

## Women's Institute for Leadership Development

Since 1996, the Women's Institute for Leadership Development at Old Dominion University has focused on developing the leadership skills of women students. The Institute incorporates theory and practice and is divided into eight modules.

Dedicated to building community among members and refining essential leadership skills, the program provides students with the opportunity to network with other student leaders.

### Application Deadline

**January 30, 2014**  
**5 p.m.**

Limited to 30 participants

### Information Tables

**January 16, 23, 28**

**12:30 p.m. - 1:30 p.m.**

**Webb Center**

### Objectives

- Define personal leadership styles
- Learn effective team-building techniques
- Discover new ways to motivate group members
- Learn conflict management strategies
- Polish communication skills
- Learn how to develop contacts and create a network
- Explore career development strategies

## Spring 2014 Modules

### Welcome/Orientation: The Call to Leadership

**Monday, February 10, 2 P.M. - 4 P.M.**

**Webb Center**

Participants learn about the "call" to leadership, meet their cohort, and will explore their values and what inspires them to be a leader.

**Facilitator: La Wanza Lett-Brewington**

### The Art of Team Building

**Monday, February 17, 2 P.M. - 4 P.M.**

**Webb Center**

At the heart of most high performing organizations is a sense of commitment to the team. This experiential session will give participants the opportunity to demonstrate leadership and learn how these activities can positively impact individuals and groups.

**Facilitator: Suzan Thompson**

### Women's Leadership Styles

**Monday, February 24, 2 P.M. - 4 P.M.**

**Webb Center**

Women often bring special strengths, characteristics, and values to leadership. Using guided discussion and structured activities, students will explore these leadership styles and principles for leading authentically.

**Facilitator: La Wanza Lett-Brewington**

### The Journey

**Monday, March 3, 2 P.M. - 4 P.M.**

**Webb Center**

Effective leadership requires skills in managing diversity of all types. This interactive dialog will challenge students to move beyond their leadership "comfort zone" through activities and reflection.

**Facilitator: Lesa Clark**

### Strategies for Effective Communication

**Monday, March 17, 2 P.M. - 4 P.M.**

**Webb Center**

Effective communication skills are important for any leader. This experiential workshop will focus on gender communication, communication styles, and the skills needed to be an effective communicator.

**Facilitator: Carla Harrell**

### Balanced Leadership: Understanding When Leaders Fail

**Monday, March 24, 2 P.M. - 4 P.M.**

**Webb Center**

This workshop focuses on what makes a great leader fail. The purpose of this workshop is highlight how unresolved issues can become barriers to success. Through discussion and personal reflection activities participants will determine what some of their internal barriers might be and create action steps for how to address them.

**Facilitator: Crista Gambrell**

### Build Your Stairway to Success: Women's Career Development

**Monday, March 31, 2 P.M. - 4 P.M.**

**Webb Center**

Today it takes a lot of planning and negotiating to enhance your career development and opportunities. Students will exit this experiential workshop with a variety of strategies including goal setting and career decision making skills, best practices for getting a promotion, and how to establish and start an action plan.

**Facilitator: Alice Jones**

### Bringing it All Together: Sustaining Leadership & Engagement

**Monday, April 7, 2 P.M. - 4 P.M.**

**Webb Center**

With the focus on what the students learned about themselves during the Institute, students will present their leadership vision and action plan for engagement on campus and in the community.

**Facilitator: La Wanza Lett-Brewington**

## Application Information

- ☞ Open to all women students
- ☞ Application available online at <http://www.odu.edu/womenscenter>
- ☞ Students accepted into the Institute will be notified by **February 5**. The first module is scheduled for **February 10**.

## Mission

- ☞ To explore women's styles of leadership and to support and empower women students as they develop their leadership skills.
- ☞ To enhance leadership skills and intellectual development and to create an environment which values and nurtures women leaders.
- ☞ To create a network and a community among women leaders during and after the college experience.
- ☞ To become an integral part of leadership development for women students at Old Dominion University.

## W.I.L.D. Advisory Committee

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## Women's Center

