THANK YOU FOR YOUR SERVICE.

DEAR STUDENTS, ALUMNI, STAFF, AND FACULTY OF CHS:

HAVING BEEN CHAIR FOR THE PAST FOUR YEARS, AND SEVEN YEARS PRIOR A WHILE BACK, I AM MORE THAN READY TO STEP DOWN. HOWEVER, THERE ARE MANY THINGS I WILL MISS, AND MANY THANK YOU’S TO GIVE.

SOON AFTER I STEPPED IN AS CHAIR, MY WIFE AND I SEPARATED. IT WAS A HORRIBLE TIME IN MY LIFE, AND I WANT TO THANK ALL THE FACULTY WHO WERE HERE AT THE TIME, AS EVERY ONE OF THEM WAS EMPATHIC AND SYMPATHETIC. I REALIZED, THEN, THAT I TRULY WORKED IN A “COUNSELING” AND “HUMAN SERVICES” DEPARTMENT. THANK YOU ALL FOR YOUR SUPPORT.

I WANT TO THANK ALL THE NEWER FACULTY. WITHOUT EXCEPTION, YOU HAVE BEEN WONDERFUL, HARD-WORKING, AND RESPONSIVE TO THE DEPARTMENT NEEDS. THANK YOU SO MUCH!

I’D LIKE TO THANK ALL OF THE GRADUATE ASSISTANTS THAT HAVE WORKED IN THE MAIN OFFICE INCLUDING MATT, KEVIN, ALEX, STEPHANIE, ANNA, JALAIA, JASMINE, VICTORIA, AND OTHERS. YOU HAVE BEEN UNBELIEVABLE, AND SO RESPONSIVE TO THE WORK THAT NEEDS TO BE COMPLETED. THANK YOU....

I’D ALSO LIKE TO THANK THE MANY GRAD ASSISTANTS AND GRAD STUDENTS I HAVE WORKED WITH WHO HAVE ASSISTED ME WITH RESEARCH, WRITING, PRESENTATIONS, AND OTHER ACTIVITIES. YOU HAVE BEEN TERRIFIC.

I WANT TO THANK EMILY AND JENN FOR ASSISTING ME IN THIS JOB. IT’S A GREAT JOB SOMETIMES, BUT OTHER TIMES IT’S TIME CONSUMING, ANXIETY PROVOKING, AND OVERWHELMING. THANK YOU FOR TAKING ON THE JOB OF ASSISTANT CHAIR.

A SPECIAL THANKS GOES TO ASH AND DARRELLA. THIS JOB COULD NEVER BE DONE WITHOUT YOU. THE BEHIND THE SCENES WORK THEY DO IS JUST BEYOND BELIEF. THEY DO SO MUCH, FOR SO LITTLE COMPENSATION. I HOPE EVERYONE KNOWS HOW HARD THEY WORK. THANK YOU BOTH.

I’D LIKE TO THANK ALL THE FACULTY WHO STEP UP AND VOLUNTEER FOR EXTRA ASSIGNMENTS. I KNOW OUR LIVES OUR ALL-CONSUMING WITH OUR WORK, AND I SO APPRECIATE THOSE WHO ARE WILLING TO DO A BIT EXTRA IN THE JOB. I’D PARTICULARLY LIKE TO THANK THOSE WHO HAVE TAKEN ON THE DIRECTOR AND COORDINATOR ROLES. THESE ROLES CAN BE VERY TAXING, AND I SO APPRECIATE YOU STEPPING UP.

AND OF COURSE, I WOULD LIKE TO THANK ALL OUR STUDENTS. I LEARN FROM YOU ALL THE TIME. YOUR FEEDBACK IS ALWAYS CRITICAL, NOT ALWAYS WANTED, BUT ALWAYS LISTENED TO. AND YOU HELPED ME REFINE MY COMEDY ROUTINES (“I’M ABOUT TO DO A STAND-UP COMEDY ROUTINE AND COULDN’T HAVE DONE IT IF I HADN’T STOOD UP IN CLASS AND TRIED OUT SOME OF MY STORIES AND “BITS”). AND, FOR THOSE FEW OF YOU WHO HAVE NOT CONNECTED WITH ME ON A PERSONAL LEVEL, PLEASE KNOW, I AM ALWAYS HERE TO TALK...

I’M SO PLEASED THAT DR. REHFUSS WILL BE TAKING OVER AS CHAIR. I HAVE KNOWN HIM FOR A LONG TIME, HE IS ALWAYS THOUGHTFUL, EVEN—TEMPERED, FAIR, AND ON TOP OF THINGS. HE’LL BE GREAT. PLEASE LEND HIM YOUR SUPPORT AS HE TRANSITIONS TO THIS NEW POSITION.

WITH PEACE AND LOVE...

ED NEUKRUG
DR. NEUKRUG,

THANK YOU FOR SERVING AS THE CHAIR FOR OUR DEPARTMENT FOR LONGER THAN YOU MAY HAVE ANTICIPATED. YOUR MAJOR (AND MINOR) CONTRIBUTIONS THROUGHOUT YOUR TIME AS CHAIR ARE TRULY APPRECIATED.

WITH YOUR INCESSANT SUPPORT, WE WERE ABLE TO IMPROVE OUR DEPARTMENT BY LEAPS AND BOUNDS, HIRE WONDERFUL NEW FACULTY, INTRODUCE NEW INITIATIVES, AND BEGIN THE LAUNCH OF THE ONLINE MSED PROGRAM. WITHOUT YOUR SUPPORT AND GENEROSITY, NONE OF THIS WOULD HAVE BEEN POSSIBLE.

IN ADDITION TO HIS LEADERSHIP ROLES, DR. REHFUSS HAS MAINTAINED AN ACTIVE RESEARCH AGENDA. HE HAS SERVED AS PROGRAM DIRECTOR OR PRINCIPAL INVESTIGATOR FOR 4 FEDERAL GRANTS TOTALING 4.7 MILLION DOLLARS WHICH HAVE INCLUDED MULTIPLE HUMAN SERVICES AND COUNSELING FACULTY. THESE GRANTS FOCUSED ON TRAINING COUNSELING STUDENTS IN INTERPROFESSIONAL BEHAVIORAL HEALTH CARE AND HUMAN SERVICES STUDENTS IN ADDICTIONS PREVENTION, TREATMENT, AND RECOVERY SERVICES AS THEY WORK WITH UNDERSERVED VULNERABLE POPULATIONS WITHIN THE HAMPTON ROADS REGION OF VA. HE IS THE AUTHOR OF TWO BOOKS AND HIS RESEARCH AGENDA IS FOCUSED UPON HUMAN SERVICES EDUCATION, INTERPROFESSIONAL CARE, AND CAREER COUNSELING."

- DR. TAMMI DICE, DEAN OF DCEPS
YOU MAKE US PROUD...

2023 FACULTY GOVERNANCE AWARDS

OUR DEPARTMENT IS UNSTOPPABLE.

LARGEST GRANT OR CONTRACT AWARD

Dr. Mark Rehfus, Ms. Jennifer Simmons, Ms. Jamie Hartsfield, Dr. Kristy Carlisle, Dr. Shuntay Tarver, Dr. Chaniece Winfield, and Dr. Jason Sawyer

The Largest Grant or Contract Award is given to the faculty member(s) who is/are the principal of the largest single award or group of rewards received on behalf of the College during the most recent three calendar years.

“They have collaborated over the past three years (January 2020 - December 2022) in grant-related activities totaling over 2.5 million dollars in external funding from The Health Resources and Services Administration (HRSA). The HRSA is an agency of the U.S. Department of Health and Human Services with a mission to improve access to healthcare for all citizens, notably those who are underserved and medically vulnerable. Most recently their 1.6-million-dollar grant has enhanced and expanded human services programs offering students advanced training in opioid and substance use disorder prevention and treatment, working with children and families, intimate partner violence, trauma informed care, telehealth, and integrated interprofessional behavioral health to prepare them for the challenges they will face as practitioners working with such underserved populations and communities. The grant also affords students direct support during their field experience in the form of tuition remission, monetary stipend, and computer equipment. Collectively, this team works to advance DCEPS mission by demonstrating commitment to service and meeting the needs of the community with prominent national grant-related activities that prepare students to be leaders in the helping fields and contribute to national efforts toward equitable access to healthcare by addressing systemic barriers and supporting social justice.”
YOU MAKE US PROUD...

