

#### What is M-Power?

- A Resource within the ODU community, educating on issues of interpersonal violence (consent, sexual assault, stalking, and intimate partner abuse)
- Peer educators provide learning experneces that promte gender equality, non-violence and positive change

#### What will you gain?

- Public speaking practice, skills, and experience
- Facilitation skills enabling you to engage others in learning activities, bring different opinions into the open for discussion, and answer difficult questions within a group setting
- Knowledge and experience in advocating on an important issue and for those adversely impacted
- Greater awareness, compassion, and sense of responsibility for your peers
- Community service hours

## Who should apply?

- Any sophmore through graduate level student currently enrolled at ODU, with the courage to make a difference
- Students with a basic understanding of these topics
- Students who desire to be agents of change

## What is required of the peer educator?

- Complete 16 hours of training in September.
- Present a minimum of two interactive presentations per semester.
- Able to staff information tables at campus events twice during the semester
- \* Attend monthy peer educator meetings to keep current on issues of interpersonal violence.

# How will this Look on my resume?

#### Experience

The Women's Center - ODU

M-Power Peer Educator

- Facilitated over 30 learning experiences with peers on the following topics: sexual assault relationship violence, bystander intervention techniques and stalking.
- Educated incoming freshmen about relationship risks and how to create a safety plan for oneself or how to support a friend in need.
- Led change by supporting others to develop greater personal awareness about their bias and role in preventing interpersonal violence.
- Advocated for male and female victims of sexual assault and domestic violence through various campus events
- Acquired over 80 hours of public speaking and community service hours and served as a role model for healthy relationships at ODU.