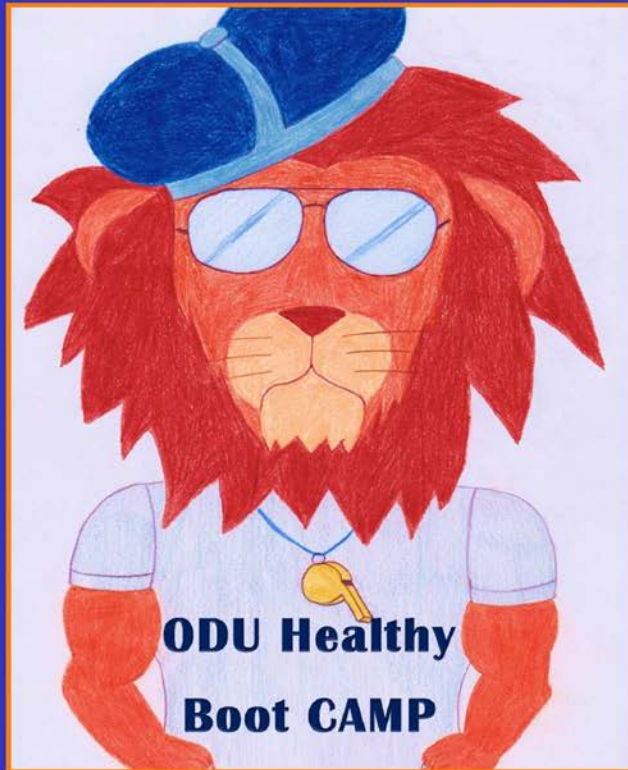


2014—Let's Do THIS!



An entirely ONLINE study that may help you identify and maintain health behavior goals (exercise, nutrition, & alcohol use). Your participation will enter you into cash (**\$25, \$100, \$100**) and prize (**Google** © Nexus 7 Tablet) raffles!

E-mail "Interested" to GDLIM001@odu.edu

ODU HEALTHY BOOT CAMP

If you would like to be part of the ODU Healthy Boot CAMP, a completely online study, please contact me at gdlim001@odu.edu for more study information. Alternatively, you may directly complete the 10-15 minute pre-screen survey at: https://odu.co1.qualtrics.com/SE/?SID=SV_9HNPkqpYz8Eh7Ct. Completion of the pre-screen survey will enter you into a **\$25 raffle**.