

# WOMEN'S HEALTH & FITNESS DAY

WEDNESDAY

SEPTEMBER 25<sup>TH</sup>

11 A.M. – 2 P.M.

NORTH MALL, WEBB CENTER

JOIN US FOR A WELLNESS FAIR HIGHLIGHTING WOMEN'S HEALTH AND FITNESS. PARTICIPATE IN SCREENINGS, INTERACTIVE DISPLAYS, AND FREE TAKE-AWAYS! LEARN MORE ABOUT GETTING INVOLVED IN HEALTHY CAMPUS INITIATIVES! THIS EVENT IS OPEN TO ALL ODU STUDENTS!

CO-SPONSORED BY  
SHS HEALTH PROMOTION  
WOMEN'S CENTER  
RECREATION & WELLNESS  
COUNSELING SERVICES  
FOR MORE INFORMATION,  
CONTACT KIM CARR AT  
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IDEA FUSION