal evaluations
- Values training,
- Values re-training,
- Broad dissemination of values
- Values behavioralization training or recognizing when the Values are at work
- Personnel evaluations
- Hiring strategies

#### Martinsville, Virginia

## Boys & Girls Club of the Blue Ridge

6 E. Main Street, Suite A Martinsville, VA 24112 (276) 656-1171 http://www.theharvestfoundation.org

## Who We Are:

As a group of civic and professional leaders, we are dedicated to promoting positive youth development by providing a safe and healthy environment for children to interact with their peers and positive adult role models.

The Boys & Girls Clubs of America, a national organization comprised of more than 3,700 associated clubs, has been successfully redirecting the lives of young people since 1860, servicing over 4.4 million kids.

## What We Do:

## **Education and Career Development**

- Project Learn
- Computer Training
- Career Fairs
- Vocational Career Guidance
- Ultimate Journey--Outdoor Awareness
- Power Hour (Homework Help)
- Job Ready
- Career Explorers
- Jr. Staff Career Development
- Goals for Growth
- Character & Leadership Development

# Community Service

- Public Speaking
- Torch Club
- Toastmasters Club
- Keystone Leadership Club
- Perfect School Attendance Recognition
- Youth of the Year

#### The Arts

- Photography
- Choral Performance
- Dance
- Youth Choir
- Arts & Crafts
- Music Lessons
- Fine Arts
- Plays
- Fine Arts Exhibit Program
- National Photography Contest

## Sports, Fitness and Recreation Fitness Authority

Nike Challenges

- Golf
- Aerobics
- Tennis
- Football
- Camping
- Basketball
- Baseball
- Roller Hockey
- Teen Supreme Teen Center Supported by Taco Bell

#### Health & Life Skills

- Smart Moves -- Alcohol & Drug Prevention
- Superfit All Stars
- Lifetime Sports
- Wellness
- Dental and Visual Exams
- Financial Planning Prep Classes

#### **CONTACT, INC. Crisis Line**

P.O. Box 1287 Martinsville, VA 24114 (276) 638-8980 http://contactmartinsville.org

Established in Martinsville, Virginia in 1971, CONTACT, Inc. is 1 of 53 Contact USA crisis helpline centers within the United States. Our local, 24-hour a day, confidential helpline provides a safe place to receive referrals or anonymous emotional, mental or physical support in times of need.

CONTACT MHC, Inc. provides our programs to callers to enhance their quality of life. We accomplish our goal of filling this need as a service to the community by:

- Quarterly training community volunteers to staff our Helpline Center.
- Calling our growing list of Reassurance Clients daily.
- Providing Piedmont Community Services with an after-hours answering service for their clients.
- Building and maintaining a database of local resources.
- Being an active, kind listener to all who call our Crisis Helpline.
- Being open and inclusive to emerging methods to increase aid to those we serve.
- Listening to our Frequent Callers daily.

We continue to be a source of acceptance, encouragement, affirmation and information to our callers.

We are dedicated, committed and trained volunteers who listen with a caring heart, in an empathetic, nonjudgmental, accepting and affirming way. We respect every person who calls. A Crisis Line Specialist is committed to the anonymity and confidentiality of every call and every situation. We are capable, dependable, available, and we are ready to serve our community.

# **Patrick Henry Community College**

645 Patriot Avenue Martinsville, Virginia 24115 (276) 638-8777 http://www.ph.vccs.edu

## Mission:

Patrick Henry Community College is a comprehensive two-year institution committed to student success, lifelong learning, and enrichment of the quality of life in the region it serves

## Vision:

PHCC aspires to be nationally recognized as an exemplary learning college.

We pride ourselves on being an integral part of the community we serve.

We strive to be responsive to community needs in our academic programming and in the services faculty and staff serve on the boards of various local organizations, and we invite citizens to serve.

# **Piedmont Community Services**

Office Locations:

Martinsville/Henry County: 24 Clay Street Martinsville, VA 24112 Telephone: (276) 632-7128

Franklin County: 30 Technology Drive Rocky Mount, VA 24151 Telephone: (540) 483-0582

Patrick County: 22280 Jeb Stuart Highway Stuart, VA 24171 Telephone: (276) 694-4361

http://piedmontcsb.org

Piedmont Community Services provides Mental Health, Mental Retardation, and Substance Abuse Services to the citizen of Martinsville, Henry County, Franklin County, and Patrick County. Services include clinical services, youth and prevention, and community support.

<u>Piedmont Community Services: Horizons Day Support Program</u> Locations:

213 East Main Street Martinsville, VA 24112 Telephone: (276) 632-7128

391 Eastover Road Rocky Mount, VA 24151 Telephone: (540) 483-0582

24141 Jeb Stuart Hwy. Patrick Springs, VA 24133 Telephone: (276) 694-4361

http://www.piedmontcsb.org/CommSupport.htm

#### Psychosocial Rehabilitation – Horizons:

There are three psychosocial programs, referred to as "Horizons", located in Martinsville, Rocky Mount and Stuart. These programs are for adults with serious mental illnesses and are part of a comprehensive individualized mental health treatment plan developed to support an array of services including: counseling, rehabilitation, case management, crisis services, housing, and supported employment. Fewer psychiatric hospitalizations and recovery are the goals of every person with mental illness. Focus is upon strengthening each consumer's ability to manage symptoms of their mental illness. Emphasis is also placed upon supporting individuals regaining skills needed to live and socialize successfully in the community

Psychiatric Services of Memorial Hospital 320 Hospital Drive Martinsville, VA 24115 (276) 666-7477 http://martinsvillehospital.org

#### Mission:

Our mission is to provide a safe, supporting and therapeutic environment where the individual can be guided toward reaching his or her maximum physical and emotional health.

Everyone faces stress at some point in his or her life-whether it be emotional, social, physical or mental stress. Sometimes family support may not be enough to help. At these times, a supportive environment and assistance from a variety of skilled professionals can provide help in bringing life back into balance.

Serving the community since 1982, Psychiatric Services at Memorial Hospital of Martinsville & Henry County seeks to help adults suffering from depression, family problems, job crises, anxiety, or other emotional difficulties as well as alcohol and drug dependencies.

## Virginia Workforce Center

233 West Commonwealth Blvd. Martinsville, VA 24112 (276) 634-3600 http://www.vec.virginia.gov

VEC staff at our Workforce Centers make available job search assistance to individuals, and recruiting and referral services to employers. Services available to workers include job referral and placement, referral to training, and job search skill building activities. VEC staff can assist employers by screening and referring applicants for job vacancies, providing critical labor market information for business and economic planning, and coordinating Employer Advisory Committee activities across the state.

## Midland, Virginia

#### **Southeastern Alternative School**

4484 Catlett Road Midland, VA 22728 (540)788-1054

http://www.fcps1.org/education/school/school.php?sectiondetailid=18014&

Our Alternative Learning Programs are designed to offer a hands-on, interactive, project-based learning approach to instruction and assessment in all core academic courses required for graduation.

These programs are designed to assist students in obtaining their high school diplomas from as early on as 8th grade by offering a project-based learning approach to learning and testing.

Class sizes are extremely small with an average student to teacher ratio of 1:10. Our approach to learning is significantly different - - but it is *not* easier or watered down. This difference makes school success more attainable for students who struggle with traditional teaching approaches.

# Montross, Virginia

A.T. Johnson Human Services Building

18849 Kings Highway Montross, VA 22520 (804) 493-9305

http://www.westmoreland-county.org/index.php?p=county&c=socialServices

Virginia Department of Social Services <a href="http://www.dss.virginia.gov/">http://www.dss.virginia.gov/</a>

The Westmoreland County Department of Social Services believes that our county's citizens should be able to lead the very best lives they possibly can. When it's hard for you to meet your basic needs, we're here to lend a helping hand. We offer or can determine your eligibility to receive the following:

- *Adult services*. We provide preventive, protective and support services to impaired adults and the elderly.
- *Child services*. We provide access to quality childcare and health insurance for children whose parents or guardians can't afford it, and we help protect children from abuse and neglect.
- *Employment services*. Getting and keeping a job is the key to independence-and is a big job in itself. Job placement, training, and assistance with transportation and childcare expenses are just some of the ways we can help.
- Family services. Not every home is a happy one. We help victims of domestic abuse and sexual assault get back on their feet and provide support services to prevent family breakdowns in the first place.
- *Financial assistance*. We provide money to those in need to pay for essentials like food and fuel.

# Norfolk, Virginia

Autism Society, Tidewater Chapter 6300 E. Virginia Beach Blvd.
Norfolk, VA 23502
(757) 461-4474
<a href="http://www.tidewaterasa.org/">http://www.tidewaterasa.org/</a>

Welcome to the Autism Society, Tidewater Virginia (formerly known as TASA) web site. We hope you find the information on this site useful.

Formed in 1981, the Autism Society, Tidewater Virginia is a grassroots organization in the Tidewater area. Autism Society, Tidewater Virginia was established to help improve the lives of all affected by autism and does this by increasing public awareness, advocating for appropriate services for individuals across the lifespan, and providing the latest information on treatment, education, research and advocacy. Autism Society, Tidewater Virginia is the local chapter of the oldest and largest autism-specific member organization, The Autism Society.

Autism Society, Tidewater Virginia's mission of creating a world where persons within the autism spectrum disorder are fully included, participating members of their communities, is implemented. We strive to increase community awareness, provide education for professionals

and parents, and maintain supportive, informative networks comprised of parents, professionals, and community leaders.

#### **Barrett Transitional Home**

2129 Vincent Avenue Norfolk, VA 23504 Phone: (757) 624-6990

http://www.nowomanalone.com/index.htm.jsp

Barrett Transitional Home is a nonprofit 501 © 3 corporation which provides transitional housing and services to single and single pregnant women who find themselves in a homeless situation for a variety of reasons.

Barrett Transitional Home's goal is to break the cycle of homelessness and reestablish self-esteem, self-empowerment, and self-sufficiency in women who will become productive contributors to society.

A program for homeless single women and single pregnant women designed to help break the cycle of homelessness.

The women we serve have nowhere to live for a variety of reasons. Underemployment, unemployment, bad credit, substance abuse, domestic violence, and being unable to work while pregnant are just a few.

When an individual has no safe place to sleep, shower and eat, it is almost impossible to move forward with their life. Barrett provides the first step in transition by providing a safe, supervised and stable environment. Along with a stable environment, Barrett's staff will connect women with the necessary supportive services to get back on their feet.

Barrett provides dormitory style, furnished bedrooms and a common living area and kitchen for a maximum of ten women at a time.

