

HELP END ABUSIVE RELATIONSHIPS TODAY

WORKSHOP SERIES

Listen to Your Heart: Engaging in Healthy Relationships

October 16, 2012, 12:30pm – 1:30pm
Chesapeake Room, Webb Center

Pour Your Heart Out: Effective Communication Strategies for Healthy Relationships

October 18, 2012, 12:30pm – 1:30pm
Chesapeake Room, Webb Center

A Change of Heart: Techniques to Resolve Relationship Conflict

October 23, 2012, 12:30pm – 1:30pm
Virginia Beach Room, Webb Center

A Heart-to-Heart: Talking With Friends About Relationship Trouble

October 25, 2012, 12:30pm – 1:30pm
James River Room, Webb Center

Lessons You Know by Heart: Staying Safe at College

October 30, 12:30pm – 1:30pm
Portsmouth Room, Webb Center

Sponsored by:

The Department of Counseling & Human Services
and the Women's Center



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