



**CHOOSE
YOUR
WEAPON**

Seeking ODU students
and Faculty & Staff who
**LIKE TO COOK AND
LOVE TO COMPETE!**

Enter to win one of 12
student or faculty/staff chef positions
for the upcoming cooking contest!

2nd Annual **Big Blue's** *healthy* **KITCHEN WARS**

Faculty/Staff vs. Student Edition

Dates of Entry:

**MARCH
14-31**

**Winners will be
randomly selected
April 1st and
contacted by
email or phone.**

Must be an ODU faculty, staff
or student to enter. One entry
per student. Entering more
than once will disqualify entry.

TO ENTER please stop by between
March 14th-31st to fill out an entry form:

- » Health Promotion front desk during normal business hours (M-Th 8am-7pm; Fri 8am-5pm)
- » Café 1201 Healthy Bites Nutrition Table event March 21st from 12:00pm-1:30pm
- » Monarch Nutrition Table event in Webb Center South Mall March 15, 17, 24 & 29 from 12:30pm-1:30pm

OTHER IMPORTANT INFO:

Winners will be divided into two **BIG BLUE COOKING TEAMS**

Cook-off will be held during the **Big Blue's Healthy Kitchen Wars PAW** event:

**Friday 6:00
APRIL 22ND PM**
North Cafe in Webb Center

Winner of **Big Blue's Healthy Kitchen Wars** determined by a panel of 6 judges.

PRIZES & GIVE AWAYS
will be awarded.