#### **Barry Robinison Center**

A Behavioral Health System for Youth 443 Kempsville Road Norfolk, VA 23502 (757) 455-6100 (757) 455-8508 1-800-221-1995 www.barryrobinson.org

The Barry Robinson Center combines modern residential facilities with several of the original colonial-style buildings dating from 1933. This combination makes it one of the most beautiful and unique residential treatment centers in the region. The sprawling 32-acre wooded campus, conveniently located on the border of Norfolk and Virginia Beach, provides a serene setting for programs helping at-risk youth and their families overcome emotional and behavioral difficulties.

# The Boys and Girls Club of Southeast Virginia

3415 Azakea Garden Road Norfolk, VA 23518 (757) 853-5632 http://www.bgcseva.org/

## Our Mission:

At Boys & Girls Clubs of Southeast Virginia our mission is to enable all young people, especially those who need us the most, to realize their full potential as productive, caring and responsible citizens.

Every day young people in our community are faced with new challenges. Boys & Girls Clubs give them the tools and confidence to meet those challenges and move forward to a future of hope and opportunity.

In furthering the mission of Boys & Girls Clubs of America, Boys & Girls Clubs of Southeast Virginia has also developed the following Values:

- Commitment
- Developing Others
- Integrity
- Mission Driven

A program focused on achieving three priority outcomes in our Club members:

- Academic success
- Good character and citizenship
- Healthy lifestyles

Career Management Center Old Dominion University 2202 Webb University Center Norfolk, VA 23529 (757)683.4388 http://www.odu.edu

#### Mission Statement:

We provide students and alumni with exceptional academically and professionally related employment services.

#### Vision Statement:

To become a national leader in our field by developing and providing exceptional academically and professionally related employment services for students, alumni and employers.

#### Core Values:

- Customer Service
- Integrity
- Dependability
- Teamwork
- Accountability
- Productivity

## **Catholic Charities of Eastern Virginia**

1802 Ashland Avenue Norfolk, VA 23509-1236 (757) 533-5217 http://www.cceva.org/

Founded to foster the development of wholesome family life in the community, Catholic Charities of Eastern Virginia provides counseling for individuals and families under stress, and offers programs of education and prevention for strengthening family life. The agency advocates improvements in social conditions for individuals, families, the elderly and children

Catholic Charities is a 501(c)(3) non-profit human service agency. Established in 1932, the agency has a long term investment in improving lives in our Hampton Roads community. With eight offices strategically placed throughout the Tidewater area, we provide caring services to all people of all faiths.

# Center for Major Exploration Old Dominion University

Center for Major Exploration Student Engagement and Enrollment Services 1500 Webb University Center North Mall Norfolk, VA 23529 757-683-4805 www.odu.edu

#### Mission Statement:

In accordance with the University College mission, the Center for Major Exploration is dedicated to assisting exploratory students in determining their strengths as learners and applying those strengths in the pursuit of an applicable major and career.

Through a shared model of communication, a relationship is forged to provide personal and academic growth to Old Dominion University's undergraduate students.

The Center for Major Exploration (CME) provides academic and career advising to exploratory students. CME assists students in making a successful transition into the University and into

their intended major. This is accomplished through informational sessions at orientation, major advising, teaching of University Orientation and Career Exploration courses, and workshops.

## **CHIP of Norfolk (Comprehensive Health Investment Project)**

Norfolk Health Department

606 West 29<sup>th</sup> Street

Norfolk, VA 23510 Phone: (757) 683-9244 Service area: Norfolk

Partners/Governance: Norfolk Department of Public Health

http://www.chipofvirginia.org/aboutus.asp

#### Mission:

The mission of CHIP is to improve young children's health and promote wellness and self-sufficiency in low-income families, through partnerships with local communities.

## Vision:

To lead Virginia and nation in developing community based service systems

- to promote wellness and improved health status
- to improve the quality of life for young children and families in need

#### Services:

CHIP provides services through a home visiting model using a case management approach. Services are provided by a CHIP team of a public health nurse and outreach worker who work in partnership with the family and service providers to help each family reach full potential.

## **Three Essential Program Components:**

#### • Medical Home:

CHIP is committed to the philosophy that the promotion of wellness and the improvement of health for children begin with a medical home that provides accessible, continuous, comprehensive, family centered, coordinated, and compassionate health care infants and children. Traditionally, children from low-income families do not have medical homes but instead receive fragmented, limited, and sporadic services from clinics and hospital emergency rooms. CHIP sites work with families and communities to ensure that each child (0-6) and their older siblings are able to access and use a medical home.

## • Health Supervision:

CHIP provides coordinated health supervision that promotes wellness, prevents illness and injury, and enhances normal growth and development. These CHIP services complement the efforts of the medical home.

• Family Support:

CHIP is committed to addressing the complex social needs through partnering with

families and other community programs. CHIP family support services build on the strengths of caregivers to provide for the total well-being of their children.

#### **The Crisis Line**

P.O. Box #3278 Norfolk, VA 23513 (757) 622-1309

5365 Robinson Hood Rd. Suite 700 Norfolk, VA 23513 (757) 622-9268

http://www.theplanningcouncil.org/crisis.htm

## Mission:

We plan, develop and manage human services to improve the quality of life

## Vision:

We will be the preferred leader in defining human service issues, developing strategies and collaborating with others to improve our communities.

## **The Dwelling Place**

P.O. Box 6194 Norfolk, VA 23508 (757) 624-987 http://thedwellingplaceva.org/

As an emergency shelter, The Dwelling Place may house a family for up to 45 days. Time extensions are granted as needed. During their stay, residents must show initiative in seeking permanent housing and a stable income.

The Dwelling Place is free of charge and available to all families regardless of race, color, creed, national origin, or handicap status. Families must be considered Norfolk residents to be considered for temporary residency and the family must also be capable of self-care.

The Dwelling Place offers a supportive, structured environment to help families achieve stability and become self-sufficient. Programs and services for parents include:

- Case Management
- Counseling
- Daily Van Transportation
- Assistance in Finding Housing and Employment
- Employment Readiness Training
- Educational Workshops

- Parenting Workshops
- Family Literacy Activities
- Art Therapy
- In-Home Services

## **Dress for Success Hampton Roads**

4000 Colley Avenue, Suite 200 Norfolk, VA 23508 (757) 961-7148 http://www.dressforsuccess.org

#### Our Mission:

The mission of Dress for Success is to promote the economic independence of disadvantaged women by providing professional attire, a network of support and the career development tools to help women thrive in work and in life.

Six years ago, Dress for Success Hampton Roads suited its first woman sparking an incredible journey to suit/serve over 1,500 women. Our mission is to promote the economic independence of disadvantaged women by providing professional attire, a network of support and the career building tools to help women thrive in work and in life.

#### General Information:

Dress for Success has suited more than 600,000 women since 1997 More than 5,000 women have received career coaching, mentoring services, and professional development support

#### **Eggelston**

1161 Ingleside Road Norfolk, VA 23502 (757) 858- 8011 http://www.egglestonservices.org

#### Mission:

Creating Education, Training and Employment Opportunities

Since 1955, Eggleston has helped find more and better ways to help persons with disabilities lead fuller, richer lives. We find and create opportunities for individuals to make the most of their abilities, contribute to society, and enjoy the satisfaction of working and earning their own living.

#### Vision:

Eggleston Services envisions a community which values the abilities of all persons, and endeavors to improve quality of life at work, at home, and at play.

#### Values:

Integrity, Choice, Empowerment & Quality

## **Quality Statement:**

Excellence in Action

## For Kids 4200 Colley Avenue Norfolk, VA 23508 (757) 622-6400 http://www.homesforkids.org

#### Mission:

Breaking the cycle of homelessness and poverty for families and children.

## **Our History:**

Over twenty years ago ForKids was founded by local citizens to shelter families in the Ocean View neighborhood of Norfolk. After opening Haven House as a 30-day emergency shelter those same citizens quickly found that short-term shelter was not an adequate solution for family homelessness and they embarked upon a new mission to "break the cycle of family homelessness." In the succeeding years through many federal/private partnerships, including U.S. Department of Housing and Urban Development (HUD), Norfolk's Community Development Block Grant (CDBG) and Virginia HOME, ForKids lengthened the emergency shelter stay to four months, added critical clinical services for both the adults and children and funded the purchase, renovation and construction of our eight additional properties. We opened Norfolk's first Transitional Housing Program in 1994 and the area's first Permanent Supportive Housing Program in 1998. In 1995 ForKids founded the Norfolk Homeless Consortium in conjunction with two other family shelters and has led the Continuum of Care process which brings millions of federal dollars to Norfolk's neediest citizens. Elizabeth Place, Legacy, and our newest permanent supportive housing, Dillon Place, is part of our long-term plan to revitalize West 38th Street in Norfolk. These four housing facilities provide a safer neighborhood for not only our families, but all the residents of 38th Street.

#### **Hope House Foundation**

801 Boush Street, Suite #302 Norfolk, VA 23510-1533 (757) 625-6161 http://www.hope-house.org

#### Our Mission:

We believe neighborhoods and communities are enhanced when all the people in them, including those with disabilities, participate fully. Our services are based on the conviction that people with disabilities should live in their own homes and have control over their day-to-day lives, just as people without disabilities do.

We believe that being a part of the community should not be limited by attainment of certain skills. Helping people achieve true citizenship requires all of us to make the concepts of freedom and choice a reality; we do this through our services, our participation in our community within our hearts-each day, every day,

Hope House Foundation provides individualized supported living services for and with adults with developmental disabilities in their own homes or apartments. Currently, we serve more than 130 people living in Norfolk, Portsmouth, Chesapeake, and Virginia Beach, Virginia.

Hope House is known as an innovator and leader in the field of intellectual and developmental disabilities.

In addition to developmental disabilities, many of the people we support face other challenges, including cerebral palsy, hearing or visual impairment, heart conditions, asthma, and psychiatric disorders.

What kind of support do you provide?

It varies according to the needs of the individual. Some people require more support than others. But generally, our services include assistance with household maintenance, budgeting, cooking, transportation, medical issues, personal care and hygiene, and recreation. And everything we do is designated to help the people we support live their lives as fully and independently as possible.

## Keim Center of Norfolk—Crisis Pregnancy Centers of Tidewater

2121 Colonial Avenue Norfolk, VA 23517 (757) 626-3700 http://keimcenters.com

Since 1985, The Keim Centers have been serving women, men, and teens in the South Hampton Roads area faced with unintended pregnancies. Many of our staff members have faced an unplanned pregnancy themselves and know first-hand how difficult making that next decision can be.

The Keim Centers exist to equip women and men with the information and resources they need to make informed and confident pregnancy decisions.

## Our Services:

For more than 25 years, The Keim Centers have offered a variety of pregnancy-related services and programs-always at no cost to you. All medical services are provided at The Keim Center of Norfolk and The Keim Center of Virginia Beach. For your convenience, our satellite resource centers in Portsmouth and Suffolk are also available. Some of our services include;

## **Pregnancy Tests:**

We offer FDA approves urine pregnancy tests. Receive the results of your pregnancy test during your initial visit.

