

# **ADHD WORKSHOP #3**

## **APPS FOR ORGANIZING**

**Make your smartphone smarter!**

**When: February 18th & 25th During Activity Hour 12:30-1:30**

**Where: Student Success Center room 2026**

**Who: Mindy Schwartz Katz, M.S., A.C.C., ADHD/Life coach**

**For more information or to RSVP**

**Contact Susan Nixon**

**Email: [scnixon@odu.edu](mailto:scnixon@odu.edu)**

**Phone: 757-683-4655**

