

WIND DOWN FOR FINALS WEEK!

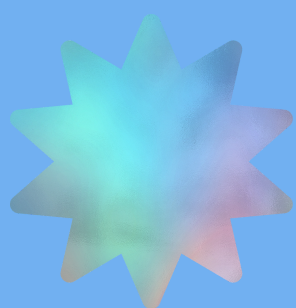


**EXPLORE
VIRTUAL
REALITY**

**ENJOY
FREE
SNACKS**

**WIN
LIBRARIES'
SWAG!**

**VISIT A
DE-STRESS
CORNER**



SHARE YOUR SMILE!

Fact: Smiling Helps You De-stress
Snapshots Taken on April 20, 11am - 1pm
Perry Library, Learning Commons De-stress Corner

.....

DE-STRESS THROUGH VIRTUAL REALITY

Use Meta Quest Tech to Keep Calm Before Finals
April 21, 11am - 1pm
Perry Library, Learning Commons - Near Einstein's

.....

PUZZLES OR PLAYDOH?

Take a Break & Refresh Your Brain Power
April 25, 11am - 1pm
Perry Library, Learning Commons De-Stress Corner

.....

ADD COLOR TO FINAL EXAM PREPS

Brighten Up Exam Week; Color Outside the Lines
April 26, 11am - 1pm
Perry Library, Learning Commons De-Stress Corner

.....

FINAL EXAM WEEK - APRIL 27-MAY 4

Free Snacks - Perry Library, Learning Commons

.....

Contact Alisa Faumore, Communications Coordinator at a1moore@odu.edu for additional details on de-stressing activities!