

# PATHWAY TO PEACE

## WALK THE LABYRINTH

Labyrinths are used to promote meditation  
and some people view labyrinths as a  
metaphor for the path of life!

### September 19<sup>th</sup>, 2013

Travel from ODU to the Church of Ascension

405 Talbot Hall Road, Norfolk VA 23505

The bus will depart from Webb Center at 2:15PM and return at 4:30PM.

*Find answers to life's questions!*



**RSVP:** Email [ljeffres@odu.edu](mailto:ljeffres@odu.edu) by September 5  
if you wish to experience the Labyrinth.

*Monarch Wellness: Spiritual*

Sponsored by the  
Office of Counseling Services  
1526 Webb Center  
757-683-4401