2023 FACULTY GOVERNANCE AWARDS

OUR DEPARTMENT IS UNSTOPPABLE.

THE TONELSON AWARD

Dr. Kristy Carlisle

The Sara and Rufus Tonelson Award is given annually to a tenured or non-tenured faculty member with DCEPS in recognition of outstanding teaching, research and/or publications, and service to his/her department, college, university, and the community over the most recent three calendar years.

"Dr. Kristy Carlisle is an Associate Professor in the Department of Counseling and Human Services. She has taught 12 distinct courses at the undergraduate and doctoral levels. She has served on 9 dissertation committees and has consistently averaged a 4.7 on Student Opinion Surveys over the past 3 years. She was the recipient of the Most Inspiring Faculty Award in 2022 and received recognition for high impact practices from the LEADERS Program in 2021. Currently, she serves as the Addictions Education Coordinator in the Department of Counseling and Human Services', Human Service Program. From 2020-2022, Dr. Carlisle published 9 peer reviewed articles, given 19 scholarly presentations, and has secured just over $4 million in external funding. She has served as editor in chief of 3 scholarly journal editions, and in 2022 she started a new scholarly journal to fill the void in interprofessional collaboration. In addition to her teaching and research, Dr. Carlisle is chief editor of the JHS, chair of 3 national committees, and a reviewer for 4 national journals. She serves on 4 university committees, 3 of which she is a co-chair. Dr. Carlisle serves on the IRB committee and marshals at graduations. In her department, she serves on 6 committees and holds a chair position on 3 of them."
"Dr. Emily Goodman Scott is an Associate Professor and Graduate Program Director of the Department of Counseling and Human Services. Over the last calendar year, Dr. Goodman-Scott has published 17 peer-reviewed journal articles and one invited non-referred journal. Majority of Dr. Goodman-Scott's publications have been listed on the Counseling and Human Services department's "Top Tier" journal list of rigorous and national flagship journals. Several publications included graduate student mentorship. Dr. Goodman-Scott's recent study on school lockdown drills was featured as the American Counseling Association's (ACA) featured study of the month in December of 2022 highlighting her work to approximately 60,000 ACA members. In addition, Dr. Goodman-Scott's second edition of her textbook was accepted for publication and submitted to the publisher in November of 2022."
Dr. Shuntay Tarver

The Service Award is given annually to a faculty member of any rank within the college in recognition of exemplary service contributions beyond job expectations at all of the following levels: program, department, college, university, and national professional organization(s).

"Dr. Shuntay Tarver is an Assistant Professor in the Department of Counseling and Human Services. She is the Chair of the Human Services Advisory Board Committee, Dr. Shuntay Tarver oversees faculty evaluation committees, dissertation committees and guest lectures. She provides mentorship and serves as the FGO Chair, the University Women's Caucus Apprentice, and Excite the Dream presenter. Additionally, Tarver has served as the associate editor of the Journal of Human Service and on the Editorial Review Board Journal of School-Based Counseling Policy and Evaluation. She is a member of the National Organization of Human Services (NOHS) Awards committee, as well as an external capstone reviewer for a University of Southern California project. Dr. Tarver serves as a commissioner of the City of Hampton's Citizen's Unity Commission, which works to educate stakeholders about issues of diversity, equity, and inclusion."
PRESENTING...
THE GRADUATE ASSISTANT SPOTLIGHT

YOUR EFFORTS DON'T GO UNNOTICED.

### JASMINE GRIFFITH
Jasmine is a responsive, responsible and supportive Graduate Teaching Assistant (GTA). She consistently demonstrates initiative and has played a crucial role in co-creating an engaging and collaborative teaching and learning environment.

Jasmine has been a source of endless motivation and inspiration to our new master's students. While in the midst of juggling all things 2nd doctoral year, she has persevered and has been a joy to work with!

### DANIELLE RODGERS
Dani is an intuitive, grounded, and innovative Graduate Teaching Assistant (GTA). She consistently demonstrates creativity, and has played a key role in co-creating effective and user-friendly co-learning and teaching systems for our learners.

As a first year doctoral student, Dani exhibits endless ambition in all her pursuits. She has been a fantastic graduate assistant and research team member. She knows her limits, but will never stop trying to exceed them.

### NARGIZA AMIROVA
Nargiza's personability, genuineness, and compassion radiate in her enthusiasm as a graduate assistant! Nargiza demonstrates an aptitude for connecting with learners and is phenomenal in finding exceptional resources to enrich in-class instruction. Nargiza's caring, soothing, and gentle disposition is a favorite among learners when facilitating mindfulness activities. Further, Nargiza is impressively proactive in seeking formative feedback and consistently modeling a zest for growing as a future counselor educator. Nargiza remains a tremendous, supportive presence in our department! Thank you, Nargiza!

I would like to ‘shout out’ my doctoral student GA Nargiza Amirova. This is our second semester working together and she has been amazing. With balancing a doctoral program, moving to a new area, making new connections, and being a GA to 3 professors – she handles it all with a smile on her face.

### TOM SEGUIN
Tom is my GA for clinical coordination. Tom is reliable, collegial, and extremely competent; we all rely on and benefit from his skill and care for helping others navigating practicum and internship.

### CASS GAGNE
My Undergraduate Teaching Assistant (UTA) is Cass Gagne. She is the only undergraduate in our program doing this. She is a dual major: psychology and human services. She has done a great job with my HMSV 346 Diversity Issues in Human Services class.

### ZÜBEYDE AKPAKIR
Zübeyle Akpakir did an amazing job as my HMSV Lecturer Search Committee GA and as a highly valued member of our search committee. Shortly after arriving in the U.S., Zübeyle immediately jumped in and began sending out letters to recruit applicants in this national search. She also communicated with applicants regarding scheduling and congenially escorted each candidate to their numerous interview activities and meetings during their full-day campus interviews. In addition, Zübeyle demonstrated her impressive technological expertise by transforming our previous paper-and-pencil Candidate Feedback Form into our first online evaluation form to use for the candidates' on-campus interviews. This made collecting comments so much easier for everyone! Finally, if all of the above weren’t enough, Zübeyle also compiled the copious information gathered from the online evaluations into both an Excel spreadsheet and a Word document to facilitate the committee’s post-interview discussions. Throughout the entire process, she actively participated in search committee deliberations and proactively volunteered to do tasks without even being asked. Many, many thanks to Zübeyle for being such an extraordinary assistant and committee member!
Shelby was my GA for the Journal of LGBTQ Issues in Counseling, GA co-director of the Wellbeing and Community Support Clinic. Shelby is an excellent editorial assistant, effectively managing all required tasks with dedication and competence. Shelby also has served as the co-director of the CHS Wellbeing and Community Support clinic, effectively providing support to the students placed there and their clients.

SHELBY DILLINGHAM

ANGELA JOHNSON

I am happy to have Angela Johnson back as a Graduate Assistant for the International Institute for the Advancement of Counseling Theory (IIACT, www.odu.edu/iiact). Angela is instrumental in helping us obtaining library and other resources together that can be placed on our web page for others to use. Thank you, Angela, for helping with this important endeavor!

In Fall of 2022, Angela continued to bring her clinical experience to serve as the other co-director of the Community Wellbeing and Support Clinic. Her timely management of scheduling, client support, was and is an invaluable resource.

ANGELA JOHNSON

BETSY PEREZ

it has been a joy collaborating with you on research projects, presentations, manuscripts, teaching, and leadership opportunities. I’ve enjoyed that we’ve worn so many hats professionally—and that I’ve learned from you on the journey. You are hardworking, thoughtful, motivated, bright, and I admire your commitment to social justice and antiracism work and school counseling. The field of school counseling is LUCKY to have your voice, and your leadership. -

BETSY PEREZ

CHELSEA HILLIARD

Thanks for being the first face so many students see, as you sit with them to understand not only our program, but the larger field of counseling. Thanks for your tireless emails, marketing, and recruitment efforts. Your organization skills are a gift! You are committed, kind, smart and an advocate—with your commitment to social justice and equity work. I admire that you’ve done a beautiful job juggling some big roles—and these roles are all so important.

