



WEIGHT WATCHERS AT WORK OPEN MEETING

Monday, March 18 and March 25
12:00-1:00

Virginia Rice Webb Room – Webb Center

*No charge – no obligation!
Complimentary weigh-in
Samples and door-prizes
LOTS of information about the 360 Program
Registration for new series available*

Come to the Open House right here at work and see for yourself how Weight Watchers can help you be healthier. You'll learn about our program and how Weight Watchers can help you set your goals and achieve them.

*New 18-week series starts April 1 – August 5
Cost for the series is \$186.30
(Two and three part payments available)
Free e-tools with 20 participants in the series!!*

The Commonwealth of Virginia Healthy Virginians Campaign supports participation in Weight Watchers at work. Participants are eligible for a 50% refund for attendance throughout the series!



Questions – Please call Kathy Williamson at X3-4564