

Public Health Talk



ODU

ODU school of community
environmental health & the public
health student association present:

**DR. VANESSA
DOMINGUEZ**

Our world is rapidly
changing amidst the
COVID-19 health crisis.

Worry, fear, and
anxiety are common
reactions to stressful
situations, and can be
overwhelming during a
crisis. In this webinar,

Dr. Dominguez will
review the importance
of mental and emotional
health as well as discuss
strategies for coping
during this
unprecedented time.

Coping with Uncertainty During the COVID-19 Public Health Crisis



17 April, 2020 | 12PM-1PM |

ZOOM Link: <https://odu.zoom.us/j/342649429>