

When: Tuesday, October 8, 2013

12:00PM to 2:00PM

Where: North Mall, Webb

Does your wellness wheel need refreshing in one or more areas —physical, emotional, financial, spiritual, environmental, intellectual, occupational?

Check out the casino tables to learn how to "win" at wellness — pick-up "wellness bucks" to exchange for prizes!

ARE YOU IN?

For more information please contact:
Student Health Promotion at Kcholewi@odu.edu

Bring your ODU Student ID to participate!

Office of Counseling Services



Student Health Services