CHELSEA HILLIARD

YUSUF BARBUROĞLU

Yusuf was my GA for program evaluation. Yusuf is a new GA who quickly grasped the requirements of assisting in program evaluation, and is an effective communicator and project manager.

Yusuf was imperative in the early developmental stages of the online counseling program. Yusuf was efficient, detailed, and comprehensive throughout this tedious project. Yusuf also excelled in research and course assistance. In the midst of an unexpected tragedy, Yusuf persevered and made our whole department proud in unspoken ways.

YUSUF BARBUROĞLU

Nic is determined to accomplish all that he sets his mind to. He has been essential in maneuvering through many processes within the program with ease. He has not only excelled in his GA duties, but has also worked diligently to develop an Integrated Behavioral Health course that was launched in Summer 2023. His passion for IBH and increasing knowledge and competence surrounding this shines bright.

NIC SCHMOYER

SHELBY DILLINGHAM

Shelby was my GA for the Journal of LGBTQ Issues in Counseling, GA co-director of the Wellbeing and Community Support Clinic. Shelby is an excellent editorial assistant, effectively managing all required tasks with dedication and competence. Shelby also has served as the co-director of the CHS Wellbeing and Community Support clinic, effectively providing support to the students placed there and their clients.
PRESENTING...
THE FACULTY SPOTLIGHT!

WHAT DO THE STUDENTS HAVE TO SAY?

DR. NINA BROWN
I didn't have Dr. Brown as an instructor but I used her text for my psycho-educational groups course! It is a great reference for my personal library and wonderfully written! I am starstruck by the faculty that have authored textbooks!

I had Dr. Brown in group counseling. She's a real cut-up. I always felt blessed to hear from her insights and experiences.

DR. KRISTY CARLISLE
Dr. Carlisle has been a really big breath of fresh air. In my journey this past year I have went through some troubling times. She always made sure that I was set up for success and that she cared. She really goes hard for her students. Her class is always so informative and she doesn't want her students to fail. She is the true definition of having your back.

Dr. Carlisle is an amazing professor and I learned so much from her course. I also learned that she's an editor for the NOHS Journal of Human Services during the conference!

DR. VANESSA DOMINGUEZ
Dr. Dominguez is so kind and understanding!

Dr. Dominguez makes the concepts in her class relatable and understandable. She has helped me to realize other things I might like doing in the counseling field, in addition to my chosen path.

I appreciate Dr. Dominguez for opening up the clinic! This is such an impressive advancement for our department and university! Go you!

“The goal of education is the advancement of knowledge and the dissemination of truth.” — John F. Kennedy
“Education is the passport to the future, for tomorrow belongs to those who prepare for it today.” — Malcolm X
PRESENTING...
THE FACULTY SPOTLIGHT!

WHAT DO THE STUDENTS HAVE TO SAY?

MR. ASH HICKERSON
ASH IS ALWAYS WILLING TO HELP!
ASH IS THE ONE PERSON WHO IS ALWAYS IN THE OFFICE, YOUR PRESENCE IS APPRECIATED!
ASH IS ONE OF THE MOST HELPFUL FOLKS IN THE DEPARTMENT. THANK YOU FOR ALL YOU DO!
ASH IS SO KNOWLEDGEABLE ABOUT ALL THINGS MONEY AND TRAVEL!

MS. KC JOACHIM
MRS. J IS SUCH A WONDERFUL PROFESSOR WHO RADIATES KINDNESS, CARE, POSITIVITY, AND SUPPORT TO ALL OF HER STUDENTS! SHE HAS BEEN SUCH A HUGE HELP IN MY JOURNEY TO GRADUATING, AS I’M SURE SHE HAS FOR MANY OTHER STUDENTS! SHE IS SUCH A GREAT ROLE MODEL FOR US HMSV STUDENTS BECAUSE OF HOW WELL SHE LEADS BY EXAMPLE FOR HER STUDENTS.
PROFESSOR JOACHIM IS A WONDERFUL HUMAN BEING. SHE IS EXTREMELY ENCOURAGING, EASY TO TALK TO, AND INTERESTED AND WILLING TO HELP STUDENTS.

DR. GULSAH KEMER
DR. KEMER HAS A WEALTH OF KNOWLEDGE AND DOES A GREAT JOB OF PASSING THAT ALONG TO HER STUDENTS. SHE CARES DEEPLY FOR OUR WELLBEING AND PUTS IN A STRONG EFFORT TO MAKE SURE PEOPLE ARE HEARD AND SEEN BOTH INSIDE AND OUTSIDE OF HER CLASSROOM. SHE IS A WONDERFUL ROLE MODEL.
SHE HAS SUCH A STRONG PRESENCE IN THE DEPARTMENT THAT IS SO APPRECIATED!
YOUR DETERMINATION TO SUPPORT YOUR STUDENTS DOES NOT GO UNNOTICED.

“For voice to be meaningful, there must be those willing to listen.” — Pedro A. Noguera
PRESENTING...
THE FACULTY SPOTLIGHT!

WHAT DO THE STUDENTS HAVE TO SAY?

DR. JEFFRY MOE
DR. MOE PROVIDES GREAT SUPPORT AND HAS SPECIFIC AND HELPFUL ADVICE TO HELP GUIDE ME THROUGH THE EDS PROGRAM. I APPRECIATE HOW KNOWLEDGEABLE HE IS.

DR. MOE DOES IT ALL. AND I APPRECIATE IT ALL!

THANK YOU FOR YOUR DIRECT AND INDIRECT ADVOCACY EFFORTS AND VOICE FOR MINORITY POPULATIONS.

DR. ED NEUKRUG
I HAVEN'T PERSONALLY TAKEN A CLASS WITH DR. NEUKRUG YET, BUT READING HIS INTRO TO HUMAN SERVICES TEXTBOOK IS WHAT MADE ME DECIDE TO PURSUE THE CMHC TRACK HERE AT ODU. I AM SO GLAD THAT I GET TO READ AND APPLY HIS KNOWLEDGE.

DR. NEUKRUG IS SO KNOWLEDGEABLE ON MANY OF THE SUBJECTS IN HIS PROGRAM AND I ENJOY HIS CLASSES. HE IS EMPATHETIC AND THAT SHOWS THROUGH HIS TEACHING. I AM EXCITED TO WORK WITH HIM AGAIN IN THE FUTURE.

I HAVEN'T HAD A MATH CLASS IN 10 YEARS AND I HAVE NEVER BEEN GREAT AT IT. THAT BEING SAID, DR. NEUKRUG TAUGHT EVERYTHING IN OUR CLASS SO CLEARLY AND EXPERTLY THAT THERE WAS NEVER A DAY I STRUGGLED! BELIEVE ME WHEN I SAY THIS IS NO SMALL FEAT. WHAT AN INCREDIBLE AND PERSONABLE PROFESSOR!

THE TEXTBOOK “SKILLS AND TECHNIQUES FOR HUMAN SERVICE PROFESSIONALS” HAS BEEN HELPING ME A LOT FOR MY INTERNSHIP WITH THE STRUCTURED CONTENT AND EXPERIENTIAL EXERCISES.

I DIDN'T HAVE DR. NEUKRUG AS AN INSTRUCTOR BUT I USED HIS TEXT FOR MY HMSV 343 COURSE! IT IS A GREAT REFERENCE FOR MY PERSONAL LIBRARY AND WONDERFULLY WRITTEN! I AM STARSTRUCK BY THE FACULTY THAT HAVE AuthORED TEXTBOOKS!

DR. RADHA HORTON PARKER
DR. RADHA PARKER IS VERY KNOWLEDGEABLE IN WHAT SHE TEACHES.

DR. HORTON-PARKER IS AMAZING! SHE IS THE SPONSOR FOR THE HUMAN SERVICES HONOR SOCIETY AND INTERACTING AND WORKING WITH HER AS PRESIDENT OF THE TAU UPSILON ALPHA HONOR SOCIETY, DR. HORTON-PARKER HAS BEEN WONDERFUL. SHE IS SO KIND AND PATIENT. SHE CARES FOR HER STUDENTS AND HAS AN ENTHUSIASM FOR WHAT SHE DOES.

