

DJ! GAMES! FOOD! DANCING! FUN!

The semester is coming to an end! Exams are coming up!

Come relieve some stress while learning about the importance of wellness!

GO-Sponsored by:

Student Health Promotions Center for Major Exploration The Women's Center OSAL

Recreation and Wellness Department

Info about summer programs
will also be provided!

Webb Center North Mall Thursday April 25th

12:30pm — 1:30pm

Sponsored by the Office of Counseling Services

(757) 683-4401 1526 Webb Center