## Confirmation of pregnancy by ultrasound:

After receiving a positive pregnancy test, the best way to determine the viability of your pregnancy and approximate gestational age is through an ultrasound. Your positive pregnancy test and evaluation by one of our nurses will determine your eligibility for an ultrasound.

## Medical consultation:

Talk openly about any questions you may have with one of our licensed medical professionals about topics like abortion, failed contraception, STDs and reproductive health, and more.

## **Pregnancy Verification:**

The Keim Centers provide pregnancy tests and pregnancy verification forms for insurance purposes or community organizations of your choice.

#### Our Commitment to You:

At the Keim Centers, we provide a safe and comfortable environment for you by thoroughly screening and training all of our staff. You will be treated with kindness and compassion, always receiving honest and open answers for our all-women staff.

We also respect your privacy. Patient information is held in strict confidence, and all communication handled with utmost discretion.

## **The Mediation Center of Hampton Roads**

424 West 21st Street, Suite 200 Norfolk, VA 23517 (757) 624 – 6666 http://mediationhamptonroads.com/

Mediation provides a non-threatening, neutral setting where people can communicate more effectively. Here, a trained mediator guides disputing parties to come to an agreement while enabling the maintenance of long-term relationships. The pain and disruption from unresolved conflict can be reduced considerably with this process.

#### **Business Mediation:**

- Employment issues
- Contractual conflicts between companies
- Personal injury claims

- Medical disputes
- Commercial disputes between companies and customers

#### **Public Sector Mediation:**

- Conflicts in schools and colleges
- Public vs. government
- Environmental issues

## Family Mediation:

- Divorce and separation agreements
- Post-divorce modifications
- Spousal and child support conflicts
- Parenting responsibilities
- Family/intergenerational disputes
- Cohabitation/lifestyle issues
- Adoption issues
- Estate matters
- Parent/teen conflict

## Community Mediation:

- Neighborhood conflict
- Landlord-tenant disputes
- Condominium association conflicts
- Racial, ethnic or religious disputes
- Victim compensation
- Simple assaults

## **Navy-Marine Corps Relief Society**

Naval Base Norfolk Fleet and Family Support Center 7928 14th Street, Bldg. SDA-344, Suite 238 Norfolk, VA 23505-1299 (757) 462-1596 http://nmcrs.org

Founded in 1904, the Navy-Marine Corps Relief Society is a private non-profit charitable organization. It is sponsored by the Department of the Navy and operates nearly 250 offices ashore and afloat at Navy and Marine Corps bases throughout the world.

The Mission of the Navy-Marine Corps Relief Society:

To provide, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need; and to receive and manage funds to administer these programs.

## Our Vision:

We are a private, non-profit, volunteer, service organization. As a Center of Excellence, we are committed to ensure that all available resources are used to assist personnel of the Naval Services - active, retired, and their eligible family members - to achieve financial self-sufficiency and find solutions to emergency needs.

The Society provides need based financial assistance to eligible recipients in the form of:

- Interest-free loans and grants
- Scholarships and interest-free loans for education.

In addition, the Society offers the following services:

- Financial Counseling
- Budget for Baby Workshops
- Thrift Shops
- Visiting Nurse Services

## The Society can help:

- Active duty and retired active and reserve component Sailors and Marines
- Eligible family members of active duty and retired active and reserve component Sailors and Marines who died
- Reservists on extended active duty greater than 30 days
- Indigent widows and mothers (65 years or older) of deceased service members who have limited resources and no family to provide for their welfare
- Ex-spouses who have not remarried and whose marriage to a service member lasted for at least 20 years while the service member was on active duty.

#### **Norfolk Senior Center**

## (Primeplus Norfolk Senior Center)

7300 Newport Avenue, Suite #100 Norfolk, VA 23505 Located within the Norfolk Fitness & Wellness Center (757) 625-5857 http://www.primeplus.org

#### Mission Statement:

To be the pre-eminent focal point for services, activities, and information addressing the needs and interests of older adults in South Hampton Roads.

#### Vision:

Primeplus Norfolk Senior Center is committed to providing opportunities for older persons to continue to grow and contribute to their community, live life to its fullest, and participate in activities, as volunteers or students, to meet social, emotional, physical, intellectual, and economic needs.

Primeplus Norfolk Senior Center provides quality day programs and enriching opportunities to live life to the fullest. We have been serving individuals 50 and older in South Hampton Roads for over forty years by providing opportunities to learn, grow and participate in activities that meet their social, emotional, physical, intellectual and economic needs.

#### **Active Adult Program:**

Our services include a wide variety of programs for Active Adult Programs include Tai Chi, ceramics, painting, bingo, day trips, and so much more.

## Respite Care:

Our Adult Day Services offer a warm and friendly environment for those who need special assistance or supervision, including those with Alzheimer's and/or Dementia.

Office of Institutional Equity and Diversity
Old Dominion University
121-A William B. Spong Hall
Norfolk, VA 23529
(757) 683-3141
<a href="http://www.odu.edu">http://www.odu.edu</a>

#### Mission Statement:

Equal opportunity for all is an American ideal, guaranteeing everyone the same right to employment and education. However, the ideal is not yet a reality; not everyone has been afforded equal rights. Whether it is intentional or not, discrimination still exists. Only through effective programs of affirmative action and strong commitment from the institution, to create a culture of diversity where all individuals and groups can engage in their differences in a process of mutual enrichment, can we eradicate discrimination and accomplish equal opportunity for all.

"It is the policy of Old Dominion University to provide equal employment, educational and social opportunities for all persons, without regard to race, color, religion, sex (including pregnancy), national origin, age, veteran status, disability, political affiliation, sexual orientation or genetic information."

Under the direction of ReNeé S. Dunman, Assistant Vice President, Office of Institutional Equity and Diversity is responsible for coordinating and monitoring Old Dominion University's Affirmative Action Plans with the responsibility for advising, reporting and implementing all matters related to compliance with federal and state equal opportunity and affirmative action legislation. This responsibility includes, but is not limited to: monitoring the employment and educational policies, practices and procedures of the University; assisting with the resolution of discrimination and employee relations complaints; and providing education programming for students, faculty and staff.

The Office is also responsible for the President's Advisory Committee on Equal Opportunity, Affirmative Action and Diversity; the Committee on Sexual Harassment; the Physical Accessibility Committee; administering the Discrimination Complaint Procedure and Sexual Harassment Policy and Procedures; the Accommodation of Students with Disabilities Policy and Procedures and Guidelines on AIDS in the Workplace..

The Office of Institutional Equity and Diversity assists the University community to clarify diversity issues, and to balance, negotiate and dissipate myths surrounding all aspects of diversity, equal opportunity and affirmative action. The Office is an instrument to reflect Old Dominion University's commitment to being an open and free place where all individuals of the community can grow and flourish.

## **Park Place Child Life Center**

509 W. 35<sup>th</sup> St Norfolk, VA 23503 (757) 627- 7252 http://www.ppclc.org

#### Mission Statement:

Park Place Child Life Center transforms the lives of children in Park Place through arts-based programs designed to advance literacy and encourage a lifetime love of learning.

## Who We Are:

For decades, the Park Place neighborhood in Norfolk, Virginia has been challenged by poverty. Many families who live there often have to choose between food and medicine, rent and heat.

So, imagine being a child growing up there.

Thankfully, a few people did just that. And in 2004 they opened Park Place Child Life Center. Today, the center has a track record of transforming the lives of Park Place children through arts-based programming designed to advance literacy and encourage a lifetime love of learning.

Since then, more than 600 children have taken part in the center's after-school and Saturday programs. Each year some 200 volunteers donate 2,500 hours of service to the center.

For most of these children, the difference has been profound.

## What We Offer:

Through the generous funding of our donors and our hundreds of volunteers, we're able to give the children of Park Place the same access to arts and cultural activities that children in more affluent neighborhoods have.

We also provide the children with free

- Homework assistance
- Music, visual arts, and dance classes
- Reading and math practice
- Nutrition
- Martial arts
- Summer camps
- Recreational activities
- Field trips

#### **The Planning Council**

5365 Robin Hood Road Suite 700 Norfolk, VA 23513 (757) 622- 9268 http://www.theplanningcouncil.org/

## The Planning Council's Mission:

To plan, develop and manage human services to improve the quality of life in the communities we serve. The Planning Council is a member of the National Association of Planning Councils and the United Way of South Hampton Roads. Every year we touch thousands of lives: preventing homelessness; licensing and training child care providers; offering crisis intervention and connections to resources; helping parents balance work and family; and working with communities to solve human service problems.

Since 1941, The Planning Council has been dedicated to the planning, development, and management of those human services which improve the quality of community life. We assist people in meeting human service needs, offering a variety of programs. All services are confidential and many are offered at no cost to the consumer. We also serve corporations, agencies, and governmental bodies seeking help with the planning and management of the human services arena. The Council serves Hampton Roads, Western Tidewater, Northeastern North Carolina, Northern Virginia and Maryland. We welcome inquiries from all sectors of the community.

We lead in planning, developing and managing human services through people with superior knowledge and experience who are dedicated to improving quality of life.

#### **Probation and Parole**

861 Monticello Ave Norfolk, VA 23510 (757) 683-8417 http://www.vadoc.state.va.us/about/

#### Offenders:

The Virginia Department of Corrections enhances public safety by controlling and supervising sentenced offenders in a humane, cost-efficient manner, consistent with sound correctional principles and constitutional standards.

#### **Community Corrections:**

Community Corrections consists of a central office staff to support the field, three regional offices statewide supervising Probation and Parole Districts and Day Reporting Programs and Community Facilities which consists of Detention Centers and Diversion Centers.

Community Corrections' primary goal is public safety. In Virginia, public safety is defined as the quality of life that allows our citizens to feel secure in their everyday lives by being free from danger, injury and damage caused by those who choose not to obey the law. Our approach to this goal through professional supervision of offenders under our purview is "A Balanced Approach." This practice emphasizes the dual role of providing supervision and services for probationers and parolees.

In addition, Virginia provides a wide range of residential and non-residential sanction and sentencing options.

## **REACH Reading Enriches All Children**

2200 Colonial Avenue, Suite 16 Norfolk, VA 23517 (757) 627-4722 http://reachreads.org/

When REACH was established in 1998 the initial program involved a simple model - reading and crafting with children living in homelessness. The first shelter established was the HER Shelter in Portsmouth. Now, REACH programs are conducted weekly at twelve shelters throughout Hampton Roads.

The program is a team-based read-aloud. Teams attend once each month at the shelter where they are assigned. Training is provided to all of our volunteers. Training includes tips for reading to children and book and craft suggestions. We also offer insight into shelter living and how we are working to impact children's lives through reading aloud.

REACH provides a number of other opportunities to volunteer. Here are a few:

#### Book Runner:

Drop the kids off at school and swing by our office and pick-up and deliver books to the shelters, or retrieve books from one of our distributers. It takes a few hours and is an huge help to our very small staff of two.

