OFFICE OF COUNSELING SERVICES

SUMMER 2014

CALENDAR OF EVENTS



Active program providing knowledge, awareness, and skills to prevent toxic drinking deaths. Chesapeake Room [Webb Center] 2:00PM – 4:00PM

June Speed Friending

Become more confident meeting new people.

Suffolk Room [Webb Center] 12:30PM - 1:30PM

JulySoothe Your Stress15Through Your Senses

Learn how to restore balance through your senses! Kaufman Mall 12:30PM – 1:30PM

Services Provided:

57

Individual Counseling Group Counseling Couples Counseling Consultation Emergency Services 1526 Webb Center 757-683-4401 M-F: 8am – 5pm



