


OLD DOMINION
 UNIVERSITY
MONARCH DINING

FREE MONARCH DINING T-SHIRTS: You didn't hear about the free Monarch Dining t-shirt giveaway in food court? Text **MONARCHDINING** to 65374 to make sure you don't miss out on our exclusive dining deals!



SPIRIT FRIDAY: Wear your ODU gear on Fridays and get special Monarch Specials at participating Monarch Dining locations.

SPIRIT FRIDAY



REP ODU

and show your
MONARCH
PRIDE!

Wear your ODU gear on Fridays &
get these Monarch Specials:





Einstein's
\$1 blueberry
bagels all day



POD-Village
Free regular size drink
with the purchase
of a 12" sub



Raising Cane's
10% off
total purchase



Starbucks-Village
Buy a grande or larger
hot/cold beverage and
get a pastry for \$1.50



WWW.ODU.EDU/MONARCHDINING

RAISING CANE'S: Stop by Raising Cane's and try our Faculty & Staff Appreciation special with your co-workers and Kid's Eat Free special with your family.

FACULTY & STAFF APPRECIATION WEDNESDAYS



10% OFF YOUR PURCHASE
EVERY WEDNESDAY | 12:00PM - 2:00PM


The University Village
4100 Monarch Way
Norfolk, VA 23508
www.raisingcanes.com

You must show your ODU Faculty/Staff ID.

Tuesdays 5-8pm

KID'S EAT FREE

Offer valid at this Raising Cane's® only on
Tuesdays from 5pm - 8pm. Not valid with any other
offer. Limit one Free Kid's Combo per Customer.





Know an organization that needs support? We can help your group raise money through a fundraising event held at Raising Cane's.



WE DO FUNDRAISERS!

Call now to help your group
raise money through a
fundraising event held at

757-683-4821
4100 Monarch Way
Norfolk, VA 23508



MEET THE DIETITIAN & HEALTHY BITES SAMPLING: On March 5, students had the opportunity to meet ODU's Registered Dietitian, Angie Sutphin. From 12pm-1pm at Café 1201, Angie interacted with students giving important nutritional tips and giving out Whole Wheat Turkey Wraps that were provided by Monarch Dining. Missed the opportunity to meet Angie? Don't worry, there will be two more "Meet the Dietitian & Healthy Bites Sampling" at Café 1201 on March 18 and March 26. Come celebrate National Nutrition Month with us!



IT'S NOT TOO LATE! Our Spring 2013 DiningStyles Survey ends March 15. Please help us by giving your feedback so we can make changes and enhancements to the campus dining program. Make sure to enter the sweepstakes for a \$150 e-Gift Card or 1 of 3 \$50 e-Gift Cards! Visit www.college-survey.com/odu to take the survey!



TELL US!
WHAT CAN
WE DO
BETTER?

Check your email or pick up a card to enter online. Hurry, sweepstakes ends 3/15/2013.



TAKE OUR SURVEY,
AND YOU COULD
WIN A \$150
E-GIFT CARD.

Answer some simple questions about our
Dining Services, and you could win the
**Grand Prize of a \$150 e-Gift Card, or one
of three \$50 e-Gift Cards.**

See Official Rules at www.college-survey.com/odu. NO PURCHASE NECESSARY TO ENTER OR WIN. You must be legal resident or temporary resident, pursuant to a lawfully issued and valid, non-immigrant visa, of the 50 United States and D.C., the age of majority or older to participate. Sweepstakes ends 3/15/2013. Void where prohibited. All trademarks are the property of their respective owners.

We hope you have found this update to be informational, and perhaps it has allowed you to get to know a side of the Dining Services team that you may not be aware of or exposed to on a regular basis.