DR. PARKER IS SO WARM AND WELCOMING. I LEARNED SO MUCH IN HER CLASS AND AM SO HAPPY TO BE IN CONTACT WITH HER THROUGH TUA.

"Understanding diversity includes knowing how diminished we all are when voices go unheard."
– Preskill & Brookfield
**PRESENTING...**

**THE FACULTY SPOTLIGHT!**

**WHAT DO THE STUDENTS HAVE TO SAY?**

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**DR. JUDITH WAMBUI PRESTON**

**Dr. Preston has a wonderful demeanor and is thoughtful and caring in her teaching. Her professionalism and knowledge about counseling skills inspired me.**

Dr. Preston is thus far one of the best professors I’ve taken thus far. She has a skill for breaking down complex concepts and making them easy to understand. She creates such a welcoming classroom that I’m not afraid to ask the dumbest of the dumbest questions. She’s supportive and you can tell she really cares for each of her students. She has a way with words that just makes things click into place and I’m so grateful to have met her in the beginning of my counseling journey because she’s truly amazing and inspiring.

Dr. Preston is one of the most inspiring professors that we have in our department. Not only does she help instill years worth of knowledge into you, but she also pushes you to become a better counselor all with warmthness.

Dr. Preston is always a breath of fresh air after the longest days.

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**DR. MARK REHFUSS**

**Dr. Rehfuss is an advocate for the success of his students. He has a willingness to come alongside his students with wisdom and encouragement.**

I didn’t have Dr. Rehfuss as an instructor but I used his text for my career development and appraisal course with Dr. Busacca! It is a great reference in my personal library and wonderfully written! I am starstruck by the faculty that have authored textbooks!

Dr. Rehfuss is the grant king!

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**DR. LAUREN ROBINS**

**Dr. Robins has been instrumental in my growth and success in this program from advising questions to listening to her students vent. Dr. Robins has shown that this is not just a job to her, this is something she truly cares about and loves doing.**

Dr. Robins has been by far one of my favorite professors at ODU. She is so understanding with the needs of her students, and it has not gone unnoticed. Once she became my advisor, she has been so motivating, and done daily check-ins to make sure I’m okay, and you can really tell she cares about me & other students she even allows us to stay after class just to have vent sessions & that speaks so much volume. Dr. Robins, thank you for everything & more.

Dr. Robins has been a supportive, kind, and inspirational professor during my time at ODU. She seems to genuinely care for her students and their personal and professional growth. Anyone that gets to take a class with her is truly lucky.

Dr. Robins is an excellent professor. Her willingness to meet students where they are in their academic, professional, and personal journey is commendable. I appreciate the transparency she displayed which created a safe and comfortable environment for her students to do the same. Dr. Robins is an asset to ODU and the Counseling Department. Thank you, Dr. Robins.

Dr. Robins has not only perfected her teaching and research abilities, but also her “mom look”. This is something that myself and many of my cohort members have begun to understand well. When it’s time to lock in and learn... it’s time to lock in and learn! This combination of caring and stern is what makes her the best at what she does.

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“Education is the most powerful weapon which you can use to change the world.” – Nelson Mandela
PRESENTING...

THE FACULTY SPOTLIGHT!

WHAT DO THE STUDENTS HAVE TO SAY?

DR. JASON SAWYER

Dr. Sawyer is a very kind and calm professor. He wants his students to succeed and will work with you to get the understanding required to be effective in the class and in the career field.

Dr. Sawyer finds ways to help students learn and engage in topics discussed at a deeper level. He is also extremely helpful at informing students how to make papers better in a way that will help writing for all classes.

MR. FRANK SCARINGELLO

Frank is a great teacher, he really cares about his students and is very supportive of his students. His classes are very interactive and interesting.

Frank always creates an engaging and interactive environment for students. I thoroughly enjoy our class discussions and lessons for the week.

Frank makes the effort to make sure all of his students are taken care of. His class discussions come from real life situations and you even learn life lessons. There is so much respect for him and I love his classes.

Frank gives examples of how topics discussed are used in the real world and creates an atmosphere in the classroom that makes everyone’s voice feel heard.

Frank has the biggest heart and truly cares about his students!

DR. ALAN "WOODY" SCHWITZER

Dr. Woody is understanding, flexible, and knowledgeable as an advisor. His wisdom and experience helped me to navigate my Master’s Program; I’ve felt very supported during challenging and uncertain periods.

Dr. Woody brings a kindhearted, playful, and authentic feeling to every class he teaches. He is knowledgeable and seems to have a mastery on his subject matter, making his classes engaging and interesting.

Dr. Woody is an incredibly personable and engaging professor! His classes are interesting, hands on, and informative. He makes me excited to enter the field!

Dr. Woody is the most long-suffering, patient human being who obviously earned straight A’s in “The Art of Giving Feedback” classes!

"You must be the change you wish to see in the world." – Mahatma Gandhi
W H A T  D O  T H E  S T U D E N T S  H A V E  T O  S A Y ?

DR. NAEEM SHAIKH

DR. SHAIKH BRINGS NEW ENERGY AND A
cherished diverse perspective to the
helping fields. I value his personable
teaching style in the classroom and his
display of humility in the human services
and counseling department.

DR. SHAIKH IS AN EXCELLENT EDUCATOR AND A
supporter. He always helps me to
understand difficult concepts, also he
values and embraces diversity. I’m
learning a lot from his feedback.

DR. SHAIKH PROVIDES HELP TO STUDENTS THAT
allows them to learn from their
mistakes and grow from them in a way
that is beneficial to their college
development.

MS. JENNIFER SIMMONS

ALTHOUGH I NEVER HAD MS. SIMMONS AS A
Professor, I was able to work beside her during
a college connection event in the summer of
2022. She is so energetic and wanted to see the
students who came for the event excited about
not only human services but about their entire
college experience. You can absolutely feel her
desire for the students to be successful and she
will do her part to help students do that!

MS. SIMMONS DOES SO MUCH FOR OUR DEPARTMENT
and I hope she knows how much we truly
appreciate it!

HER SMILE ALWAYS LIGHTS UP THE ROOM!

SHE IS AN EXCELLENT PROFESSOR AND MENTOR!

DR. STEPHANIE SMITH-DURKIN

DR. SMITH-DURKIN DEMONSTRATES EXCELLENT EMOTIONAL
intelligent in her ability to balance the needs of graduate
students for learning and self-care, two very important values
for success.

DR. SMITH-DURKIN IS ONE OF THE BEST INSTRUCTORS IN THIS PROGRAM! I
believe her being a former student of the program helps us as
students tremendously. She was a very understanding
Professor but was not afraid to give a little push back if
needed! She constantly made you feel supported about imposter
syndrome and pushed us to make us better students. I will be
first on the list to register for her classes.

I TRULY MEAN IT WHEN I SAY THERE IS NOT A SINGLE MORE TALENTED
Professor when it comes to making a classroom feel safe for
participation, fun, comfortable, and interesting despite there
being 25+ of us! I never would have known she was a recent
graduate of her program as she comes across as incredibly
comfortable at the front of the classroom and wildly
knowledgeable. ODU is so lucky to have such an incredible
Professor and I feel lucky to have had her! I can’t wait to be
back in her classroom again soon.

“Out of your vulnerabilities will come your
strength.” – Sigmund Freud
PRESENTING...
THE FACULTY SPOTLIGHT!

WHAT DO THE STUDENTS HAVE TO SAY?

DR. BRITTANY SUDDS

DR. SUGGS IS ONE OF THE FRIENDLIEST PROFESSORS THAT I HAVE MET SO FAR. I LOVE THAT SHE ACTS AS YOUR BIGGEST CHEERLEADER AND SUPPORTER AS YOU Navigate Grad School.

