

# Stress Free Chakra Meditation

August 16, 2018

6 - 8pm



For Meditation Info:

arunaswarup@yahoo.com

252-333-4110

Suggested Donation:

\$25 per day

Both days: \$40

# Third Eye Chakra Meditation

August 17, 2018

6 - 8pm



Meditation Guru "Archna Didi"



1308 Airline Blvd., Portsmouth, VA 23707

www.sattvicpaceyoga.com | 757-655-3322

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