## FestEvents Beverage Booth:

Each year REACH is given an opportunity to participate with FestEvents' working a beverage tent. This is a blast for our volunteers and a great way for REACH to make tip money and spread the word about our mission. Volunteers must be at least 21 and will help manage a beverage tent for a portion the day.

## Administrative Volunteers:

We are always in need of support in the office. Projects include sorting and arranging books, doing inventory and other general office duties. Volunteers of **all ages** may participate in this opportunity.

## Corporate Volunteerism:

Several companies already have teams participating in our shelter read-aloud programs. Those include: Navy Federal Credit Union, GEICO, Booz Allen Hamilton, Chubb Insurance, CACI and The Virginian Pilot. If a number of volunteers from the same company want to participate together we will place you on a team together. We will come to you for training onsite.

#### Military, Civic Groups or Faith Organizations:

Many military commands and organizations are looking for programs that can be done without taking time away from the workplace. This is a great program for groups to Team Build and Leadership Train while helping our worthy cause. If a number of volunteers from the same command or organizations want to participate together, we will place you on a team together. All volunteers must be trained and complete all of the necessary paperwork.

## Saint Mary's Home for Disabled Children

6171 Kempsville Circle Norfolk, VA 23502

Main switchboard number: 757-622-2208

Toll free number: 1-800-237-6555

http://saintmaryshome.org

St. Mary's Home for Disabled Children provides comprehensive care for children and young adults with severe physical and intellectual disabilities from around the state.

St. Mary's Home for Disabled Children in Norfolk is a special place full of love and laughter, where children and young adults from all across Virginia live, play, go to school and receive complex, professional, around-the-clock care in a nurturing, comfortable environment to help them achieve their fullest potential.

St. Mary's Home is Virginia's largest long-term pediatric residential care facility dedicated exclusively to children with severe physical and intellectual disabilities and one of only about 100 facilities of its kind nationwide. Staff provide medical, therapeutic, educational and recreational services for as many as 92 children and young adults, ages newborn to 21 years.

SMHDC has a long history of caring for Virginia's most vulnerable children. The Home opened on Dec. 8, 1944, as an infant home for children who had no homes of their own or needed a temporary place to stay while their mothers were at work in war plants. The sisters of the order of the Daughters of Wisdom began caring for the children in 1946.

The Home expanded its mission over the years and by the 1980s had evolved into a private, nonprofit, nonsectarian organization. On Feb. 11, 2005, the children moved into an 88,000-square-foot, state-of-the-art facility— one of a few buildings of its kind nationwide designed and built exclusively for providing quality care in a home-like environment for children with severe disabilities.

## Serving our Children:

St. Mary's cares for children from throughout Virginia with severe disabilities who come to us as a result of birth disorders, traumatic accidents, illness or child abuse. Each child is within the severe to profound range of mental retardation. Most of our children use wheelchairs for mobility and may rely on methods other than speech to communicate their wants and needs. Many use feeding tubes to provide some or all of their nourishment. A few have tracheotomies, and almost all require regularly administered medication. Our staff provides clinical, educational, recreational, and support services with a gentle touch to create a therapeutic environment for the children.

#### **SECEP**

6150 Kempsville Circle Norfolk, VA 23502 (757) 892-6100 http://www.secep.net

In 1978, the school systems of Chesapeake, Franklin, Isle of Wight, Norfolk, Portsmouth, Southampton, Suffolk and Virginia Beach established the Southeastern Cooperative Educational Programs (SECEP), with financial assistance from the Virginia Department of Education.

The organization provides a formal structure through which the participating school systems can plan and operate programs for children with special needs. SECEP is a public body established in accordance with the Code of Virginia which provides for the establishment and operation of jointly owned schools.

A Joint Board, made up of a lay member from each participating system's school board, serves as SECEP's policy-making board. This Joint Board meets regularly and functions like a local school board.

A Committee of Superintendents, composed of the superintendents of the SECEP participating school systems, recommends program activities, budgets, personnel actions and other items for consideration by the Joint Board.

An Advisory Committee, composed of the directors of Special Education from the SECEP-participating school systems, assists in planning program activities. The Committee functions in an advisory role ensuring that needs for services are identified, and that programs developed are consistent with those needs.

SECEP presently comprises five programs:

- The Re-ED Program the Autistic Children's Program (ACP),
- Educational and Behavioral Interventions for Challenging Students (EBICS),
- Tidewater Regional Alternative Education Program (TRAEP),
- Raising Expectations and Abilities for Children with Complex Health needs (REACH)

#### **Tidewater Aids Community Taskforce**

9229 Granby St. Norfolk, VA 23503 Phone: (757) 583-1317 http://www.theaidsfund.org/

#### Mission Statement:

The AIDS Fund is a private non-profit corporation whose purpose is to support and maintain the best quality of life for individuals infected and affected by HIV, and to reduce the overall incidence of HIV infection by providing education, information, HIV prevention, and support services to the general public especially those living with HIV/AIDS.

## Our History:

In 1983 when The AIDS Fund opened it's doors to the community, the outlook was grim for people diagnosed HIV positive. Our focus in those early days was on case management, respite support for family members and care givers and ultimately helping our clients die with dignity. As advances are made in the fight against HIV/AIDS, so does The AIDS Fund's focus. Today we support individuals and families affected by HIV/AIDS and give them hope for a brighter future. The AIDS Fund continually adds new programs and services to reflect the changing needs of our clients and their families.

In January 2010, The Williamsburg AIDS Network, (WAN) joined The AIDS Fund Family. Operating under the umbrella of The AIDS Fund will lower administrative costs and create greater accountability for the Williamsburg office. The Tidewater AIDS Community Taskforce, (TACT) and the Peninsula AIDS Community Taskforce, (PACT) currently operate under the umbrella of The AIDS Fund, Inc. The WAN name and unique place in Williamsburg institution will remain

## Our Words:

## Case Management:

The AIDS Fund's concern & care extends beyond the client to include the entire affected family unit. We provide critical services to ensure our clients and their families receive medical, financial and emotional care, thus ensuring a healthy life and brighter future. Case Managment Programs are supported by Ryan White Title I, Medicaid AIDS Waiver and HUD Funding. In the past 12 month, we provided services to more than 1,241 individuals.

## **Housing Assistance:**

The AIDS Fund provides both housing assistance and/or rental subsidies. We own and/or manage 5 transitional housing units throughout Hampton Roads, doing our part to break the cycle of homelessness.

## Meals Program:

Our Meals Program consists of 2 parts; a Food Pantry and Cooked/prepared meals. More than 9,000 meals were provided to our clients in need over the last year.

## Support Groups:

We provide 5 different support groups to better serve our clients and loved ones affected by HIV/AIDS. Each group is targeted to specific populations within the community.

#### Outreach:

Our qualified staff of 10 Outreach Specialists locate individuals who are infected with HIV and are not currently receiving care. Outreach Specialists work to reduce obstacles for these individuals to access proper medical care and all of our services.

## Ray of Hope:

This program is designed to develop job opportunities for our clients; provide training/educational/ and vocational opportunities; provide jobs and life skills training.

#### Education:

The AIDS Fund provides prevention & HIV Education programs to the general public and individuals at risk for HIV & STD's.

## Virginia Wesleyan College

1584 Wesleyan Drive Norfolk, VA 23502 (757) 233-8785 http://www.vwc.edu/

#### Our Mission:

The mission of Virginia Wesleyan College is to engage students of diverse ages, religions, ethnic origins and backgrounds in a rigorous liberal arts education that will prepare them to meet the challenges of life and career in a complex and rapidly changing world. In this endeavor, the college employs a wide range of approaches to teaching and learning and provides opportunities to connect the study of the liberal arts with practical learning experiences on campus, in the Hampton Roads region, and throughout the world. In accord with our United Methodist heritage, Virginia Wesleyan aspires to be a supportive community that is committed to social responsibility, ethical conduct, higher learning and religious freedom.

## **YWCA of South Hampton Roads**

5215 Colley Avenue Norfolk, VA 23508 (757) 625-4248 http://www.ywca.org

The YWCA South Hampton Roads was officially founded in 1911 to meet the changing needs of women in our community. We are a not-for-profit organization whose mission is to eliminate racism and empower women. The YWCA is the oldest and largest multicultural women's organization in the world. Women come to us in times of crisis, as survivors of rape or domestic violence.

- This past year alone, **Women in Crisis Domestic Violence Shelters & Programs** provided emergency shelter and transitional housing to 466 individuals fleeing intimate partner violence. We have a 24-hour Hotline which is staffed by crisis counselors 7 days a week.
- Each year the YWCA Kids Programs for Children assist over 225 working parents by providing subsidized child care for school age children at six different locations within the City of Norfolk.
- In 2006, our **Sexual Assault Support Services** staff was there for 1747 victims of sexual assault, providing crisis intervention, companion services, counseling and advocacy. The 24-hour Women's Help line responded to more than 3000 calls placed by women

needing assistance with sexual assault and domestic violence.

• Strengthened by diversity, **Racial Justice Advocacy & Initiatives** draws together those who strive to create opportunities for growth, leadership and power in order to attain a common vision: peace, justice, freedom and dignity for all people.

#### Onley, Virginia

## **Virginia Employment Commission**

25036 Lankford Highway Onley, VA 23418 (757) 302-2029

## Portsmouth, Virginia

#### **Department of Behavioral Healthcare Services**

300 Port Centre Parkway Suite 103 Portsmouth, VA 23704 (757) 393-8321 http://www.portsmouthva.gov

Since 1969, DBHS has worked with the other thirty-nine Community Services Boards throughout the Commonwealth of Virginia to provide comprehensive services. Advisory Board members are appointed by City Council and volunteer their time to be sure we are meeting the vision: "The citizens of Portsmouth will recognize the Department as a leader in professional behavioral healthcare and choose us because of our exceptionally effective, caring and affordable services."

The Portsmouth Department of Behavioral Healthcare Services (DBHS) provides prevention, treatment and support services that:

- Are consumer and family focused and community based
- Provide choice, involvement, and diversity
- Maximize full integration into community life in the least restrictive environment
- Are accessible, coordinated and comprehensive

#### **Department of Social Services, Portsmouth**

1701 High St # 101 Portsmouth, VA 23704 (757) 405-1800 http://www.portsmouthva.gov/socialservices

#### Mission Statement:

To enhance the quality of life by strengthening families and individuals, promoting safety, and self- sufficiency through agency programs and community partnership

## **Vision Statement:**

A healthy community of productive self-supporting and self-sufficient citizens, free from violence and dependency on public assistance

## **Services Offered:**

#### • Child and Family Services:

Foster Care

**Adoption Services** 

Family & Court Services

Child Protective Services

Comprehensive Services Act (CSA)

Daycare

#### Adult Services

**Protective Service** 

Companion Service

Adult Foster Care

Care Residences

Community Based Care & Nursing Home Placement

**VIEW Employment Program** 

## • Benefit Programs/Assistance

**TANIF** 

Food Stamps

Tax Relief

**Energy Assistance** 

Medicaid

**FAMIS** 

State and Local Hospitalization

General Relief

## Help Emergency and Response (H.E.R. Shelter)

P.O. Box 2187

Portsmouth, VA 23702

Office (757) 485-1445

24-HOUR HOTLINE (757) 485-3384

..... Dedicated to the Elimination of Domestic Violence

http://www.hershelter.com

## Our Mission:

The purpose of Help and Emergency Response, Inc. is to provide shelter and to engage in dedicated efforts to eliminate domestic violence.

