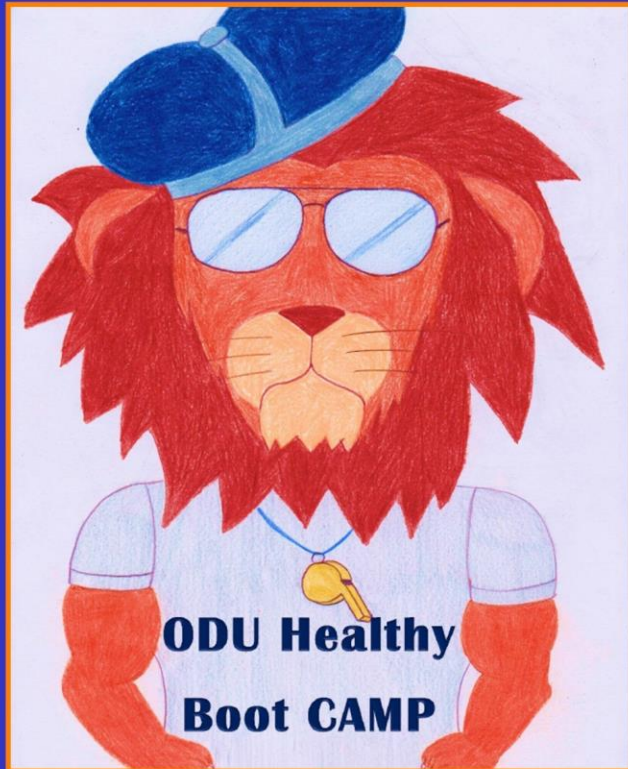


## 2014—Let's Do THIS!



An entirely ONLINE study that may help you identify and maintain health behavior goals (exercise, nutrition, & alcohol use). Your participation will enter you into cash (\$25, \$100, \$100) and prize (Google © Nexus 7 Tablet) raffles!

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# ODU HEALTHY BOOT CAMP

If you would like to be part of the ODU Healthy Boot CAMP, a completely online study, please contact me at [gdlim001@odu.edu](mailto:gdlim001@odu.edu) for more study information. Alternatively, you may directly complete the 10-15 minute pre-screen survey at: [https://odu.co1.qualtrics.com/SE/?SID=SV\\_9HNPkqpYz8Eh7Ct](https://odu.co1.qualtrics.com/SE/?SID=SV_9HNPkqpYz8Eh7Ct). Completion of the pre-screen survey will enter you into a \$25 raffle.