DR. SUGGS IS A MASTERFUL PRESENTER. AT THE 2023 VACES CONFERENCE, SHE PROVIDED ENCOURAGEMENT, FELLOWSHIP, AND PRACTICAL GUIDANCE TO STUDENT PRESENTERS. SHE HAS A BROAD SCOPE OF THE COUNSELING FIELD, IS A LEADER IN PROFESSIONAL ORGANIZATIONS, AND IS HELD IN HIGH ESTEEM BY HER COLLEAGUES AND STUDENTS. I AM GRATEFUL TO HER FOR ENTHUSIASTICALLY MODELING HOW TO NETWORK; IT WAS INSPIRING AND SCAFFOLDING AT MY STAGE OF DEVELOPMENT, LEADING ME TO BEGIN CONSIDERING HOW TO TRANSITION FROM COUNSELING STUDENT/INTERN TO PROFESSIONAL.

DR. SUGGS CARES SO MUCH ABOUT ALL OF HER STUDENTS. SHE TAKES HER TIME IN GIVING DETAILED FEEDBACK FOR ALL ASSIGNED COURSE WORK. SHE GOES THE EXTRA MILE TO ENSURE THAT HER STUDENTS UNDERSTAND THERAPEUTIC CONCEPTS. I WILL ALWAYS TAKE HER CLASSES WHEN SHE IS OFFERED.

DR. SUGGS WAS MY FIRST INTRODUCTION INTO THE ODU COUNSELING PROGRAM AND I KNEW I MADE THE RIGHT DECISION TO ATTEND. SHE IS A WONDEROUS INSTRUCTOR AND FOSTERS THE BEST ENVIRONMENT FOR PARTICIPATION AND LEARNING. HER DIRECT AND CLEAR INSTRUCTIONS/TEACHING STYLE IS AWESOME AND HELPS MANY STUDENTS WITH THEIR LEARNING. I ALWAYS FEEL SUPPORTED BY DR. SUGGS. I WANT TO TAKE AS MANY CLASSES AS POSSIBLE WITH DR. SUGGS!

DR. SUGGS IS THOROUGH, CARING, ORGANIZED, AND EXTREMELY OBSERVANT! SHE FOSTERS SUCH A UNIQUE CLASSROOM ENVIRONMENT THAT BALANCES INTERACTIVE LEARNING, LECTURE, AND USEFUL PARTICIPATION. SHE IS ALWAYS OPEN FOR QUESTIONS AND WILL GO ABOVE AND BEYOND TO ANSWER ANY THAT YOU HAVE. SHE TRULY CARES FOR HER STUDENTS AND WANTS US ALL TO NOT ONLY SUCCEED BUT THRIVE BOTH PROFESSIONALLY AND OTHERWISE.

DR. SHUNTAY TARVER

SHE IS A GOOD, GOOD PROFESSOR.

DR. TARVER IS AN AMAZING PROFESSOR AND IS PHENOMENAL AT TEACHING DIVERSITY!

PROFESSOR TARVER IS A GREAT PROFESSOR. SHE DOES A WONDERFUL JOB AT KEEPING STUDENTS ENGAGED AND INTERESTED WITH COURSE TOPICS.

SHOULD I EVER BECOME AN INCREDIBLE HELPING PROFESSIONAL, I WILL OWE IT TO DR. TARVER. SHE IS NOT A 'LET'S JUST SCRATCH THE SURFACE' PROFESSOR - SHE TEACHES HOW TO "SEE" PEOPLE AS SHE DEMONSTRATES IT - IN HER CLASSES, IN HER LIFE. MY LIMITED LIFE TRAJECTORY WAS IMPACTED, SHIFTED, AND BROADENED BY HER JUST BEING HERSELF! WHEN I THINK ABOUT "EQUITY," THERE IS NO BETTER EXAMPLE THAN DR. TARVER. SHE IS NOT ONLY AN INCREDIBLE PROFESSIONAL BUT AN INCREDIBLE HUMAN BEING!

MS. DARRELLA WILSON

DARELLA HAS ALWAYS BEEN TIMELY IN HER RESPONSES. SHE IS HELPFUL AND PLAYS AN INSTRUMENTAL ROLE IN KEEPING THINGS ON TRACK!

THANK GOD FOR DARRELLA. IF SHE IS NOT RUNNING AROUND THE OFFICE COMPLETING ALL THE TASKS, SHE IS A SMILING FACE AND A JOYFUL PRESENCE. THANK YOU FOR ALL YOU DO FOR OUR DEPARTMENT!

IF YOU LOOK UP "PHILANTHROPIST" IN THE DICTIONARY, IT WILL NOT SHOW DARRELLA'S PICTURE BECAUSE THAT'S NOT HOW DICTIONARIES WORK - IT WILL HOWEVER HAVE HER NAME IN ALL CAPS AND GO ON TO DESCRIBE ALL SHE DOES FOR SO MANY OTHERS, POINTING OUT THAT SHE DOES EVERYTHING WITH SUCH A GIVING ATTITUDE. THE WORLD WOULD BE A BETTER PLACE IF WE ALL HAD A LITTLE BIT OF WHAT SHE'S GOT! :) WHAT DOES DARRELLA NOT DO?! THANK YOU FOR EVERYTHING!

“"I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.””
– Maya Angelou
PRESENTING...
The Faculty Spotlight!

What do our students have to say?

Dr. Chaniece Winfield

Amazing professor. She is knowledgeable in what she teaches, which makes it easy for her content to sink into the students.

Dr. Winfield brings "Philly" to her lectures and makes everything so understandable! She is a wonderful professor and her course made me wish I was on campus to sit in her class vs. distance learning.

Dr. Winfield is a remarkable professor. Not only does she give excellent lectures that allow students to truly feel like they have learned something new, but she also provides real world examples that help students feel more confident when going into the field.

"The function of education is to teach one to think intensively and to think critically. Intelligence plus character - that is the goal of true education." - Martin Luther King, Jr.
AILEEN L. SMITH
M.S.ED. IN COUNSELING (1993)

Aileen is the Director of the Department of Human Services for the city of Virginia Beach

Smith oversees Social Services, Business Administration, Behavioral Health and Developmental Services in the Virginia Beach Department of Human Services (VBDHS). She leads about 1,500 employees and 60 programs, overseeing a budget of more than $123 million to fund programs for Virginia Beach citizens. Before accepting this position, she was the deputy director for VBDHS’s Behavioral Health Developmental Services. She has worked for 28 years in the field of intellectual disabilities, mental health, substance use and prevention. She graduated from the LEAD leadership program at the University of Virginia and became a Fellow of Georgetown University’s Center for Juvenile Justice Reform in 2016. She served on Gov. Terry McAuliffe’s Center for Behavioral Health and Justice advisory committee as well as the Hampton Roads Heroin Task Force and Gov. Ralph Northam’s mental health policy work group.
FACULTY FEATURE...  
MS. JENNIFER SIMMONS

WELL-DESERVED SPOTLIGHT!

OLD DOMINION UNIVERSITY
Darden College of Education and Professional Studies

Women's History Month: A Spotlight on Educators
Dr. Jennifer Simmons

Jennifer Simmons, senior lecturer in the human services program, serves as the undergraduate program director and the assistant chair of the counseling and human services department. In addition, she has played an active role with the National Organization for Human Services, having served as Treasurer, Vice President, and President. Her passion lies in educating professionals in the human services field and ensuring individuals have holistic access to interprofessional quality care and services. She has actively participated in approximately 7.5 million dollars in government grants, dedicated to preparing human services students for their future roles in the field.
“Ms. Simmons has been a faculty member within the Department of Counseling and Human Services for six years and holds the rank of Senior Lecturer. She has served as both the Assistant Chair and the Undergraduate Program Director. She is an active member of the university, having served on a multitude of university, college, and departmental level committees. Prior to joining the ODU community, Ms. Simmons served as a non-profit program director with proven leadership and administrative skills in agency management, policy and procedure development, budget management, grant writing and reporting, program evaluation, advocacy, and client empowerment.

As an educator, Ms. Simmons taught and lead a nationally recognized undergraduate program. She espouses a student-centric learning approach focused on critical thinking and a commitment to life-long learning. She is an active instructor having taught 80% of the human services courses, averaging 150 to 250 students per year, with high student opinion scores and qualitative feedback that spoke to her passion, enthusiasm, and supportive nature.