Founded in 1985, Help and Emergency Response (H.E.R. Shelter) provides advocacy, support, and education to those who have been affected by domestic violence in the cities of Chesapeake and Portsmouth, VA.

Working under the belief that everyone is entitled to a violence-free life, H.E.R. Shelter also provides emergency shelter to 42 women and children every night and provides comprehensive programs to help them become self- sufficient.

The H.E.R. Shelter is a private, non-profit agency, certified by the United Way of South Hampton Roads, and the statewide coalition, Virginia Sexual and Domestic Violence Action Alliance (VSDVAA).

## Philosophy:

To empower women to break the cycle of violence and to become (or remain) healthy, productive, caring individuals whose strong sense of self- worth is directly transmitted to their children.

- We believe that women and children are entitled to a violence free life in a stable environment
- We believe that everyone deserves to be treated with respect and dignity
- We believe that we must be non-judgmental, open-minded, compassionate and positive in our work, serving as nurturing role models.
- We believe that we can inspire others to reach their ultimate potential, to establish a better life for themselves and their children

#### Our Hotline staff:

- Keeps your information confidential and private.
- Can help you with safety planning.
- Can offer referrals to counseling, legal services, housing, and other support

# Navy Marine Corps Relief Society Naval Medical Center Portsmouth

620 John Paul Jones Circle Bldg. 3, Room 4.1-127 Portsmouth, VA 23708 (757) 953-5956 http://www.nmcrs.org

Founded in 1904, the Navy-Marine Corps Relief Society is a private non-profit charitable organization. It is sponsored by the Department of the Navy and operates nearly 250 offices ashore and afloat at Navy and Marine Corps bases throughout the world.

## The Mission of the Navy-Marine Corps Relief Society:

To provide, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need; and to receive and manage funds to administer these programs.

#### Our Vision:

We are a private, non-profit, volunteer, service organization. As a Center of Excellence, we are committed to ensure that all available resources are used to assist personnel of the Naval Services - active, retired, and their eligible family members - to achieve financial self-sufficiency and find solutions to emergency needs.

#### **Tidewater Youth Services Commission**

2404 Airline Blvd.
Portsmouth, Virginia
(757) 488-9161
http://www.tyscommission.org/

## **About Us - Guiding Principles:**

While we are working to accomplish our mission, we are guided by the following principles:

- 1. While all youths have the capacity to change, the work of helping them to reach their potential is complex and uncertain. Therefore, we have to remain flexible and open to alternative approaches. When we are working with our clients to develop a problem-solving method that works for them, our commitment to them must be unequivocal.
- 2. We are spending the public's money. We need to spend their money carefully and should always be willing and able to account for how these funds have been expended.
- 3. The clients we serve are the reason for our existence. We respect their dignity and their right to self-determination. They have an absolute right to our best efforts and our honesty. Our adherence to professional ethics should be beyond reproach.
- 4. We are committed to upholding the principles of non-discrimination in the course of our agency's work.
- 5. Our organization and its staff should always model the kind of behavior we are promoting for our clients.
- 6. The families from which our identified clients come are critical to our clients' progress toward self-sufficiency. Therefore, our clients should always be treated within the context of their family system.
- 7. When it becomes apparent that one of our clients cannot be reintegrated into his or her birth parents' home, our goal is to find an alternative living setting for him or her, or to train the young person for independent living.

8. We are committed to being a learning organization that evaluates its outcomes, is open to new ideas and works to develop the skills of its staff members.

## The Up Center

1805 Airline Blvd Portsmouth, VA 23707-3912 (757) 397-2121 www.theupcenter.org

## Our Mission is Uniquely Personal:

We envision a strong community in Eastern Virginia comprised of healthy children, healthy families, and healthy individuals of all ages. Simply stated, our mission is to help people live better lives.

#### Our Vision is Unabashedly Proactive:

Since 1883 this organization has identified and responded to the ever-changing needs of this community's most vulnerable individuals. From families in crisis to individuals with disabilities, from finding homes for abused children to assisting those in financial distress, we will continue to be the leading provider of innovative and effective personalized programs and services. For 127 years, The Up Center has identified and responded to the ever-changing needs of our community. From infancy to the senior years, we provide innovative and effective programs and services including:

- Foster Care and Adoption
- Parent Education
- Family Strengthening Programs
- Youth Mentoring
- Financial and Housing Counseling
- Job Training
- Services for People with Disabilities
- Veterans Counseling
- Support for Seniors
- Violence Prevention
  - .....and so much more.

Our services are offered when and where they are needed—in homes, in offices, in schools and out in the community. Most programs are free or offered on a sliding fee scale. The Up Center serves as a nonprofit United Way Community Partner agency. We are formerly known as Child & Family Services of Eastern Virginia.

Pulaski, Virginia

## **Pulaski County Department of Social Services**

James C. Wallis, Director
53 Commerce Street
P.O. Box 110
Pulaski, VA 24301-0110
(540) 980-7995
http://www.dss.state.va.us/localagency/

## Virginia Department of Social Services Mission:

People helping people triumph over poverty, abuse and neglect to shape strong futures for themselves, their families and communities.

## Virginia Department of Social Services Vision:

A Commonwealth in which individuals and families have access to adequate, affordable, high quality human/social services that enable them to be the best they can.

## Richmond, Virginia

#### **CARITAS**

P.O. Box 25790 Richmond, VA 23260 (804) 358-0964 http://www.caritasshelter.org

#### Mission Statement:

CARITAS mobilizes Greater Richmond through its congregations to protect individuals and families in crisis and empowers those who strive for housing independence.

CARITAS is a Richmond-area collaborative network of persons living out a fundamental desire to do good for one another. Congregations, volunteers, businesses, funders, service providers, and agency staff all work together to nurture persons who are in critical need of help.

CARITAS is a faith response that provides for the most basic needs of people who are suffering--food and shelter, home furnishings, and employment.

CARITAS has successfully responded to the human needs in our community while resisting the tendency to institutionalize homelessness.

CARITAS is constantly evolving, parlaying inspiration and passion into programing that permits faith to beget service.

Browse our site and learn more about our people, programs and accomplishments. We hope that you will then join us in fostering the growth of this network of loving people seeking to serve others.

Department of Veteran Affairs Richmond VA Medical Center 1201 Broad Rock Blvd. Richmond, VA 23249 (804)675-5000 http://www.richmond.va.gov/

Since 1946, the Richmond VAMC has been improving the health of the men and women who have so proudly served our nation. We consider it our privilege to serve your health care needs in any way we can. Services are available to more than 200,000 veterans coming from 52 cities and counties covering 22,515 miles of central and southern Virginia and parts of northern North Carolina.

## Roanoke, Virginia

## Department of Juvenile Justice, 23-A Court Service Unit

215 Church Avenue Roanoke, VA 24016 (540) 853-2565 http://www.djj.virginia.gov/Facilities.aspx?DistrictID=54

#### Mission:

To protect the public through a balanced approach of accountability and comprehensive services that prevent and reduce delinquency through partnerships with families, schools, communities, law enforcement, and others, while providing opportunities for delinquent youth to become responsible and productive citizens.

#### Vision:

Successful youth, Strong families, Safe communities

The CSU works closely with community groups and programs such as Boys & Girls Club, Sanctuary Crisis Intervention Center, Total Action Against Poverty, GED programs, Vocational Training Programs, and various counseling and human service agencies.

Serving the largest Virginia city west of Richmond, the 23-A Court Service Unit, provides juvenile probation, parole, and intake services. Comprehensive pre-dispositional reports are prepared to assist the Court in making decisions regarding the juveniles before the Court. The CSU utilizes a diagnostic approach in the development and preparation of these reports including the use of the balanced approach philosophy and graduated sanctions in their recommendations.

VJCCCA funded services for court-involved youth include assessment and brief intervention, anger management, extended day services, intensive supervision, outreach detention, and pre and post dispositional electronic monitoring.

Individual and group substance abuse education and relapse prevention services for identified youth are provided, along with community service opportunities consisting of Court-ordered work projects in increments of eight hours for a variety of code-mandated offenses.

Diversion is utilized to address delinquent complaints for which the intervention of the Court does not appear to be essential. The CSU maintains a 21% diversion rate of all criminal intake complaints. Volunteer services provided by Youth Support Services to support diversion. Include individual counseling, offense education, anger management, shoplifters group and family advocacy.

#### **The Burrell Center**

611 McDowell Avenue Roanoke, VA 24016 (540) 981- 9351/9352 http://www.brbh.org/

#### Mission Statement:

The mission of Blue Ridge Behavioral Healthcare is to provide quality community-based services that prevent and address mental health disorders, intellectual disabilities, and substance disorders.

The following are the values we hold up as important to us:

- The people we serve are our top priority.
- Our employees are our most valuable resource.
- Everyone has the right to be treated with respect and to participate fully in decisions that affect his or her life.
- We provide timely services in the least restrictive setting, that are accessible, affordable, efficient, and adaptable to individual needs.
- We collaborate with the individuals we serve, their families, and other providers in the community to achieve mutual goals and to maximize limited resources.
- We value fairness and diversity and are committed to cultural competence in our workplace and in our community.

- We adhere to ethical standards and professional codes of conduct.
- We are responsible and honest, and respect confidentially in dealing with individuals we serve and with each other.

Blue Ridge Behavioral Healthcare (BRBH) is one of forty Community Services Boards established under the Code of Virginia to provide comprehensive services for individuals who have mental health disorders, intellectual disability, or substance use disorders. We are charged also with continuously monitoring and evaluating our services to ensure their cost effectiveness and applicability to current citizen needs. BRBH operates multiple programs throughout the Roanoke Valley with over 400 employees working to provide or support our services. We are proud to have served our community for almost forty years.

## Rustburg, Virginia

Youth, Adult and Community Services and Campbell County Social Services P.O. Box 100
Rustburg, VA 24588
(434) 332-9572
http://www.co.campbell.va.us/Pages/index.aspx

The Youth, Adult and Community Services Department was created in 2003. This department oversees an array of services throughout the county related to youth needs, services to seniors, and volunteer programming.

