

LET'S TALK GRAD LIFE

HELPING GRADUATE STUDENTS MASTER THE BALANCING ACT

Open to all graduate students and undergraduate seniors!

Use the links to RSVP.

Zoom invitations and passwords will be emailed
to those who RSVP.

CHATS

RSVP: bit.ly/LTGLChatsSU2020

Informal discussions designed for
students to connect and collaborate
during remote learning.

Tuesday, May 26th
Tuesday, June 23rd
Tuesday, July 21st

12:20 PM - 1:20 PM



INTRODUCING SELF-CARE

Monday, June 1st

1:30 PM - 3:00 PM



LIVING YOUR BEST LIFE ON A BUDGET

Thursday, July 16th

3:00 PM - 4:30 PM

WORKSHOPS

RSVP: bit.ly/LTGLWorkshopsSU2020

Casual presentations to provide
students tools to
enhance wellbeing and
academic success.



STRESS & TIME MANAGEMENT

Tuesday, June 16th

4:00 PM - 5:30 PM



HANDLING RELATIONSHIPS & CONFLICT

Wednesday, July 1st

5:30 PM - 7:00 PM



OLD DOMINION UNIVERSITY

The Graduate School



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Center for High Impact Practices
LEARNING CENTER