

Women's History Month 2014

LUNAFEST

Monday, March 3

6:30 P.M. Cake & Raffle Reception for great local prizes

7:30 P.M. Showtime

ODU University Theatre, 4600 Hampton Blvd.

An evening of short films made by and about women. All proceeds will benefit The Breast Cancer Fund and the YWCA of South Hampton Roads. Participate in our raffle for great local prizes! Raffle tickets will be sold during the reception for \$1.

Tickets for the event are \$5 with ODU Student ID and \$10 for general admission at the Webb Information Desk prior to the show or \$15 at the door.

Start Smart

Tuesday, March 4,

4 P.M. - 7 P.M.

Chesapeake Room, Webb Center

Over the course of her working life a woman will earn roughly \$1 million less than a man simply because she is a woman. Start Smart is an interactive salary negotiation workshop designed to give college women the confidence and skills they need to earn fair compensation.

Please RSVP to womenctr@odu.edu by March 3 to attend.

Women in Music

Wednesday, March 5

7:30 P.M.

Chandler Recital Hall, Diehn Fine Arts Center

An evening celebrating the musical achievements of women throughout the world. The ladies of Sigma Alpha Iota will delight us with pieces written and performed by women such as Pink, Taylor Swift, Corinne Bailey Rae and more.

Co-sponsored by: Sigma Alpha Iota

Women in Leadership Series

Tuesday, March 18,

2:30 P.M. - 4:30 P.M.

Hampton/Newport News Room, Webb Center

Featuring speaker Tuere Fa'aola.

Where can an ODU degree in science take you? Come learn about the possibilities from Senior Transportation Planner at CDM Smith, an international leader in consulting, engineering, construction, and operations.

Free Women's Self-Defense Workshop

Wednesday, March 19

7:30 P.M. - 9:30 P.M.

Norfolk Karate Academy,

814 West 45th St, Norfolk, VA 23508

Students will learn easy self-defense techniques that can be used to help escape a potentially dangerous situation. **Please RSVP by March 18th to womenctr@odu.edu in order to participate.**

Walk A Mile In Her Shoes

Thursday, March 20

12 P.M. - 2 P.M.

Kaufman Mall

Rain Site: South Mall, Webb Center

CALLING ALL MEN! Be a part of the solution to stop sexual and relationship violence against women. Slip on a pair of heels and walk with us around campus showing your fellow Monarchs that you're an ally in this movement to end violence. Heels will be provided. Participate in our Drag Relay Race, visit our info tables to show your support and participate in our Men of Quality photo/video shoot. Women are encouraged to attend wearing sneakers. Prizes will be awarded to the Monarch and student group raising the most money. All proceeds benefit the YWCA of South Hampton Roads. **Contact womenctr@odu.edu to register.**



Zumba Party

Saturday, March 22

11 A.M. - 2 P.M.

North Cafeteria, Webb Center

Join us for some zumba fun and help us raise money for the YWCA. Tickets are \$10 at the door.

Hunger Games & Catching Fire Screening

Saturday, March 29

5 P.M.

MGB 102

Film screening & discussion

Co-sponsored with Student Activities Council

Feminist Activist Fair

Tuesday, March 25

11 A.M. - 2 P.M.

North Mall, Webb Center

Want to get involved? Stop by to learn about volunteer, internship, and employment opportunities with local organizations promoting social justice, equality and empowerment for women and girls. *Co-sponsored with the Women's Studies Dept.*

Music Inspired by Women

Tuesday, March 25

7:30 P.M.

Chandler Recital Hall, Diehn Fine Arts Center

Join us in an Evening of Music of great composers like Bach, Beethoven and Chopin. Underlying these works are the artistic inspiration and delicate influence of women.

Co-sponsor with Filipino American Studies Center & the Women's Studies Department

"A Woman's Worth"

Monday, March 31

7 P.M.

North Cafeteria, Webb Center

A variety show that celebrates women everywhere.

Presidential Proclamation Women's History Month

Women's History Month is a time to remember those who fought to make freedom as real for our daughters as for our sons. Written out of the promise of the franchise, they were women who reached up to close the gap between what America was and what it could be. They were driven by a faith that our Union could extend true equality to every citizen willing to claim it. Year after year, visionary women met and marched and mobilized to prove what should have been self-evident. They grew a meeting at Seneca Falls into a movement that touched every community and took on our highest institutions. And after decades of slow, steady, extraordinary progress, women have written equal opportunity into the law again and again, giving generations of girls a future worthy of their potential.

That legacy of change is all around us. Women are nearly half of our Nation's workforce and more than half of our college graduates. But even now, too many women feel the weight of discrimination on their shoulders. They face a pay gap at work, or higher premiums for health insurance, or inadequate options for family leave. These issues affect all of us, and failing to address them holds our country back.

Meeting those challenges will not be easy. But our history shows that when we couple grit and ingenuity with our basic beliefs, there is no barrier we cannot overcome. We can stay true to our founding creed that in America, all things should be possible for all people. That spirit is what called our mothers and grandmothers to fight for a world where no wall or ceiling could keep their daughters from their dreams. And today, as we take on the defining issues of our time, America looks to the next generation of movers and marchers to lead the way.

NOW, THEREFORE, I, BARACK OBAMA, President of the United States of America, by virtue of the authority vested in me by the Constitution and the laws of the United States, do hereby proclaim March as Women's History Month. I invite all Americans to visit www.WomensHistoryMonth.gov to learn more about the generations of women who have shaped our history.

IN WITNESS WHEREOF, I have hereunto set my hand this twenty-eighth day of February, in the year of our Lord two thousand thirteen, and of the Independence of the United States of America the two hundred and thirty-seventh.

BARACK OBAMA

Celebrating Women of Character, Courage and Commitment

This year's theme, Celebrating Women of Character, Courage, and Commitment, honors the extraordinary and often unrecognized determination and tenacity of women. Against social convention and often legal restraints, women have created a legacy that expands the frontiers of possibility for generations to come. They have demonstrated their character, courage and commitment as mothers, educators, institution builders, business, labor, political and community leaders, relief workers, women religious, and CEOs. Their lives and their work inspire girls and women to achieve their full potential and encourage boys and men to respect the diversity and depth of women's experience. For more information about the 2014 Honorees and the 2014 theme, please visit www.nwhp.org.



The NWHP is a nonprofit, nonpartisan, educational organization committed to recognizing and celebrating the diverse and historic accomplishments of women by providing information and educational materials.

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www.odu.edu/womenscenter



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WOMEN'S CENTER
CELEBRATES

WOMEN'S
History
MONTH
2014



CELEBRATING
WOMEN OF
CHARACTER,
COURAGE, AND
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