The following areas of service are coordinated through this department:

#### Comprehensive Services Act (CSA):

The Comprehensive Services Act is a Virginia law designed to help troubled youth and their families. Through a collaborative system of services and funding that is child centered, family focused and community based, local teams review the strengths and needs of troubled and at risk youth and their families.

Visit the local Campbell County CSA web page for more information.

## Retired and Senior Volunteer Program (RSVP):

RSVP is part of Senior Corps, a network of national service programs that provides older Americans the opportunity to apply their life experience to a diverse range of non-profit organizations and agencies. The Campbell County program has been in existence for more than 30 years. RSVP is open to people age 55 and older. Currently there are approximately 300 local volunteers serving more than 40 local agencies.

Visit the RSVP web page for more information.

## Virginia Juvenile Community Crime Control Act (VJCCCA):

The Virginia Juvenile Community Crime Control Act provides state funding for juvenile justice oriented programs or services that provide an alternative to secure detention.

Visit the Virginia Juvenile Community Crime Control Act web page for more information.

## Staunton, Virginia

New Directions Center P.O. Box 3069 Staunton, VA 24401

(540) 885-7273

http://www.newdirectionscenter.com/

#### Mission Statement:

New Directions Center, Inc. works to reduce the impact and occurrence of sexual, emotional and physical violence by providing support services and raising community awareness.

New Directions Center, Inc., a United Way agency, is a non-profit community organization which provides crisis intervention, emergency housing, food, clothing and transportation to women, children and men impacted by emotional, physical and sexual violence in the Staunton, Waynesboro, Augusta County and Highland County areas.

New Directions Center, Inc. was created on July 1, 1996 by the merging of The Blue Ridge Sexual Assault Center and Alternatives for Abused Adults. It is our belief that persons have a right to live free and determine their own response to emotional, physical and sexual violence.

## Suffolk, Virginia

Suffolk Probation and Parole 425 W. Washington Street 2<sup>nd</sup> Floor Suffolk, VA 23434 (757) 925-2278

Serving the County of Isle of Wright, the City of Suffolk and the Town of Smithfield <a href="http://www.vadoc.state.va.us/about/">http://www.vadoc.state.va.us/about/</a>

#### Offenders:

The Virginia Department of Corrections enhances public safety by controlling and supervising sentenced offenders in a humane, cost-efficient manner, consistent with sound correctional principles and constitutional standards.

#### **Community Corrections:**

Community Corrections consists of a central office staff to support the field, three regional offices statewide supervising Probation and Parole Districts and Day Reporting Programs and Community Facilities which consists of Detention Centers and Diversion Centers.

Community Corrections' primary goal is public safety. In Virginia, public safety is defined as the quality of life that allows our citizens to feel secure in their everyday lives by being free from

danger, injury and damage caused by those who choose not to obey the law. Our approach to this goal through professional supervision of offenders under our purview is "A Balanced Approach." This practice emphasizes the dual role of providing supervision and services for probationers and parolees.

In addition, Virginia provides a wide range of residential and non-residential sanction and sentencing options.

## Virginia Beach, VA

American Cancer Society 4416 Expressway Dr. Virginia Beach, VA 23452-1135 (757) 493-7940

http://www.cancer.org

#### Who We Are:

Together with our millions of supporters, the American Cancer Society (ACS) saves lives and creates a world with less cancer and more birthdays by helping people stay well, helping people get well, by finding cures, and by fighting back.

The American Cancer Society is a nationwide, community-based voluntary health organization dedicated to eliminating cancer as a major health problem. Headquartered in Atlanta, Georgia, the ACS has 12 chartered Divisions, more than 900 local offices nationwide, and a presence in more than 5,100 communities.

#### American Cancer Society Mission Statement:

The American Cancer Society is the nationwide, community-based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service.

Helping You Stay Well:

We help you take steps to prevent cancer or find it at its earliest, most treatable stage.

Helping You Get Well:

We're in your corner around the clock to help you through every step of a cancer experience.

Finding Cures:

We fund and conduct research that helps us better understand, prevent, and cure cancer.

Fighting Back:

We work with lawmakers to pass laws to defeat cancer and rally communities worldwide to join the fight.

#### Access to Care:

We're working every day to create a world with less cancer and more birthdays. But we can't continue our progress while millions of underinsured and uninsured Americans don't have access to lifesaving cancer care. Learn more about what we're doing to ensure everyone has access to quality health care and how you can help.

# **Navy-Marine Corps Relief Society**

JEBLCFS –Little Creek Office 1481 D Street Suite 103 Virginia Beach VA 23459 (757) 462-1596 http://www.nmcrs.org/

The Mission of the Navy-Marine Corps Relief Society:

To provide, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need; and to receive and manage funds to administer these programs.

## Our Vision:

We are a private, non-profit, volunteer, service organization. As a Center of Excellence, we are committed to ensure that all available resources are used to assist personnel of the Naval Services - active, retired, and their eligible family members - to achieve financial self-sufficiency and find solutions to emergency needs.

Founded in 1904, the Navy-Marine Corps Relief Society is a private non-profit charitable organization. It is sponsored by the Department of the Navy and operates nearly 250 offices ashore and afloat at Navy and Marine Corps bases throughout the world.

The Society provides need based financial assistance to eligible recipients in the form of:

- Interest-free loans and grants
- Scholarships and interest-free loans for education.

In addition, the Society offers the following services:

- Financial Counseling
- Budget for Baby Workshops
- Thrift Shops
- Visiting Nurse Services

#### The Society can help:

- Active duty and retired active and reserve component Sailors and Marines
- Eligible family members of active duty and retired active and reserve component Sailors and Marines who died
- Reservists on extended active duty greater than 30 days
- Indigent widows and mothers (65 years or older) of deceased service members who have limited resources and no family to provide for their welfare
- Ex-spouses who have not remarried and whose marriage to a service member lasted for at least 20 years while the service member was on active duty.

#### **Pendleton Child Service Center**

2473 North Landing Road Municipal Center, Bldg. 23-A Virginia Beach, VA 23456 (757) 385-4537

http://www.vbgov.com

Department: Human Services

Pendleton Child Service Center (PCSC), a division of the Virginia Beach Department of Human Services, is a short-term, multi-disciplinary, family-oriented community service program designed to assist children between the ages of 5 and 12 and their families. PCSC uses a cognitive-behavioral approach to behavior modification, which provides support for families and direction for children when they feel lost and overwhelmed.

At PCSC, children who demonstrate behaviors like aggression, lying, stealing, temper tantrums, lack of social skills and poor academic achievement are given the resources to make positive changes in their behaviors and sustain success.

## Planned Parenthood of Southeastern Virginia Newtown Medical center

515 Newtown Road Virginia Beach, VA 23462 (757)499-7526 http://www.plannedparenthood.org

Planned Parenthood Federation of America

#### Mission Statement:

## A Reason for Being

Planned Parenthood believes in the fundamental right of each individual, throughout the world, to manage his or her fertility, regardless of the individual's income, marital status, race, ethnicity, sexual orientation, age, national origin, or residence. We believe that respect and value for diversity in all aspects of our organization are essential to our well-being. We believe that reproductive self-determination must be voluntary and preserve the individual's right to privacy.

We further believe that such self-determination will contribute to an enhancement of the quality of life and strong family relationships.

Based on these beliefs, and reflecting the diverse communities within which we operate, the Mission of Planned Parenthood is:

- to provide comprehensive reproductive and complementary health care services in settings which preserve and protect the essential privacy and rights of each individual
- to advocate public policies which guarantee these rights and ensure access to such services
- to provide educational programs which enhance understanding of individual and societal implications of human sexuality
- to promote research and the advancement of technology in reproductive health care and encourage understanding of their inherent bioethical, behavioral, and social implications

## Who We Are:

Planned Parenthood is the nation's **leading sexual and reproductive health care provider and advocate**. Planned Parenthood also works with partner organizations worldwide to improve the sexual health and well-being of individuals and families everywhere.

Planned Parenthood has 79 independent local affiliates that operate nearly **800 health centers** throughout the United States, providing high-quality services to women, men, and teens. Planned Parenthood often is the only source of family planning for a large proportion of the women we serve.

#### **Recovery for the City**

3333 Virginia Beach Blvd # 28 Virginia Beach, VA 23452 (757) 456-0093 http://www.r4ci.com

Recovery for the City works to help those struggling with various forms of addictions, and sponsors 12-Step groups for both adults and teenagers.

#### Mission Statement:

Recovery for the city is a faith-based organization that exists to promote and develop spiritual recovery around the world.

Recovery for the City International a non-profit organization which receives donations in order to start international programs.

#### Vision Statement:

Our vision is to help both the individual and cluster groups organize leadership for recovery. We sell books, produce seminars and give apprenticeships. We believe God has called us to reproduce the "Recovery for the City" model internationally in order to help as many people as possible.

Founded by Dr. Paul Hardy, Recovery for the City, a faith-based 501 (c) (3) non-profit organization, began in 1998 as an alternative program for people struggling with addictions and compulsive behaviors, and to deal with their issues in safe, small groups. The program is dedicated to providing both safe places and the various tools needed for recovery from addiction, one family at a time.

For over thirteen years Dr. Paul Hardy has championed for those who struggle with addictions and compulsive behaviors, and is considered an expert in the field of addiction recovery with his unique and specialized intervention methods that reveal how personal beliefs affect behavior. Dr. Paul is certified in Critical Incident Stress Management and Drug and Alcohol Intervention. Working with the Virginia Beach Police Department, Dr. Hardy serves to help people exposed to trauma. Both the Navy Brig and the Department of Corrections of Virginia have called on him for the development of treatment programs. He provides relapse prevention training for men coming out of the prison system and for the homeless.

We hold weekly meetings at the Life Center on Centerville Turnpike and Kempsville Rd. (Tuesday and Thursday nights). Thousands of people have been helped through the safe, small group atmosphere we provide. We began with two couples and in no time at all were working with over 40 people. Today we have 7programs with a combined attendance of 250 people meeting on a weekly basis. Off- site counseling is also offered through Dr. Paul Hardy.

#### **Samaritan House**

2620 Southern Blvd. Virginia Beach, VA 23452 Phone: (757) 631-0710

24 Hour Crisis Hotline: (757) 430-2120

http://www.samaritanhouseva.org/

#### Our Mission:

Samaritan House is committed to fostering personal safety, growth and self-sufficiency in adults and their children through freedom from domestic abuse and homelessness.

Samaritan House was founded in 1984 to help a growing number of families who are often faced with the awful choice between paying rent or buying groceries – and with the very real possibility that they could become homeless. Soon a "grass roots" effort among concerned individuals, churches, and the City of Virginia Beach to established a network of single-family houses for temporary shelter to provide support, services and resources to get these families back on their feet.

Since then, Samaritan House has grown a great deal to continue to meet the needs of families facing the crisis of domestic violence and homelessness.

