

## MONARCH DINING

**EXECUTIVE CHEF SHOWCASE:** Monarch Dining held an Executive Chef Showcase during Café 1201's lunch meal period on March 28. Students had the opportunity to ask Chef Robert Patton any culinary questions they had. Chef Robert enjoyed interacting with the students and talking about the featured dish, Asian Steamed Cod.







CULINARY CORNER: Monarch Dining, Student Health Services, and Recreation & Wellness partnered up to bring "Culinary Corner." Angie Sutphin, the University's Registered Dietitian, held two sessions last month in the Student Rec Center. Angie showed students how to fix healthy and quick dining options right in their residence hall room. Students enjoyed Angie's tips and free food samples provided by Monarch Dining.







AUTISM AWARENESS: Monarch Dining and Alpha Xi Delta partnered up last month to help promote April as being Autism Awareness Month. On April 2, Alpha Xi Delta held informational tables in Café 1201, Legends and Starbucks Webb. To create even more awareness that day, Monarch Dining offered blue cupcakes at Café 1201 and Legends, several locations distributed Autism fact sheets and displayed blue decorations, and employees wore blue ribbons to show support.













4<sup>TH</sup> ANNUAL START WALKING DAY @ ODU: On April 2, Monarch Dining co-sponsored the 4<sup>th</sup> Annual START Walking Day @ ODU with Recreation & Wellness, the Department of Human Movement Science, the Office of Community Engagement, the Center for Service & Civic Engagement, and ODU Community Relations. Monarch Dining donated boxes of fruit and cambros of water for the event.

**2013 HEALTH FAIR:** On April 2, Monarch Dining co-sponsored the 2<sup>nd</sup> Health Fair with ODU's Public Health Organization. Monarch Dining donated Chick-fil-A Grilled Sandwiches for the first 60 guests.

WE APPRECIATE YOU: To show our appreciation to our students, April 6 was Student Appreciation Day at Legends and Rogers Café. These two dining locations were especially open from 10am-2pm. Each location had a DJ and a special menu, which included Shrimp and Grits, Carved Prime Rib, Wing Bar, Mac & Cheese, and Smoothies. Everyone enjoyed the celebration! In addition, April 15-19 was Customer Appreciation Week where Monarch Dining went out to say thank you to students by giving out gifts to customers.









for winning our CSA membership raffle and thanks to everyone that participated!





## GO GREEN VENDOR FAIR - On April 23, Monarch Dining participated in the Go Green Vendor Fair. Monarch Dining had a display board to show how we have "gone green" for the current school year. The board also displayed energy and water

**BLUE GOES GREEN WEEK:** 

conservation tips. Those that signed our ARAMARK "Go Green" pledge received a free Starbucks reusable cup, which gets customers a 10¢ discount every time they use it at any Starbucks.







CSA Open House on April 26 in The Norfolk Room and North Café Patio of Webb Center. Non-members of CSA @ ODU had the opportunity to check out the program. In addition to the normal features of CSA @ ODU, which include the pickup of members' produce, a social that offers drinks and snacks, a newsletter giving helpful storage tips and recipes for the week's produce, and a special appetizer featuring the week's produce, there were other events especially for that day. Five Points hosted a mini Farm

CSA OPEN HOUSE - Five Points Farm Market, ODU's Center for Service & Civic Engagement, and Monarch Dining held a

Market where those people that were not CSA members could purchase vegetables. Monarch Dining's Executive Chef, Robert Patton, held a chef demonstration for Asparagus Risotto, one of the week's produce. Smartmouth and O'Connor tastings were also available that day, both local brewing companies.













votes. Those who missed out on the blind taste test had the opportunity to try the different fried chicken recipes at three stations in Café 1201and text in their votes all night. Congratulations to Legends, the runner up, for receiving the most texts and winning the Student Choice Awards. Special thanks to Assistant Vice President for Auxiliary Services, Todd Johnson, for presenting the trophy and announcing Rogers Café as the winner of the 1<sup>st</sup> Annual Fried Chicken Throwdown!