As Assistant Chair and UPD, Ms. Simmons has effectively led the department in developing and implementing several goals with a focus on innovative and creative programming for student recruitment, enrollment, and retention. She has led efforts resulting in the redesign of a certificate in addiction prevention and treatment, development of four double majors, management and creation of in-state and out-of-state articulation agreements, accelerated curriculum pathways for transfer students, an undergraduate research committee with connection to the LeADERS program, and departmental honors and research funding opportunities for students. Her focus in each of these endeavors has been on eliminating barriers and providing equitable opportunities for both campus and online learners. At the departmental level Ms. Simmons implemented several automated systems to streamline fiscal processes and procedures.

In addition, with an inter-disciplinary and inter-professional lens, Ms. Simmons is active in the management of several training grants where students are reimbursed during their internship experience. She has developed strong relationships with community stakeholders, agency partners, and national leaders and has worked with a number of department heads and administrators across the college and university. These experiences make her exceptionally positioned to innovate approaches to enhancing our student experiences, community engagement, and further promote the DCEPS’ reputation of excellence.”

-Dr. Tammi Dice, Dean of DCEPS
FACULTY FEATURE...

DR. KRISTY CARLISLE

A GROUNDBREAKING JOURNAL!

The Journal of Human Services Scholarship and Interprofessional Collaboration (JHSSIC) is a no-fee open-access peer-reviewed scholarly journal spanning professions and highlighting interprofessional practice. Interprofessional collaboration occurs when two or more individuals with distinct professional identities work together and is associated with increased quality of care and improved client outcomes.

JHSSIC calls for research on helping professionals and practice from interdisciplinary professional communities comprising human services that contribute to comprehensive integrated care.

https://digitalcommons.odu.edu/jhssic/
FACULTY FEATURE...

DR. EMILY GOODMAN-SCOTT

YOU NEVER CEASE TO AMAZE US!

2023 ACA FELLOWS AWARD

The ACA Fellow is an award given to individuals for work throughout their career, almost like a lifetime achievement award, and spanning several areas of work: counseling, research, teaching, service/leadership, and so forth. To my knowledge, this is the highest honor given from the American Counseling Association, the flagship counseling organization, with approximately 55,000 members internationally. Each year, a cohort of ACA Fellows is selected, and I’m honored and grateful to be in the 2023 cohort: 5 of us were selected. I see this honor as a means to highlight not only my work in the field, but to continue to advocate for the school counseling profession—the work done everyday in our K-12 schools by so many incredible school counselors—and those on the front lines of research, supervising, teaching, and leading the school counseling profession. I see this ACA 2023 Fellowship as a way to support the field of school counseling, as we continue to push for more equitable and just educational systems, to serve all K-12 students, families, communities—and our greater world.
"ALL THE THINGS"...
DR. EMILY GOODMAN-SCOTT

YOU NEVER CEASE TO AMAZE US!

PUBLICATIONS


PRESENTATIONS


STARTED ACA GOVERNING COUNCIL | SELECTED AS AN ACA FELLOW
SELECTED FOR STATE-WIDE LEADERSHIP COHORT: 2022-2023 WOMEN’S SENIOR LEADERSHIP SEMINAR, AMERICAN COUNCIL ON EDUCATION (ACE) VIRGINIA NETWORK FOR WOMEN IN HIGHER EDUCATION
W H A T  A  F A B U L O U S  D E P A R T M E N T  !

**DR. LAUREN B. ROBINS**

New position:
Clinical Assistant Professor
Graduate Administrative Coordinator

New Journal Involvement:
Adultspan Journal Fellowship Program
Co-Director & Co-Editor

The Journal of Human Services Scholarship and Interprofessional Collaboration (JHSSIC)
Assistant Editor

**DR. BRITTANY G. SUGGS**

Appointed to the Steering Committee for the Coalition for Technology in Behavioral Science (CTiBS): [https://ctibs.org/](https://ctibs.org/)

**DR. JEFF MOE**

2023 ACA Extended Research Award Recipient

The Extended Research Award recognizes an ACA member who has conducted and published high-quality basic or applied research over an extended period of time (not less than 10 years) on issues of significance and interest to the counseling profession.

**DR. JUDITH WAMBUI PRESTON**

New position: Clinical Assistant Professor
Co-Coordinator: Masters Admissions
NOTEWORTHY ACCOMPLISHMENTS

WHAT A FABULOUS DEPARTMENT!

DR. JASON SAWYER

Emerging Scholar Award
This award honors the contribution of a person in the field who has demonstrated outstanding scholarly potential in an area of community practice.

Recipient: Jason Sawyer, Old Dominion University
Assistant Professor

Nominees: Amy Kings, Loyola University, and Shane Brady, University of Oklahoma

Dr. Jason Sawyer is an Assistant Professor in the Department of Counseling and Human Services, Old Dominion University. Dr. Sawyer notes that his professional objective is “to dismantle structural elements of oppression by connecting research, practice, and pedagogy towards pragmatic social change.” Both nominees indicated that he is the quintessential scholar-practitioner with emphasis on community engaged research and praxis. Dr. Sawyer’s interests – gentrification, grassroots collaborations, anti-racist strategies, and advocacy dovetail well with macro social work. His research has been funded by Virginia Humanities Foundation, the Kellogg Foundation, and CWSW. Currently, he is the Co-Investigator as Community Engagement Coordinator for a Behavioral Health Workforce Education Training grant funded by HHS. In his nomination, Dr. Shane Brady noted: “He uses his experience in creative community practice to remain grounded in the linkages between research and practice... Dr. Sawyer’s commitment to critical community practice and scholarship make him an excellent candidate for the Emerging Scholar Award.”

DR. CHANIECE WINFIELD

Promotion: Assistant Professor

Served as a moderator and guest panelist with Rev. Jan Brown, Dr. Cynthia Romero, and Danyell Collins-Facteau to answer questions and reduce stigma associated with the harm reduction approach to addiction recovery. We viewed the film as a large group and then facilitated the panel discussion afterwards. The film was then televised on February 13, 2023.

Independent Lens documentary: Love in the Time of Fentanyl

"As deaths in Vancouver, Canada reach an all-time high, the Overdose Prevention Society opens its doors—a renegade supervised drug consumption site that employs active and former drug users. Its staff and volunteers do whatever it takes to save lives and give hope to a marginalized community in this intimate documentary that looks beyond the stigma of people who use fentanyl and other drugs."

You can also find a preview of the documentary here: https://www.pbs.org/independentlens/documentaries/love-in-the-time-of-fentanyl/

MR. FRANK SCARINGELLO

Keynote Speaker: “Dinosaurs and the Renaissance.”

Coach of the Year: New Energy Tidewater Striders
Miriam Clubok Award for leadership in the National Organization for Human Services.
Most Inspiring Faculty Award. President’s Awards Ceremony, ODU.
Outstanding Professional Service Award. Darden College of Education and Professional Studies Faculty Governance Awards.
Assessment Leadership Institute admittance. University of Hawaii at Manoa.
First Place Coed Team (Team ODU Admissions) at the ADP Corporate 5K.

Promotion & Tenure: Associate Professor
Incoming Director of the HMSV Program
New positions: Addictions Education Coordinator | Co-Chair of the Assessment Advisory Committee of the Office of Institutional Effectiveness and Assessment revamping our academic assessment process for SACSCOC accreditation (replacing WEAVE) |
Communications Liaison of the Women’s Caucus Wo-Mentoring Program


Awards:
- Miriam Clubok Award for leadership in the National Organization for Human Services.
- Most Inspiring Faculty Award. President’s Awards Ceremony, ODU.
- Outstanding Professional Service Award. Darden College of Education and Professional Studies Faculty Governance Awards.
- Assessment Leadership Institute admittance. University of Hawaii at Manoa.
- First Place Coed Team (Team ODU Admissions) at the ADP Corporate 5K.
NOTEWORTHY
ACCOMPLISHMENTS

DCEPS 2023 STUDENT AWARDS

DARDEN COLLEGE OF EDUCATION
& PROFESSIONAL STUDIES
2023 STUDENT AWARDS
CONGRATULATIONS, NIC SCHMOYER!