We are a non-profit organization that offers family safety while helping adults and their children regain control of their lives.

We provide a range of services for those who have been victims of domestic violence and homeless families.

Samaritan House is more than a temporary safe place to call home; it is a place to begin a new and better life.

## **Seton Youth Shelters**

Administrative Office 3333 Virginia Beach Boulevard, Suite 28, Virginia Beach, VA 23452 (757) 963-5795 http://www.setonyouthshelters.org/ (New website coming soon)

#### Mission Statement:

Seton Youth Shelters shall provide a safe haven, counseling and outreach services, 24 hours per day, without charge, to assist youth in crisis throughout Hampton Roads, with the goal of reuniting families.

Seton Youth Shelters is the primary resource in Hampton Roads for and about teenagers ages 9-18. It uses a continuum of services ranging from preventive —Life Strategies coaching to temporary shelters to outreach to kids living on the street. Eventually Seton Youth Shelters will be instrumental in breaking the cycle of dysfunctional families.

Every year Seton Youth Shelters takes in local youth who don't possess food, clothing, or a roof over their heads; who are in such despair or crisis that the street looks better than their bed at home, some are even considered —throwaways because their parents just don't want them anymore.

Since opening in 1985, Seton Youth Shelters has provided shelter and counseling services for at risk youth, ages 9 to 18. Recognized as being the resource for teens in the Hampton Roads community, we work with youth to help them regain self- esteem by using a positive youth development approach.

Seton Youth Shelters also operates a 24-hour crisis hotline, (757) 498-HELP, and offers individual and family counseling for adolescent girls and boys and their families, as well as, parent support and outreach programs.

Our crisis counseling services are available 24 hours a day, 365 days a year, at no charge. Some facts and figures:

• Over 40 percent of the teens who are provided shelter have experienced sexual or physical

abuse and/or neglect.

- These youth are not in trouble with the law; they are not forced to come in for help; they want to succeed; they strive to be able to return home to their families and they work towards future goals.
- Happily, 94 percent of youth who receive shelter and counseling services are reunited with their families and are better able to resolve conflicts which often occur as a young person deals with the issues of growing into adulthood and becoming independent.

## **Special Olympics Virginia**

184 Business Park Dr. #20 Virginia Beach, VA 23462 (757) 962- 1575 http://www.specialolympicsva.org

#### Mission:

Special Olympics provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

#### Purpose:

By using sport as a vehicle for social change, Special Olympics Virginia strives to create opportunities for meaningful interaction and self-discovery for everyone. The organization's goal is to open the heart and mind of every Virginian to the value and abilities of persons with intellectual disabilities. Special Olympics Virginia is the state program of Special Olympics Incorporated.

United Methodist Family Services Tidewater Regional Center

815 Baker Road, Suite # 201 Virginia Beach, VA 23462 (757) 490-9791

Email: <a href="mailto:tidewater@umfs.org">tidewater@umfs.org</a>
<a href="http://www.umfs.org">http://www.umfs.org</a>

#### Our Mission:

Touch a life. Create a future.

#### Our Vision:

We see a world where children and families are empowered to reach their full potential.

UMFS has learned what it takes to bring a troubled teen back from the brink, to fill a void for a caring family and a child without a home and to provide true comfort for those facing the complications of advancing age. From intensive treatment to adoption, we provide a network of services across the Commonwealth of Virginia. We invite you to explore our website and discover how we are touching lives every day.

## Our Principles:

We have distinctive core beliefs and values built over a century of ministry serving children and families in our communities – these are defined by our principles listed below:

- 1. We focus on the whole person by promoting spirituality as well as physical, emotional, and intellectual well-being.
- 2. We are committed to ethical strength-based practices.
- 3. We believe every child deserves caring relationships and lifelong connections.
- 4. We are passionate about continuous learning and take our role as community leaders very seriously.
- 5. We innovate and take risks to find creative solutions to difficult issues facing children, families, and communities.
- 6. We believe our heart and expertise are the core of our success.
- 7. We continually challenge ourselves to achieve the highest quality customer service and outcomes.
- 8. We actively partner with others to better serve children, families, and communities.

## Virginia Beach Child Protective Services Social Services

3432 Virginia Beach Blvd. Virginia Beach, VA 23452 (757) 437-3200 http://www.vbgov.com

Department of Human Services, Social Services Division

## Social Services:

The Social Services Division aids citizens in meeting their fundamental needs during times of temporary economic and social crisis, to protect our children and vulnerable adults from abuse and neglect, to administer a range of services to help maintain families in the least restrictive and intrusive manner possible, and to assist in preparing citizens to find and retain employment.

## **Child Protective Services:**

When a local department of social services receives a report of suspected child abuse or neglect, the agency must decide whether the report meets the legal definition of child abuse or neglect. Under the law, an abused or neglected child is any child under 18 whose parent, or other person responsible for the care of the child:

- causes, or threatens to cause, a physical or mental injury except for an accident
- fails to provide adequate food, clothing, shelter, or medical care
- abandons the child
- fails to provide the kind of supervision necessary for a child's age or level of development
- commits, or allows to be committed, any illegal sexual act involving the child (including
- incest, rape, fondling, indecent exposure, prostitution) or allows the child to be used in
- any sexually explicit visual material

# Virginia Beach Department of Human Services, Intellectual Disabilities Division Developmental Services

297 Independence Blvd Pembroke 6, Suite 218 Virginia Beach, VA 23462 (757) 385-0600 http://www.vbgov.com

Department of Human Services, Developmental Services Division

## **Developmental Services:**

The Mission of the Developmental Services Division is:

To plan, develop, and implement services for Virginia Beach residents with intellectual disabilities and their families.

This mission is achieved through the provision of consumer centered services designed to: Provide opportunities to individuals who have an intellectual disability to become self-directing and contributing members of our community. Support families living with family member with an intellectual disability.

Provide early intervention when developmental delays are identified in young children. Promote the value of persons with intellectual disabilities living and working in the community.

#### **Youth Career Services of Hampton Roads**

4554 Virginia Beach Blvd.
Pembroke Mall, Suite 750
Virginia Beach, VA 23462
(757) 233-8686
http://www.myyouthcareercenter.org/

We want to help you find a Career.

Located within Pembroke Mall in Virginia Beach, the Youth Career Center provides career guidance and workplace readiness skills training to Hampton Roads youth aged 14-21. Youth are able to participate in career development workshops, employer networking opportunities, practical experience fairs, and much more!

#### Warrenton, Virginia

Family Focus Counseling, Inc. 20 John Marshall St # B Warrenton, VA 20186-3214 (540) 349-4537 http://www.familyfocusva.com/

Family Focus Counseling Services P.C is licensed by the State of VA, as an Out-Patient Mental Health and Substance Abuse Counseling Facility and has a Certified Batterer Intervention Program. It was established in 1985 as a private practice and became a professional corporation in 1989.

Family Focus Counseling Services P.C. has a well- qualified staff which averages over 14 years of experience in the field. Our counselors come from diverse backgrounds including inpatient treatment for Mental Health and Substance Abuse issues and Juvenile Probation. Our Administrative and secretarial staff has over 15 years in accounting and business management experience.

Family Focus Counseling Services P.C. is committed to working with the individual and when necessary, with lawyers and appropriate community agencies in a cooperative team effort to best meet the needs of our potential clients.

# <u>Family Counseling Services with A Tradition</u> of Excellence:

- Adults & Adolescences
- Certified Batterer Intervention Program
- Individual, Marital & Family Counseling
- Licensed Outpatient Mental Health Facility
- Licensed Outpatient Substance Abuse Facility

#### Warsaw, Virginia

Middle Peninsula Northern Neck Community Services Board:
Northern Neck Center –Warsaw Counseling Center
414 Main Street
Warsaw, VA 22572
(804) 333-3526
http://www.mpnncsb.org/

#### Mission Statement:

The mission of the Middle Peninsula-Northern Neck Community Services Board is to provide comprehensive clinical and support services to those who need us.

We measure and assess their needs, plan for their effective treatment, and assemble the necessary resources to ensure that our services are the best they can be. We seek the participation and consent of those we serve.

We inform and educate the public about the nature of disabilities and the services we offer to help those with disabilities attain their personal goals. We actively advocate for the prevention of emotional and developmental disabilities, while promoting awareness of the dignity and value of those with such disabilities.

We maintain the highest professional standards, performing our services with competence, compassion, patience, and fairness.

The Middle Peninsula Northern Neck Community Services Board is one of 40 such boards across Virginia providing services related to mental health, intellectual disabilities, substance use, prevention, and early intervention. We serve the ten counties of the Middle Peninsula and Northern Neck, a region of approximately 2,200 square miles and home to over 141,000 individuals.

## Williamsburg, Virginia

#### **Child and Family Connection**

348 Mclaws Circle Unit 3 Williamsburg, VA 23185 (757) 229-7940 http://www.ctrchildfamilyservices.org

#### Our Mission:

Child and Family Connection links families, children, and caregivers to resources that nurture children's positive development

Child and Family Connection, formerly Child Caring Connection, is a program of the Center for Child and Family Services, Inc. We provide a variety of resources, services, and training to help families and caregivers raise confident, competent, and happy children.

The Center for Child & Family Services is a non-profit community service organization located in the Hampton Roads Virginia area. We have been providing counseling and support services to the community since 1943. Annually, the Center provides services to over 10,000 people—it is our mission to deliver quality counseling programs and support services that empower individuals and families to improve their lives. The Center provides services in two locations (Hampton and Williamsburg). The Center like many other non- profits, has had to be resourceful in order to meet the needs of the community. With the hard economic times facing

everyone, the demand for service is increasing with fewer resources. It is our goal to meet the community need by providing cost efficient services in an outcome driven approach. We welcome you to our home page and hope you will explore our three family of programs below. As you will see the Center offers over 18 different services with over 50+ service activities.

## VA Department of Rehabilitation Services

Department of Rehabilitative Services 925-B Capitol Landing Road Williamsburg, VA 23185 (757) 253-4817 http://www.workworld.org

#### Winchester, Virginia

## **Frederick County Department of Social Services**

107 N. Kent St., Third Floor Winchester, VA 22601 (540) 665-5688 http://co.frederick.va.us/socialservices/index.htm

The Frederick County Department of social services provides case management and financial assistance to support and empower individuals and families. The agency serves as an advocate for vulnerable adults, children and families and works collaboratively with other community agencies to identify, link and provide services and resources to our needy citizens.

## Wytheville, Virginia

## **Mount Rogers Community Services Board**

770 West Ridge Road Wytheville, VA 24382 (276) 223-3200 http://www.mtrogerscsb.com

Mount Rogers Community Services Board provides a wide array of community services for individuals with mental health, intellectual and developmental disabilities, and substance use disorders. All services include the use of person-centered planning and embrace concepts of self-determination, empowerment, and recovery as core principles in supporting individuals to achieve their highest possible level of participation in work, relationships, and all aspects of community life.

