

**Sunday, November 9th 2014**

Powhatan Ave. will be **closed from 38th Street to 48th Street**,  
during the hours of **8:30am-12:00pm**  
for the 3rd Annual ODU Triathlon.

*Please seek alternative travel routes during this time period.*



**Event information:**

3rd Annual ODU Retro Tri-Series Triathlon

**Race Starts:** 9:00am

**Pre-Meeting:** 8:30am

**Cost for participation:** \$27 ODU, \$30 Community



**Superhero Splash and Dash**

(for ages 7-13 yrs)

**Race Starts:** 11:00am

**Cost for Participation:** \$7

Register at [active.com](http://active.com)

For more information contact: Tamara Morgan, Assistant Director of Fitness & Wellness, Recreation & Wellness Department, at [tmorgan@odu.edu](mailto:tmorgan@odu.edu)