RECIPIENT OF DARDEN COLLEGE OF EDUCATION AND PROFESSIONAL STUDIES DISSERTATION FELLOWSHIP

CONGRATULATIONS!

Dr. Stephanie Smith-Durkin and Doctoral Student Chelsea Hillard are so proud of you!

CONGRATULATIONS!

Congratulations Dr. Stephanie Smith-Durkin and Doctoral Student Chelsea Hillard on being awarded an ASCA 2022 Research Grant! The grant will fund their study: The Experiences of School Counselors Who Achieved Recognized ASCA Model Program (RAMF) Status While Serving Students from Historically Oppressed Identities.

CONGRATULATIONS!

Congratulations Dr. Emily Goodman-Scott and doctoral student, Betsy M. Perez for being awarded an ASCA 2022 research grant! The grant will fund their study: The Processes & Procedures of Completing ASCA Model Training: A Case Study.

CONGRATULATIONS!

NBCC Minority Fellowship Program Doctoral Grantee - Betsy Perez 2023-2024

Betsy is a doctoral student in the Counselor Education & Supervision program in the Counseling and Human Services Department at Old Dominion University. As part of the NBCC-MFP, Betsy will receive mentorship and support for her research and development as a future counselor educator.
Integrated Behavioral Health (IBH) is a model of healthcare that emphasizes active collaboration between medical and behavioral health professionals towards biopsychosocial wellness. Behavioral health researchers have identified various benefits of IBH, including improved patient outcomes (Schmit et al., 2018; Ulupinar et al., 2021), attention to comorbid physical and behavioral health concerns (Vogel et al., 2017), and a reduction of total healthcare costs (Hunter et al., 2018; Peterson et al., 2017; Wells et al., 2018). Despite the various benefits of IBH, numerous researchers have identified the importance of intentionally preparing clinicians for the nuances of clinical practice in integrated care settings (Asempapa, 2019; Dice et al., 2022; Glueck, 2015; Vogel et al., 2014). Numerous healthcare settings in the Hampton Roads area can be conceptualized as an IBH setting, such as Chesapeake Regional Medical Center, EVMS, CHKD, and Sentara. Additionally, a significant portion of current counseling MSEd and PhD students complete their supervised clinical experiences within these settings, while a number of graduates from the counseling program have started their counseling careers in these settings.

To attend to the evolving field of healthcare and the needs of our students in our CHS graduate programs, the counseling program is excited to offer a new elective in the Summer of 2023 – COUN 695: Counseling Perspectives in Integrated Behavioral Health. This is a hybrid virtual class with both synchronous and asynchronous meetings spanning the full summer semester. This course was developed by Nic Schmoyer, a 2nd year PhD student, in collaboration with various experts in counseling and IBH, and will be delivered by Nic and Dr. Lauren Robins. This course is separated into three broad modules with the goal of providing students with a comprehensive introduction to the various skills, knowledge, and professional dispositions needed for competent practice in IBH settings – 1) Counselors in Integrated Behavioral Health; 2) Psychosocial Dimensions of Medical Conditions; and 3) Evidence-Based Treatments in Integrated Behavioral Health. By the end of the semester, it is the goal that students will be able to better conceptualize the roles of counselors in IBH settings, recognize the bidirectional relationship between medical and psychosocial concerns, and create comprehensive case conceptualizations and treatment plans grounded in evidence-based treatment approaches within IBH settings.

We are excited to introduce this course to the counseling program and students in summer 2023. If you are interested in learning more about this course, you are encouraged to reach out to Nic Schmoyer (nschm005@odu.edu) and Dr. Lauren Robins (lrobins@odu.edu).
THROUGH COLLABORATION AND DETERMINATION ACROSS THE FALL AND SPRING SEMESTERS, WE ARE PROUD TO ANNOUNCE THAT COUNSELORS FOR SOCIAL JUSTICE - OLD DOMINION UNIVERSITY CHAPTER (CSJ-ODU) HAS GAINED RECOGNITION AS AN OFFICIAL CSJ CHAPTER! OUR ELECTED OFFICIALS ARE BETSY PEREZ (CHAIR), DANIELLE RODGERS (CHAIR-ELECT), DESTINY HODGSON (SECRETARY), JALIA HAZEL (TREASURER), NIC SCHMOYER (MEMBERSHIP DIRECTOR), KATHERINA NAKO (DOCTORAL REPRESENTATIVE), AND KACEY BUNTING (PROGRAMMING DIRECTOR). IN JUST TWO SEMESTERS, WE HAVE CREATED OUR CONSTITUTION AND BYLAWS, GAINED OFFICIAL CHAPTER STATUS, APPLIED TO BE RECOGNIZED AS AN ODU STUDENT ORGANIZATION, AND CO-SPONSORED A PARK CLEAN UP EVENT WITH CSI. OVER THE SUMMER WE ARE HOLDING MEETINGS FOR ANYONE INTERESTED TO ESTABLISH THE FRAMEWORK FOR OUR FIRST YEAR EFFORTS. THERE IS A POTENTIAL FOR MORE LEADERSHIP POSITIONS, SUCH AS MASTER’S REPRESENTATIVE AND COMMUNICATIONS DIRECTOR. IF YOU ARE INTERESTED IN ATTENDING MEETINGS OR IN LEADERSHIP POSITIONS, PLEASE EMAIL BETSY AT BPERE005@ODU.EDU FOR MORE INFORMATION
CHI SIGMA IOTA OMEGA DELTA CHAPTER WAS EXCITED TO BE BACK WITH IN PERSON EVENTS THIS YEAR AND STARTED IT OFF STRONG! WE ARE A COUNSELING HONOR SOCIETY WHOSE MISSION IS TO PROMOTE SCHOLARSHIP, RESEARCH, PROFESSIONALISM, LEADERSHIP, ADVOCACY, AND EXCELLENCE IN COUNSELING. SOME OF OUR VERY OWN PROFESSORS ARE PROUD CSI MEMBERS, SO TRUST US WHEN WE SAY THIS IS AN ORGANIZATION THAT CAN LAST YOU A LIFETIME.

THIS FALL THE COUNSELING HONOR SOCIETY JOINED THE NEW STUDENTS AT THE GRAD SCHOOL SOCIAL WHERE WE INTRODUCED OUR NEW T-SHIRT LOGOS! WE BANDED TOGETHER AND JOINED WITH THE AMERICAN FOUNDATION FOR SUICIDE PREVENTION AND PARTICIPATED IN THE OUT OF DARKNESS WALK WHERE WE RAISED $250 TO INCREASE COMMUNITY AWARENESS.

WE APPRECIATE THE COMMUNITY JOINING IN ON OUR SPOOK-TACULAR HALLOWEEN SOCIAL AND ENJOYING AN EVENING OF FUN, SNACKS, AND CHATS. IT WAS TRULY AN HONOR TO GET TO KNOW SOME OF YOU BETTER AS WE RANG IN THE NEW SEMESTER. THIS SPRING WE HAD A CV DEVELOPING EVENT WHERE WE DISCUSSED WHAT TO INCLUDE ON A CV, HOW TO FIND OPPORTUNITIES, AND WAYS TO BUFF UP YOUR RESUME. A HUGE SHOUT OUT AND THANK YOU TO DR. JEFFERY MOE FOR GUIDING US IN BUILDING OUR COUNSELOR RESUMES!

WONDERING WHEN TO MEET UP NEXT? APRIL 14TH WE ARE COMBINING BOTH THE EVENING OF ACHIEVEMENT AND THE INITIATION OF OUR NEWEST MEMBERS! IF YOU PREFER TO GET YOUR HANDS DIRTY – JOIN US AND CSJ ON SATURDAY APRIL 8TH AS WE PAIR WITH KEEP NORFOLK BEAUTIFUL AND PARTICIPATE IN COMMUNITY CLEAN UP (DON’T WORRY – GLOVES ARE PROVIDED!).

