

SISTER CIRCLE

Do you identify as a woman of the African Diaspora (Black, African, African-American, Caribbean, etc.) ?

Are you in search of community and connection at ODU?

Would you benefit from giving and receiving support around issues related to your college journey?



If you answered yes to any of these questions, then ***Sister Circle*** is for you. This is a monthly small group discussion for any black woman who feels isolated or disconnected at ODU and could benefit from cultural support. It is also for women who are socially connected, but who would benefit from a structured, safe place to check in and share their experiences with others like you. Spring 2013 topics are:

Mon. Feb. 25th, 3:30-5: Why should Black women unite?

Mon. March 18th, 3:30-5: Celebration of Self: A Black Woman's Worth

Tues. April 30th, 3:30-5: Maintaining Connection: How to Preserve
Community among your Sisters

To foster a sense of continuity and cohesion, the participation will be capped at ten. If there is more interest, a second group will be created to meet the need. The discussions will be facilitated by a clinician from the Office of Counseling Services. Please contact Dr. Crista Gambrell at cgambrel@odu.edu or 683-4401 to sign up today!

Groups will take place in the Office of Intercultural Relations

2109 Webb Center