



**CHOOSE  
YOUR  
WEAPON**

# SEEKING 6 ODU Faculty, Staff & Student **cooking contest JUDGES**

Enter to win one of 3 student or 3 faculty/staff judge positions for the upcoming cooking contest!

# 2nd Annual **Big Blue's** *healthy* **KITCHEN WARS** Faculty/Staff vs. Student Edition

Dates of Entry:

**MARCH  
14-31**

Winners will be randomly selected **April 1<sup>st</sup>** and contacted by **email or phone.**

Must be ODU faculty, staff or student to enter. One entry per person. Entering more than once will disqualify entry.

**TO ENTER** please stop by between March 14<sup>th</sup>-31<sup>st</sup> to fill out an entry form:

- » Health Promotion front desk during normal business hours (M-Th 8am-7pm; Fri 8am-5pm)
- » Café 1201 Healthy Bites Nutrition Table event March 21<sup>st</sup> from 12:00pm-1:30pm
- » Monarch Nutrition Table event in Webb Center South Mall March 15, 17, 24 & 29 from 12:30pm-1:30pm

## OTHER IMPORTANT INFO:

**ESTIMATED VOLUNTEER TIME** is 5:30pm-8pm on the evening of the event.

Cook-off will be held during the **Big Blue's Healthy Kitchen Wars PAW** event:

**Friday 6:00  
APRIL 22ND PM**  
North Cafe in Webb Center

FOR MORE INFORMATION: [tconder@odu.edu](mailto:tconder@odu.edu)  
SHS Health Promotion 757-683-5927

CO-SPONSORED BY:  
  
SHS Health Promotion

  
MONARCH DINING