CONGRATULATIONS TO ALL THOSE WALKING THIS MAY! WE LOOK FORWARD TO CELEBRATING YOUR SUCCESS! FOR THOSE WHO ARE STILL ON YOUR EDUCATIONAL JOURNEY, WE ARE EXCITED TO SOON REVEAL A FEW BIG THINGS IN THE WORKS FOR NEXT YEAR, SO KEEP AN EYE OUT FOR FUTURE ANNOUNCEMENTS. IF YOU HAVEN’T JOINED CSI YET, PLEASE CONSIDER JOINING NEXT FALL. IF YOU ARE LOOKING TO BECOME MORE INVOLVED IN OUR COUNSELING COMMUNITY AND GAINING LEADERSHIP EXPERIENCE, THE BOARD IS NOW LOOKING TO FILL POSITIONS!

THE BOARD HAS BEEN HONORED TO SERVE YOU THIS ACADEMIC YEAR AND WE INVITE YOU TO REACH OUT WITH ANY QUESTIONS OR TO SAY HI!

JESS SEABURG, M.S.ED. TRACK, PRESIDENT
SHELBY DILLINGHAM, PH.D. TRACK, MEMBERSHIP CHAIR
TOM SEGUIN, PH.D. TRACK, TREASURER
NIC SCHMOYER, PH.D. TRACK, EVENT CO-CHAIR
KRISTAL FOWLER, M.S.ED. TRACK, EVENT CO-CHAIR
ARIEL HUTCHEON, PH.D. TRACK, AWARDS CO-CHAIR
KATHERINA NAKO, PH.D. TRACK, AWARDS CO-CHAIR
DR. LAUREN ROBINS, FACULTY ADVISOR
CONGRATULATIONS TO THE OUTSTANDING Awardees!

2023 CSI Awards

Outstanding Master's Student
Jess Seaburg

Outstanding Doctoral Student
Nic Schmoyer

Outstanding Faculty Member
Dr. Lauren Robins
A WORD FROM OUR FANTASTIC PRESIDENT!

BY MIRIAM GOURDINE, PRESIDENT OF TAU UPSILON ALPHA HONOR SOCIETY

HAPPY 2023, MONARCHS! YOU MADE IT TO ANOTHER YEAR AND ANOTHER STEP CLOSER TO GRADUATION. WHETHER YOU STARTED THIS SEMESTER AS A FRESHMAN, OR A SENIOR GETTING READY TO CROSS THAT STAGE IN MAY, YOU HAVE MOVED A STEP CLOSER TO THE GOAL! TUA WANTS TO TELL EACH OF YOU CONGRATULATIONS FOR YOUR DECISION TO STAY MOTIVATED TO COMPLETE YOUR DEGREE, EVEN WHEN IT HAS GOTTEN TOUGH. DON’T QUIT! IT WILL ALL PAY OFF FOR YOU IN THE END AND YOU WILL LOOK BACK AND PROUDLY SAY, “I DID IT!”

AS CURRENT PRESIDENT OF THE TUA UPSILON ALPHA HONOR SOCIETY, I ENJOY SEEING OUR MONARCHS WORKING HARD AND ACCOMPLISHING THEIR GOALS. THIS SEMESTER WE HAVE INVITED STUDENTS WHO HAVE MET OUR CRITERIA TO BECOME MEMBERS OF THIS NATIONALLY RECOGNIZED PROGRAM AND WE ARE SO EXCITED! TO BECOME A MEMBER OF THIS HUMAN SERVICES HONOR SOCIETY IS NOT AN EASY FEAT. BECAUSE OF THAT, WHEN WE ARE ABLE TO INVITE NEWLY ELIGIBLE STUDENTS, WE WHO SERVE ON THE TUA EXECUTIVE COMMITTEE (MYSELF, OUR VICE-PRESIDENT - NAKISHA SMITH, AND OUR CHAPTER ADVISOR - DR. RADHA HORTON-PARKER) ARE OVERJOYED TO WELCOME NEW POTENTIAL MEMBERS INTO THIS DISTINGUISHED SOCIETY. NAKISHA SMITH AND DR. HORTON-PARKER ARE WONDERFUL PARTNERS ON THIS EXECUTIVE BOARD AND WE ALL WORK TOGETHER TO HELP WITH THE WELCOMING OF NEW MEMBERS AND TO REPRESENT OURSELVES IN A MANNER BEFITTING TAU UPSILON ALPHA HONOR SOCIETY MEMBERS.

AS WE APPROACH THE END OF THE SEMESTER, STAY FOCUSED AND DO NOT LOSE YOUR STEAM. THINK ABOUT ALL THAT YOU HAVE ACCOMPLISHED JUST TO GET TO THIS POINT AND KEEP MOVING FORWARD. TUA IS EXCITED TO BRING ON BOARD NEW MEMBERS THIS YEAR AND WE ARE SO HAPPY TO HAVE YOU! SENIORS, AS WE FACE GRADUATION AND MOVE TO NEW ADVENTURES, JUST KNOW THAT YOU WORKED HARD TO BECOME A MEMBER OF TAU UPSILON ALPHA HONOR SOCIETY AND WILL BE RECOGNIZED FROM HERE ON OUT AS SUCH. FOR THOSE WHO ARE NOT YET SENIORS, BUT IT’S ON THE HORIZON, PERSEVERE; CONSIDER BECOMING A MEMBER ON THE EXECUTIVE BOARD, AND YOU WILL NOT BE DISAPPOINTED, AS WE SUPPORT AND CARE FOR ONE ANOTHER’S SUCCESSES.

IF YOU HAVE NOT YET BEEN INVITED TO JOIN TUA, KEEP STRIVING TO ACHIEVE EXCELLENCE AND YOU MAY HAVE THE OPPORTUNITY TO JOIN NEXT SEMESTER. HAVE A WONDERFUL SEMESTER, EVERYONE; AND KEEP YOUR EYES ON THE GOAL!

PLEASE JOIN ME IN CONGRATULATING OUR LIST OF FALL 2022 AND SPRING 2023 NEW MEMBERS, AS WELL AS OUR FALL 2022 AND SPRING 2023 GRADUATING MEMBERS! WELL DONE!

New Members
Fall 2022:
Lindsey Fischler
Shelby Herron
Chloe Rivera
Bree Scott
Nakisha Smith

Graduating Members
Fall 2022:
Heather Disbrow
Shelby Herron
Marcus Nelson
Gary Preston
Chloe Rivera
Bree Scott

New Members
Spring 2023:
Zaquinntia Chamblee
Kelsey Kilmon
Kelsey Parker
Jennel Tiller

Graduating Members
Spring 2023:
Zaquinntia Chamblee
Miriam Gourdine
Nakisha Smith

Graduating Members
Spring 2023:
Zaquinntia Chamblee
Miriam Gourdine
Nakisha Smith
CHECK THIS OUT...
COME "DE-STRESS WITH CHS"

MAKE YOUR MARK... LITERALLY.

WE HAVE HAD MANY VISITORS THAT ARE DE-STRESSING WITH US, INCLUDING STUDENTS, FACULTY, STAFF AND OUR FEARLESS LEADERS, DEAN DICE, ASSOCIATE DEAN KATSIOLoudIS AND DEAN REAMS
2022-2023
COMMUNITY INVOLVEMENT

LET'S GET INTENTIONALLY INVOLVED!

CHS VIGIL FOR TURKEY & SYRIA

VIGIL FOR TURKEY & SYRIA

Join us in a vigil of solidarity and unity to commemorate the deadly earthquake that struck Turkey & Syria 2 months ago.

Date: April 5, 5pm to 6:10 pm
Venue: Webb Center steps/Kaufman Mall


DON'T MISS THIS...
TRENDING PRESENTATIONS!

LET YOUR LIGHT SHINE.


THANK YOU TO OUR FACULTY, STAFF, AND LEARNERS FOR MAKING THIS ONE OF THE BEST YEARS YET IN THE CHS DEPARTMENT!

WE HOPE YOU WILL WALK ALONGSIDE US AS YOUR AUTHENTIC SELF... AS WE CONTINUE TO EMBARK ON THE JOURNEY OF FORWARD THINKING, ROOTED IN THE DIVERSITY, EQUITY, INCLUSION, AND BELONGING MISSION OF THE DARDEN COLLEGE OF EDUCATION AND PROFESSIONAL STUDIES....