Mount Rogers Community Services Board is dedicated to improving the quality of life for people with mental, physical and substance use intervention needs and committed to respecting people's right to live in their home communities by promoting hope for the future and providing services and supports that promote self-determination, empowerment, recovery, resilience, health, and the highest possible level of consumer participation in all aspects of community life including work, school, family and other meaningful relationships.

#### **OUT OF STATE INTERNSHIP SITES**

**Arizona: Cottonwood** 

#### **Catholic Charities**

736 N. Main Street Cottonwood, AZ 86326 (928) 634-4254 http://www.catholiccharitiesaz.org

## Our Mission:

Helping our community's most vulnerable with solutions that permanently improve lives

Providing help. Creating hope. Serving all. It is what we do. We have been doing it in Arizona for more than 75 years. What began in 1933 to advocate for children and to serve people suffering through the Great Depression, has expanded to an array of programs serving our most vulnerable residents throughout Central and Northern Arizona.

We are one of the major social service agencies of the Diocese of Phoenix. Our mission of service is founded in Scripture: Jesus called upon his disciples to feed the hungry, give drink to the thirsty, clothe the naked, care for the sick, welcome the stranger, and minister to the imprisoned.

We reach out to thousands of people, regardless of their race, ethnicity, economic status, or religious affiliation, to:

- Shelter the homeless and abused
- Protect and nurture children
- Strengthen and reunify families
- Welcome and assist refugees
- Aid those in crisis, and
- Help the impoverished

#### Our Values:

Catholic Charities Community Services operates within the principles of its faith tradition and our values\_are based on Catholic Social Teaching. While we do not provide services that are contrary to the teachings of the Catholic Church, we respect the religious beliefs and values of all clients, staff and volunteers. We welcome employees, volunteers and clients regardless of background or religion.

Arizona: Prescott

**Good Samaritan Society- Prescott Hospice** 

1065 Ruth Street Prescott, Arizona 86301 (922) 778-5655 http://www.good-sam.com

## Hospice care (Home & community):

In this journey, one need not walk alone.

Hospice care provides comfort and care to terminally ill patients and their families during the final stages of life. Hospice is a comprehensive program of comfort or palliative care, based on the belief that every day has meaning and that providing freedom of pain, fear and uncertainty enhances the quality of life for those facing the end of life.

Care at the end of life may involve a combination of home care, hospitalizations, hospice and palliative care. Learning about these options empowers one to make informed, meaningful and personal choices that are right for you and/or loved ones.

The Good Samaritan Society strives to go beyond relieving pain, knowing that it's not about the number of days in a life but rather, adding life to those days.

We understand that it is difficult to say goodbye or to let go of someone dear. At this time it is important to be surrounded by caring professionals who will be there to guide and serve the client and their family. Whether it be supporting, guiding, managing the disease process or simply holding one's hand in prayer.

Hospice is a philosophy of care that recognizes death as the final stage of life. It seeks to enable a person to continue alert, pain-free living so their last days are dignified, comfortable, filled with quality and surrounded by loved ones.

Hospice care may be an appropriate choice when a client can no longer benefit from curative treatments and has a limited life expectancy, as diagnosed by a physician. Hospice service begins when the client, physician and family decides that it is best. If the client or family member's situation changes, the client's condition improves or the disease goes into remission the client can be discharged from hospice services, yet resume services at a later date if needed.

#### **Northland Cares**

3112 Clearwater Drive Suite A Prescott, AZ 86305 (928) 776-4612 <a href="http://northlandcares.org/">http://northlandcares.org/</a>

Northland Cares is a community based HIV/AIDS Service Organization located in Northern Arizona.

#### Northland Cares Mission is:

"To improve the quality of life of those infected and affected by HIV/AIDS through care and education for those communities we serve"

(Site under construction)

**Arizona: Prescott Valley** 

Stepping Stones Agencies 6719 E. 2nd Street Suite A Prescott Valley, AZ 86314 (928) 772-4184 http://www.steppingstonesaz.org

In 1980, Stepping Stones opened its doors as Northern Arizona's first shelter for women and their children. We provide a blend of therapeutic & advocacy responses to women and their children seeking help from many forms of abuse, victimization and homelessness.

Stepping Stones provides:

- Free 24/7 emergency shelter
- Transitional housing
- Educational and support groups
- Job training
- 24/7 live HelpLine
- Guidance and support from specially trained advocates

All of these resources are supported by our generous community partners, donors, volunteers and the Stepping Stones Social Enterprise Projects.

Georgia: Athens

# **Project Safe, Inc.**

995 Hawthorne Ave Athens, GA 30606-2175 (706) 549-0922 http://www.project-safe.org

Project Safe is a 501c3 non- profit organization working to end domestic violence through prevention and educational programs, crisis intervention and ongoing supportive services for survivors of domestic violence and their children, and advocacy/ systems change work in our community. Founded in Athens, GA first as a network of safe houses, and later as a confidentially located emergency shelter and hotline, Project Safe has expanded over the years to better meet the needs of those seeking to put the pain and horror of abuse behind them. Today, our services range from short term crisis counseling on the hotline to long term support through our Follow Up and Transitional Housing programs. Although the majority of our clients come

from Athens and the surrounding area, we're a routing point for a national hotline, and assist women and children from across Georgia and out of state. Project Safe's emergency shelter is confidentially located, but we conduct outreach services at the Family Protection Center on Lexington Rd.

Illinois: Palos Heights

## Arden Courts Alzheimer's Assisted Living of Palos Heights

7880 W College Drive Palos Heights, Illinois 60463 (708) 361-8070

http://www.hcr-manorcare.com/Home/AlzheimersCare/tabid/144/Default.aspx

We offer specialized Alzheimer's care for people with Alzheimer's disease and related memory impairment. Our specialized settings and services help us meet the very special needs of people in various stages of the disease. We work closely with family members to provide support and counseling.

Michigan: Flint

## **Genesee County Probation**

816 Beach St Flint, MI 48502-1106 (810) 257-3524

http://www.co.genesee.mi.us/index.htm

The Circuit Court Probation Office is a statutorily created department under the State Department of Corrections. The Department is responsible for the conducting of pre-sentence investigations for the Seventh Circuit Court and the supervision of all felony probations.

**North Carolina: Manteo** 

# Guardian ad Litem - A Child's Advocate in Court

P.O. Box 1000 Manteo, NC 27954 (252) 475-5587

http://www.nccourts.org

Welcome to our pages! If you have arrived here, it is because you are at least curious about how you could help an abused or neglected child... and you can. Throughout North Carolina, we always need more volunteers to be a voice for the children who find themselves the subject of court cases. We provide training to make sure you are at ease in your role, and as a volunteer Guardian ad Litem you will be in court as a team member with a trained attorney advocate. Since 1983, the North Carolina Guardian ad Litem (GAL) program has served the best interests of thousands of children. Many were able to return home, some now live with other family

members, still others have been adopted. What we try to ensure is that all of the children we represent remain safe, and that their homes are permanent.

In the past fiscal year, 5,139 trained volunteers served 15,292 children. These children were in court because a petition had been filed stating they were abused or neglected. The number of volunteers advocating for children is greater than the preceding year, and a record number of hearings were scheduled - 54,117.

In 1983, the N.C. General Assembly established the Office of Guardian ad Litem (GAL) Services as a division of the N.C. Administrative Office of the Courts. N.C. General Statute 7B-601 specifies the appointment and duties of the Program. As outlined, when a petition alleging abuse or neglect of a juvenile is filed in district court, the judge appoints a volunteer Guardian ad Litem advocate and an attorney advocate to provide team representation to the child, who has full party status in trial and appellate proceedings. All Guardian ad Litem advocates are supervised, supported and trained by program staff in each county of the state. Through this collaborative model involving Guardian ad Litem attorney advocates, volunteers and staff, all North Carolina children who are alleged by the Department of Social Services to have been abused or neglected receive Guardian ad Litem legal advocacy services.

The role of Guardian ad Litem advocates is to:

- Fulfill state and federal statutory mandates to protect and promote the best interests of juveniles in abuse and neglect court proceedings
- Help move children out of the court system in a timely manner and into a safe permanent home
- Conduct independent investigations to determine the facts, needs of the child and the resources appropriate to meet those needs
- Determine the wishes or expressed preferences of the child and report those to the court
- Provide a voice for abused and neglected children in every county of the state

**North Carolina: Wilmington** 

# **Christian Women's Job Corps (CWJC)**

20 N. 4th St., Suite 301 Wilmington, NC 28401 (910) 399-2771 http://www.cwjchope.org/

CWJC is a life-skills and career development program. Each woman is encouraged to set achievable goals, working closely with a mentor. She dedicates herself to meeting all of the program guidelines as she travels the road from dependency to self-sufficiency within her culture. And then we celebrate!

Weekly class instruction is held covering the following topics:

## **Life-Skills Topics:**

Responsibility, Positive Attitude, Building Relationships, Time & Money Management, Parenting Skills

## **Professional Skills Topics:**

Computer knowledge (Microsoft Office Word, Excel, and PowerPoint), Improved Communication, Dressing with confidence, Office and Phone Etiquette, Resume development and Job Search

And all of this is centered around regular Bible Study and Pray Groups

Christian Women's Job Corps® - HOPE offers a HANDUP to hurting women by accompanying each woman where she is and instructing her in life and job skills.

Through CWJC's life and job preparedness classes, mentoring, and celebrations, she becomes more confident and empowered to set goals for herself toward a bright and promising future.

No more defeat and failure, rather a life of accomplishments and successes; leading to freedom from the cycle of poverty for herself and her children.

Tennessee: Bristol

#### YWCA of Bristol TN-VA

106 State St Bristol, TN 37620 (423) 968-9444

Email: ywca@ywcabristol.org http://www.ywcabristol.org

#### YWCA Mission:

The YWCA is a women's membership movement nourished by its roots in the Christian faith and sustained by the richness of many beliefs and values. Strengthened by diversity, the YWCA draws together members who strive to create opportunities for women's growth, leadership and power in order to attain a common vision: peace, justice, freedom and dignity for all people. The YWCA will thrust its collective power toward the elimination of racism wherever it exists and by any means necessary.

Throughout the world, the YWCA has organizations in 122 countries, serving 25 million women and their families. Our local organization anchors itself firmly to the world-wide organization through our mission and programming. YWCA Bristol stands alone as the only YW in the

territory between Roanoke, VA and Knoxville, TN. Established in 1943, YWCA Bristol has a long history of empowering women throughout the region.

During World War II, the YWCA began as a residence for women who came to the area seeking employment. Historically, the YW has tackled the toughest community issues: affordable childcare, racial justice, teen pregnancy, technology education, and youth development programs, just to name a few.